

**ALLERGY INFORMATION:** If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Norwood  
Summer 2019

caterlink  
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b>						
6 <sup>th</sup> May	<b>Main</b>	Beef Burger in a Bun with Jacket Wedges & Tomato Sauce	Chicken and Tomato Pasta	Roast Pork With Roast Potatoes and Gravy	Chicken Fajita with Tomato Salsa & Jacket Wedges	Marine Stewardship Council Breaded Fish with Chips and Tomato Sauce
3 <sup>rd</sup> June	<b>Vegetarian</b>	Quorn Burger in a Bun with Jacket Wedges & Tomato Sauce	Creamy Broccoli Pasta Bake	Cheese & Pepper Whirl with Roast Potatoes	Vegetarian Toad in the Hole	Glamorgan Sausage with Chips
24 <sup>th</sup> June						
15 <sup>th</sup> July	<b>Vegetables</b>	Sweetcorn Baked Beans	Fresh Cauliflower Peas	Fresh Mixed Seasonal Vegetables	Sweetcorn Coleslaw	Baked Beans Garden Peas
	<b>Dessert</b>	Apple Pie with Custard	Chocolate Brownie	Oaty Cookie	Carrot Cake	Yoghurt and Fruit Station
<b>Week 2</b>						
22 <sup>nd</sup> April	<b>Main</b>	Hot Dog with Tomato Sauce and Jacket Wedges	Spaghetti Bolognese	Roast Turkey with Roast Potatoes & Gravy	Chicken Curry with Rice	Marine Stewardship Council Battered Fish with Chips and Tomato Sauce
13 <sup>th</sup> May	<b>Vegetarian</b>	Veggie Hot Dog with Tomato Sauce and Jacket Wedges	Lentil and Vegetable Curry with Rice	Quorn Roast With Roast Potatoes and Gravy	Macaroni Cheese	Spinach & Tomato Quiche (Wholemeal Pastry) with New Potatoes
10 <sup>th</sup> June	<b>Vegetables</b>	Coleslaw Green Salad	Broccoli Sliced Carrots	Fresh Mixed Seasonal Vegetables	Mixed Peppers Sweetcorn	Baked Beans Garden Peas
1 <sup>st</sup> July	<b>Dessert</b>	Chocolate Shortbread	Iced Sponge	Apple, Cheese and Biscuits	Chocolate & Banana Muffin	Yoghurt and Fruit Station
22 <sup>nd</sup> July						
<b>Week 3</b>						
29 <sup>th</sup> April	<b>Main</b>	Ham & Pineapple Pizza (Wholemeal Base) with Jacket Wedges	Beef Lasagne with Garlic Bread	Roast Chicken & Stuffing with Roast Potatoes and Gravy	Toad in the Hole with Creamed Potatoes & Gravy	Marine Stewardship Council Fish Fingers with Chips and Tomato Sauce
20 <sup>th</sup> May	<b>Vegetarian</b>	Cheese and Tomato Pizza (Wholemeal Base) with Jacket Wedges	Vegetable Lasagne with Garlic Bread	Vegetable Wellington With Roast Potatoes and Gravy	Quorn Chilli with Rice	Cheese & Red Pepper Frittata with Chips
17 <sup>th</sup> June						
8 <sup>th</sup> July	<b>Vegetables</b>	Sweetcorn Coleslaw	Garden Peas Mixed Salad	Fresh Mixed Seasonal Vegetables	Carrots Green Beans	Baked Beans Garden Peas
	<b>Dessert</b>	Sticky Toffee Apple Crumble and Custard	Lemon Drizzle Cake	Mandarins & Ice Cream	Baked Strawberry Cheesecake	Yoghurt & Fruit Station

Available Daily  
Freshly cooked jacket potatoes with a choice of cheddar cheese tuna mayonnaise or baked beans  
Bread freshly baked on site daily  
Daily salad selection