

## Spring Menu 2020



		Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week One</b>	Option 1	Sausage, Mashed Potato and Gravy	Chicken Curry with Rice	Roast Chicken with Stuffing, Roast Potatoes and Gravy	Tomato and Vegetable Pasta	Fish Fingers/Salmon Fish Fingers with Chips
	Option 2	Linda McCartney Sausage, Mashed Potato and Gravy	Lentil and Sweet Potato Curry with Rice	Vegetable Wellington with Roast Potatoes and Gravy	Macaroni Cheese	Cheese and Tomato Quiche with Chips
	Vegetables	Sweetcorn Cabbage	Cauliflower Broccoli	Carrots Green Beans	Roasted Vegetables	Baked Beans Sweetcorn
	Dessert	Upside Down Apple Cake Yoghurt Fresh Fruit	Cherry Crumble with Custard Yoghurt Fresh Fruit	Apple Flapjack Yoghurt Fresh Fruit	Syrup Sponge with Custard Yoghurt Fresh Fruit	Fresh Fruit and Yoghurt Station
<b>Week Two</b>	Option 1	Cheese and Tomato Pizza with Herby Potatoes	Sausage Roll with Wedges	Roast Pork, Roast Potatoes and Gravy	Chilli Con Carne with Rice	Breaded Fish with Chips
	Option 2	Chickpea Curry with Rice	Vegan Sausage Roll with Wedges	Quorn Roast with Roast Potatoes and Gravy	Soya Bolognaise	Cheese Frittata with Chips
	Vegetables	Sweetcorn Coleslaw	Peas Baked Beans	Carrots Green Beans	Sweetcorn Broccoli	Baked Beans Peas
	Dessert	Oaty Pear Crumble and Custard Yoghurt Fresh Fruit	Chocolate Cake with Chocolate Drizzle Yoghurt Fresh Fruit	Apple, Cheese and Crackers Yoghurt Fresh Fruit	Orange and Lemon Shortbread Yoghurt Fresh Fruit	Fresh Fruit and Yoghurt Station
<b>Week Three</b>	Option 1	Chicken Fajita served with Rice	Chicken & Sweetcorn Pie with New Potatoes and Gravy	Roast Bacon Loin, Roast Potatoes and Gravy	Cheese and Pepperoni Pizza with Jacket Wedges	Fish in Batter With Chips
	Option 2	Vegetable Fajita with Rice	Vegetable Hotpot	Potato and Courgette Stack with Roast Potatoes	Cheese and Tomato Pizza with Jacket Wedges	Tomato Pasta
	Vegetables	Sweetcorn Broccoli	Swede and Carrot Mash	Carrots Peas	Coleslaw Mixed Salad	Baked Beans Sweetcorn
	Dessert	Oaty Cookie Yoghurt Fresh Fruit	Banana Sponge and Custard Yoghurt Fresh Fruit	Carrot Cake Yoghurt Fresh Fruit	Chocolate and Orange Brownie Yoghurt Fresh Fruit	Fresh Fruit and Yoghurt Station

### Available

#### Daily:

- Freshly cooked jacket potatoes with a choice of cheddar cheese, tuna mayonnaise or baked beans  
- Bread freshly baked on site daily  
- Daily salad selection

### ALLERGY INFORMATION:

If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.