

Norwood Autumn Menu 2021



Monday

Tuesday

Wednesday

Thursday

Friday

Week One
6th September
2021
27th September
18th October
15th November
6th December

Option 1	Chicken Fajitas with 50/50 Rice	Beef Lasagne with Garlic Bread	Roast Chicken with Stuffing, Roast Potatoes and Gravy	Pork Hotdog with Potato Wedges	MSC Fishfingers/Salmon Fishfingers with Chips and Tomato Sauce
Option 2	Macaroni Cheese	Tomato Pasta with Garlic Bread	Vegetable Hotpot with Roast Potatoes and Gravy	Devil's Kitchen Sausage Hotdog with Potato Wedges	Cheese and Tomato Pinwheel with Chips
Vegetables	Pepper Sticks Peas	Mixed Vegetables Carrots	Cauliflower Broccoli	Baked Beans Sweetcorn	Baked Beans Garden Peas
Dessert	Apple Crumble with Custard	Oaty Cookie	Fruit and Yoghurt Station	Mandarin Jelly	Chocolate Muffin

Week Two
13th September
2021
4th October
1st November
22nd November
13th December

Option 1	Cheese and Tomato Pizza with Diced Herb Potatoes	Macaroni Beef Pasta Bake	Roast Turkey with Roast Potatoes and Gravy	Sausage Roll with Wedges and Ketchup	MSC Breaded Fish with Chips and Tomato Sauce
Option 2	Vegetable Tagine with 50/50 Rice	Vegetable Curry with Rice	Roasted Quorn with Roast Potatoes and Gravy	Vegetarian Lasagne	Mexican Bean Roll with Chips
Vegetables	Baked Beans Cauliflower	Peppers Garden Peas	Cabbage Carrots	Sweetcorn Broccoli	Baked Beans Garden Peas
Dessert	Vanilla Shortbread	Chocolate Crunch with Custard	Fruit and Yoghurt Station	Peach Upside Down Cake with Vanilla Custard	Flapjack with Fruit

Week Three
20th September
2021
11th October
8th November
29th November

Option 1	Meatballs in Tomato Sauce with Rice	Chicken and Gravy Pie with Mashed Potato	Roast Beef with Roast Potatoes and Gravy	Chicken Pasta Bake	MSC Fish in Batter with Chips and Tomato Sauce
Option 2	Devil's Kitchen Meatballs in Tomato Sauce with Rice	Shepherdess Pie with Gravy	Mixed Vegetable Loaf with Roast Potatoes and Gravy	Wholemeal Vegetable Pasta Bake	BBQ Quorn with Chips
Vegetables	Broccoli Sweetcorn	Green Beans Sweetcorn	Carrot Swede	Mixed Vegetables Garden Peas	Coleslaw BBQ Baked Beans
Dessert	Lemon and Forest Fruit Sponge with Custard	Gingerbread Biscuit	Fruit and Yoghurt Station	Chocolate Sponge with Chocolate Sauce	Pinwheel Cookie

Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings Tuna, Baked Beans, Cheese
- Bread freshly baked on site daily
- Daily salad selection

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.