

Enjoy Parenting

A 3-

week course for parents with children aged from
4 years.

18 months to

A fun course which offers support to parents with discussions around the challenges of being a parent whilst focusing on routines, boundaries and positive parenting techniques.

To be placed on the waiting list; please contact

Natalie on: 07812 374188

Parents that attended this course said:

"I learnt new techniques for managing behaviour and how to stay calm through challenging behaviours"

"Since attending we have been able to avoid meltdowns"

"I have learnt that I am not alone"

