

# Mental Health Awareness Level 1



Gain a qualification in Mental Health Awareness whilst learning about common conditions and coping mechanisms. This is for anyone affected by mental health conditions and those wishing to pursue a career in the sector.

## **Paston Farm Community Foundation**

Freston, Peterborough PE4 7XB

**Every Tuesday 10.30am - 2.30pm**

Starting Tuesday 26 February 2019

Running for 6 weeks

Please call  
**01733 396404** to find  
out more information  
or email **community@  
crosskeyshomes.co.uk**.

