

School Nursing Newsletter October 2016

FIREWORK SAFETY



DID YOU KNOW?

- Sparklers get five times hotter than cooking oil (2000°C)
- Over 550 children under 16 are taken to the accident and emergency department in the four weeks around bonfire night.
- Many more boys than girls are injured by fireworks.

Watching fireworks can be fun as long as they are used safely:

- ❖ **ALWAYS** follow the firework code.
http://www.saferfireworks.com/firework_code/
- ❖ **ALWAYS** buy from a reputable shop to ensure that they conform to British Safety Standards (BS 7114).
- ❖ **NEVER** give sparklers to a child under 5 years of age. They are too young to hold it safely and understand why they might be dangerous.
- ❖ **DO NOT** wave sparklers near anyone else and **DO NOT** run with them.
- ❖ When a sparkler goes out **DO NOT** touch it, it will still be hot! Put it in a bucket of water, hot end down.
- ❖ **NEVER** play with fireworks they are dangerous and can hurt you.
- ❖ Only adults over 18 should handle and light fireworks.
- ❖ **DO NOT** go back to a firework once it has been lit, they can still go off!
- ❖ When you are watching fireworks **ALWAYS** stand well back.

First Aid

- **Cool burns immediately by placing the burnt area in cold running water for at least 10 minutes.**
- **Do not try to pull any clothing away that may be stuck to the burn.**
- **Get further advice by calling 111, attending the Minor Injuries unit or the Accident and Emergency department.**

INTERNET SAFETY



DID YOU KNOW?

Latest Ofcom research has shown that 94% of 5-15 year olds live in a household with internet access and over a third of all 3-4 year olds are now accessing the internet in their homes .

- Are you aware of the risks with internet use?
- Do you know what your child is doing online?
- Do you know how to report concerns?

<http://www.childnet.com/parents-and-carers/hot-topics/keeping-young-children-safe-online>

1. Use the internet with your child.
2. Set rules for internet use.
3. Use devices with internet access in busy parts of the home.
4. Set and agree time limits with your child.
5. Use parental controls and filters – see link.
6. Encourage your child to talk about what they are seeing and doing online.
7. Ensure all games are age appropriate for your child.
8. Know how to report concerns.

ROAD SAFETY

DID YOU KNOW?

- **Children have difficulty judging speed and distance until they are at least 8 years old and older children are still at risk.**
- **Child road injuries peak between 3pm and 7pm.**

If you're a motorist then you'll know how difficult it can sometimes be to see pedestrians wearing dark clothes at night or when visibility is poor. **BE BRIGHT, BE SEEN!** Use reflective clothing bags and armbands.



<http://think.direct.gov.uk/education/early-years-and-primary/parents/5-to-7s/>

<http://think.direct.gov.uk/education/early-years-and-primary/parents/7-to-11s/>