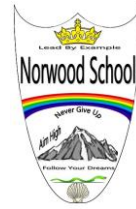


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Norwood Primary School
Gunthorpe Road
Gunthorpe
Peterborough
PE4 7DZ

Head Teacher: Mrs D Reynolds - BSc Hons QTS NPQH

Aim High

Never Give Up

Follow Your Dream

Lead By Example

10/10/2017

Dear Parents/Carers,

Your child has had their first session of counselling today with a focus on Emotional Well-Being. The particular focus for these sessions is anger management. The sessions will continue for a further five weeks each Tuesday.

Your child is in a small group of children who have similar needs. It is important that the information shared within these sessions remains confidential so that all children feel comfortable to talk openly about their feelings. The counsellors are highly trained to recognise needs and identify ways to support individual children to open up and understand themselves.

It is important that you do not ask your child about what is said in these sessions, however if they choose to talk to you, please take the time to listen. We hope that over the course of the six week block of counselling sessions, your child gains strategies that support their understanding of the root of their anger and how to manage this feeling.

The counsellors will not share information with school or parents/carers unless they feel that a child's safety is at risk. However, if your child mentions anything from the sessions that you would like to make school aware of, please make contact with Mrs Cockerill or your child's class teacher.

Yours sincerely

Mrs J Cockerill
Deputy Headteacher

Mrs D Reynolds
Headteacher

