

Horwood Spring Menu 2021



	Monday	Tuesday	Wednesday	Thursday	Friday	
Week One 22 nd March 2021 26 th April 17 th May 14 th June 5 th July	Option 1	Pork Sausages with Mashed Potatoes and Gravy	Macaroni Cheese	Roast Chicken with Stuffing, Roast Potatoes and Gravy	Spaghetti Bolognese	Fishfingers/Salmon Fishfingers with Chips
	Option 2	Vegetarian Sausages with Mashed Potatoes and Gravy	Arrabatti Pasta	Vegetable Wellington with Roast Potatoes and Gravy	Soya Bolognese served with Rice	Wholemeal Cheese and Tomato Quiche with Chips
	Vegetables	Sweetcorn Peppers	Cauliflower Cabbage	Swede and Carrot Mash	Broccoli Carrots	Baked Beans Peas
	Dessert	Marble Sponge with Cream	Fruit Flapjack with Fruit Compote	Iced Bun	Fruit Jelly	Chocolate Cocoa Cookie
Or a choice of Yoghurt & Fresh Fruit available daily						

Week Two 8 th March 2021 12 th April 3 rd May 24 th May 21 st June 12 th July	Option 1	Sausage Roll with Paprika Wedges	Lasagne served with Garlic Bread	Roast Turkey, Roast Potatoes and Gravy	Cheese and Tomato Pizza with Wedges	Fish in Batter with Chips
	Option 2	Vegan Roll served with Paprika Wedges	Vegetarian Lasagne served with Garlic Bread	Quorn Roast Fillet with Roast Potatoes and Gravy	Mild Vegetarian Chilli served with half Jacket Potato	Cheese Frittata with Chips
	Vegetables	Sweetcorn Broccoli	Peas Carrots	Fresh Mixed Vegetables	Sweetcorn Tomatoes	Baked Beans Peas
	Dessert	American Style Pancake with Fruit Compote	Chocolate Cake with Chocolate Drizzle served with Mandarins	Sticky Toffee Apple Crumble with Custard	Iced Sponge	Orange and Lemon Shortbread
Or a choice of Yoghurt & Fresh Fruit available daily						

Week Three 15 th March 2021 19 th April 10 th May 7 th June 28 th June 19 th July	Option 1	Chicken Strips with 50/50 Rice	Ham and Cheese Pizza with Half a Jacket Potato	Roast Chicken served with a Bun and Mini Roast Potatoes	Meatballs served with Herby Potatoes or Rice	Fishwich in a Bun with Chips
	Option 2	Quorn Strips with 50/50 Rice	Cheese and Tomato Pinwheel with Half a Jacket Potato	Potato and Courgette Stack with Roast Potatoes	Vegetable Hotpot	Vegan Roll with Chips
	Vegetables	Mixed Salad Peas	Baked Beans Coleslaw	Sweetcorn Broccoli	Green Beans Carrots	Baked Beans Peas
	Dessert	Cheese, Apple and Biscuits	Oaty Cookie	Cup Cake	Chocolate and Mandarin Brownie	Peaches and Ice Cream
Or a choice of Yoghurt & Fresh Fruit available daily						

Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings Tuna, Baked Beans, Cheese
- Bread freshly baked on site daily
- Daily salad pots

ALLERGY INFORMATION:

If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.