

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Norwood Autumn menu

caterlink
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Main	Hot Dog with Jacket Wedges	Spaghetti Bolognese	Roast Chicken & stuffing with Roast Potatoes and Gravy	Ham & Pineapple Pizza	MSC Salmon Fishcake/ Fishfingers with Chips
03-Sep	Vegetarian	Quorn Hot Dog with Jacket Wedges	Vegetable Risotto	Quorn Roast with Roast Potatoes and Gravy	Vegetable Wrap with Jacket Wedges	Macaroni Cheese with Garlic Slice
24-Sep		Baked Beans Sweetcorn	Broccoli Cauliflower	Carrots Green Beans	Sweet corn Mixed Salad	Baked Beans Garden Peas
15-Oct	Dessert	Wholemeal Apple Crumble & Custard Yoghurt	Chocolate Cocoa Cookie Yoghurt	Carrot and Courgette Cake & Custard Yoghurt	Apple & Raisin Strudel with Custard Yoghurt	Yoghurt and Fruit Station
12-Nov		Fresh Fruit Platter	Fresh Fruit Salad	Fresh Fruit Platter	Fresh Fruit Salad	
03-Dec						
Week 2	Main	Beef Bolognese Bake with garlic bread	BBQ Chicken Wrap with Jacket Wedges	Roast Turkey with Roast Potatoes and Gravy	Bangers & Mash	MSC Breaded Fish with Chips
10-Sep	Vegetarian	Vegetable Pasta bake with garlic bread	Quorn Mince Bolognese with Spaghetti	Mixed Vegetable Loaf with Roast Potatoes and Gravy	Vegetable Curry with Rice	Wholemeal Cheese & Onion Quiche with Chips
01-Oct		Green Beans Cauliflower	Peas Carrots	Carrot & Swede Mash	Broccoli Sweetcorn	Baked Beans Garden Peas
22-Oct	Dessert	Eves Pudding with Custard Yoghurt	Pineapple Loaf Yoghurt	Flapjack Yoghurt	Oaty Peach Crumble with Custard Yoghurt	Yoghurt and Fruit Station
19-Nov		Fresh Fruit Platter	Fresh Fruit Chunks	Fresh Fruit Salad	Fresh Fruit Platter	
10-Dec						
Week 3	Main	Beef Burger in a bun with Jacket wedges	Cottage Pie with Gravy (made with organic mince beef)	Roast Pork with Roast Potatoes and Gravy	Beef Lasagne with Garlic Bread	MSC Battered Fish with Chips
17-Sep	Vegetarian	Shepherdess Pie	Vegetable Lasagne with garlic bread	Vegetable Wellington with Roast Potatoes and Gravy	Quorn Burger with Jacket Wedges	Wholemeal Cheese & Tomato Pizza with Chips
08-Oct		Sweet corn Baked Beans	Broccoli Tomato Salad	Savoy Cabbage Cauliflower	Carrots Green beans	Baked Beans Garden Peas
05-Nov	Dessert	Mandarin Upside Down Cake	Rice Pudding with Mixed Berries	Cheese, Apple and Biscuits	Chocolate Sponge with Chocolate Drizzle	Yoghurt and Fruit Station
26-Nov		Yoghurt	Yoghurt	Yoghurt	Yoghurt	
17-Dec		Fresh Fruit Platter	Fresh Fruit Salad	Fresh Fruit Chunks	Fresh Fruit Salad	



Available Daily
Bread freshly baked on site daily
Freshly cooked Jacket Potato with Cheese Tuna Mayonnaise or Baked Beans
Daily salad selection