



Head Teacher : Mrs D Reynolds - BSc Hons QTS NPQH

Aim High

Never Give Up

Follow Your Dream

Lead By Example

10/09/2013

Dear Parents/Carers

We would like to invite you to our Norwood School Sports Day that will take place, weather permitting, on **Wednesday 18th September** and involve children from Year 1 to Year 6. The event will begin at 9.15am and will finish at approximately 11.30am. *Please note that if due to weather and/or ground conditions we are unable to proceed with the event on Wednesday, we have set aside a reserve day on Thursday 19th September. Parents/carers will be informed of any postponement via text message.*

To help with a prompt start at 9.15am, please can children in **Year 1 and Year 2** arrive at school in their sports kits of their House colours. They will change back in to uniform after the event. All other year groups will change into their kits after register.

Tea, coffee and squash, courtesy of the NSA, will be available in the school hall from 8.45 – 9.15am.

The format for the event will run in a similar way to previous years where children have an opportunity to work as a team in the *Field Events* to win as many points for their House as possible, moving on to competing in *Track Events*. A brief outline is below. This format enables all children to participate in team and individual challenges and is in line with the London 2012 Olympics Legacy.

- Children, wearing their house colours, will be led onto the field by their House Captains. Each House will have their very own musical anthem that will be played at relevant times during the event.
- Children will compete in all of the following '*Field Events*' with the aim of doing their very best and winning as many points for their Houses as possible. The events are as follows
 1. **Egg and spoon** – one House Point for completing the circuit without dropping the egg
 2. **Penalty shoot-out** – one House Point for a ball in the net
 3. **Assault relay** – one House Point for each child who successfully completes the assault circuit
 4. **Target shot** (throwing) – one, two or three House Points awarded depending on target hit
 5. **Javelin** - one, two or three House Points awarded depending on the distance thrown
 6. **Hockey dribble** - one House Point for each successfully completed circuit
 7. **Skipping relay** - one House Point for each successfully completed circuit
 8. **Football slalom** - one House Point for each successfully completed circuit



- Children will then compete in selected *Track Events* with a first, second and third place being awarded and associated points accumulated for their Houses. The track events that children may be selected for are; **Hurdles, Short Sprint, Bean Bag Pick Up, Long Sprint, Middle Distance and Relay.**
- Throughout the *Field Events* the children will move around the activities and we welcome our spectators to move around the stations and cheer our children on.
- During the *Track Events* we will organise children and adults in areas to ensure we all have a view of the races.

This year our Governing Body are supporting the event through sponsoring a ***Sports Day Shield.*** This shield will be engraved to record the overall winning house for this year. We also hope to be able to have an up to date and on-going visual record of the scores for each of the houses which will hopefully enable both competitors and spectators to really get behind the House they are supporting.

We hope that you can join us for our first major event of this academic year.

Mrs D Reynolds
Head Teacher

Mr J Robertson
Sports Leader

