

## Speech and Language Therapy Drop In Service

If your child is not yet at school you can come to one of our drop in sessions to talk about your child's speech, language and communication or any other concerns you have with a speech and language therapist. Wednesdays, 1-3pm on 9th January, 6th February and 13th March at Honeyhill Children's Centre.

## Families Information Service

Peterborough Families Information Service provides free information, advice and assistance to parents, carers and professionals on a wide range of topics, including local childcare details, free childcare eligibility and how to pay for childcare. Ring 01733 864446.

## Booking of sessions

Please note that due to popularity of sessions booking in advance is essential for some of our sessions. The cut off to do this is the afternoon before an event. To avoid disappointment please ensure you book on to groups so that you are not turned away. We kindly ask families to book onto one of the two Little Explorers groups each week. However, we are happy to call families the day before if there are spaces available to book them on to these groups if you want to join a waiting list. Please call Honeyhill Children's Centre on 01933 417040 to book.

## February half term

Please note we will be having a 'spring clean' during February half term and so will not be offering any special events or activities.



# Honeyhill Children's Centre Activity Programme

**7th January to 29 March 2019**

*A guide to activities for families with children 0-5 years living in the North of Peterborough including Paston, Westwood, Ravensthorpe & Bretton.*

**You'll discover more than you think at your local children's centre!**

**If you are expecting a baby or have a child 0-5 years, the centre is helping to make sure that:**

- Your child is ready for school at age 5
- You are equipped to give your child the best start in life
- Your family experiences good health and well-being
- You are supported to achieve financial well-being

**Tel: 01933 417040**

Facebook: [www.facebook.com/Honeyhillcc/](http://www.facebook.com/Honeyhillcc/)

Website: [www.spurgeons.org](http://www.spurgeons.org)

Our main base is at:

**Honeyhill Children's Centre  
150 Chadburn,  
Paston  
Peterborough  
PE4 7DH**

Find us on  
**facebook**



## Monday

### Baby Yoga

1:00-2:00pm, HCC

5 week course for babies.

Book in advance at the

centre or call 01933

417040.

### Baby Play—Sensory Play

10:00-11:30am, Eye

**First Monday of the month**

Runs alongside Baby clinic

Eye children's centre

Ring Ruth on 07976 890

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### Worried about a child's welfare or safety?

If you are concerned about a child or young person being harmed or neglected or is at risk you should contact Peterborough City Council Social Care.

Referrals: 01733 864170 or 01733 864180. Vulnerable adults 01733 747474

Out of hours 01733 234724

Where there are concerns about immediate care welfare or safety of a child/ young adult please call Peterborough City Council (as above) or Police on 01480 456110 or 101 or 999.

## Tuesday

### Child Health Clinic

9:30-11:15am

### & Baby Play

(pre-walkers only)

9:30-11:00am, HCC

**Child Health Clinic:** Drop in with your 0-4 yr old child for advice, support and weight checks. **Baby Play** is a time to meet other parents and learn about your baby's development. **Pre-walkers only.** No need to book.

### Baby Massage

1:15-2:30pm, HCC

**Term-time only**

A 5-week course for pre-mobile babies. Learn how to massage your baby and the many benefits. Ring 01933 417040 or call in to book.

### Ready Steady Preschool

1:30-2.45pm, HCC

**Term-time only**

Learning through play session for children 18m-2years. By referral only.

### Peterborough Down's Syndrome Group

4.30-6.30pm

An opportunity for families to meet.

## Wednesday

### Little Explorers

10:00-11:15am, Pyramid

**Centre, Term –time only**

Learning through play session for 0-5 year olds and their parents/carers. Find out how you can support your child's learning and development. Booking essential.

### Baby Café

10:00am-11.30am, HCC

A weekly drop-in for pregnant mums-to-be, or breastfeeding /expressing mums. Free qualified support and social time. Ring 01733 758310 or go to [www.thebabycafe.org](http://www.thebabycafe.org) for more information. **No need to book.**

### Group venues:

**HCC: Honeyhill Children's Centre:**150 Chadburn, Paston, Peterborough, PE4 7DH

**Pyramid Centre:** Watergall, Bretton, Peterborough, PE3 8NZ

**South Bretton Community Centre:** 32 Tyesdale, PE3 9XZ

**St Andrew's Church:** Ledbury Road, Netherton, Peterborough, PE3 9RF

**The Alpha Centre, Adderley, Bretton, PE3 8RA**

## Thursday

### Learning together with PEEP

1:45-2:45pm, South

**Bretton Community Centre, Term –time only**

Singing, talking, stories, playing and fun activities for babies and toddlers under two years old and their parents/carers.

## Volunteer with us at the children's centre!

We're looking for volunteers to join our children's centre team. Volunteering gives you the chance to gain new skills, knowledge, experience, build your confidence and meet new people. Ask at reception about our volunteering opportunities.



## Friday

### Little Explorers

10:00-11:15am, HCC

**Term-time only**

Learning-through-play session for 0-5 year olds and their parents/carers. Find out how you can support your child's learning and development. Booking essential. Call 01933 417040.

## Saturday

### Saturdads

10:00am-midday. HCC

**Dates:**

12th Jan

26th Jan will be a **Family Saturdads** 9th Feb

2nd March

16th March

30th March

### Mother's Day Craft

13th April will be an **Easter Craft session**

29th April.

Learning through play for dads, male carers and their 0-11 year old children.

FREE cereal and fruit for children. Other breakfast options available.

£1 to £1.50 children or

£1 to £2.50 adults.

No need to book.

**Children must be accompanied by a male carer at each session**

### Story Bug's Club

Did you know Honeyhill Children's Centre has a 0-5 years book and storysack library?

Borrow up to 4 items for two weeks.

