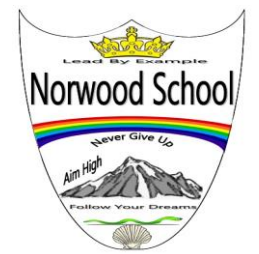


Norwood Primary School

SEND NEWSLETTER

Autumn 2 - 2021

SENCo — Mrs J Cockerill



Here we are at the end of the first term.
It seems to have gone so quickly!

The first term can be quite challenging for pupils with SEN as there is a lot of change to deal with. I am amazed at how well all of the children have adapted over the term and proud of how hard staff have worked to support children with these changes.

For many parents of pupils with SEN, Christmas can be a difficult time. Bright lights, loud noises, changes in routine can all affect children with additional needs. It may be that you have to keep some things the same and avoid others, just to ensure your children are at ease and as calm as possible.

There are some shops and theatres that have quieter times to support children with additional needs so that the whole family can get the most out of this time.

I am always on the lookout for family support options as, even with a diagnosis, many families find themselves at a loss with how to support their child's needs. To support families at any time of year, there are many charities that offer advice.

This newsletter highlights some of these. Whatever your situation, it can be helpful to speak to people in the same situation. They may have resources to lend, have older children with the same diagnosis and can offer advice or just be a great listening ear.

As always, I welcome any other helpful sites or groups to share with Norwood families.
I do hope you can all enjoy Christmas and look forward to seeing you all in the New Year.

Jane Cockerill

Government Funded Online Accredited Courses

The Aim Group have received Government Funding in the Adult Education Budget. They have several **Free** Online Level 2 Accredited Courses available to help better understand some key issues around young people's mental health and wellbeing. Click on the link to see the work they do

<https://theaimgroup.co.uk/>

Courses are completed within in a 10-week window and are completed on the learner's own laptop, computer, or tablet. No Exams, end point assessments are involved, the courses are purely Q&A based and are available to you 24/7. You can do as many as you like, however you can just do one at a time.

Courses available include:

Autism (learn how individuals process sensory information, understand characteristics, understand conditions, learn how speech, language and communication differ in people with Autism)

Children and Young Peoples Mental Health

(Understand factors which may affect Young Peoples mental health, the impact and how to support them)

Behaviour That Challenges (supporting positive behaviour, effective communication and how to manage challenging behaviour)

Specific Learning Difficulties

(understand characteristics of ADHD, ADD, Dyslexia & Dyscalculia, importance of early diagnosis, assessment methods available to diagnose learning difficulties)

The only criteria the learner must meet to be eligible, is:

- Aged 19 or over on or before 31st August 2021
- Have lived in the UK/EU for 3+ years
- Not already on a Government funded course (Apprenticeship for example)

Click on the link below to book a place stating you are parent/carer from Norwood Primary School

<https://theaimgroup.co.uk/courses/registration>

SEND Appointments with Mrs Cockerill

Learning Plan Review Meetings are scheduled for week beginning **24th January 2022**. All parents/carers with pupils on the SEN register will receive a letter in the new year to book a SEN meeting to review progress.

Autism and ADHD Advisory Teacher Service are offering virtual parent/carer phone consultations.
Fortnightly on a Tuesday for ASD
Fortnightly on a Wednesday for ADHD
Telephone 01733 864720 to book a ¾ hour consultation.

Social Stories

MY MORNING ROUTINE



WAKE UP



GET DRESSED

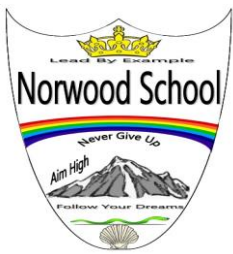


EAT BREAKFAST

Social Stories are usually short, simple and have defined criteria to make them "Social Stories". There are lots of ready-made social stories available.

You may need to adapt a story to make it suit your child.

<https://www.abaresources.com/social-stories/>

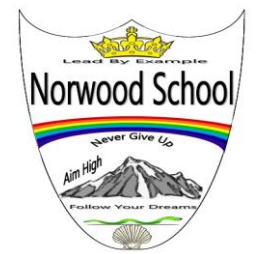


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Cambridgeshire & Peterborough C&YP Mental Health

KeepYourHead

<https://www.keep-your-head.com/cyp/CP-MHS/parents/local-support-for-parents-and-carers> This site signposts you to important online information and local services on mental health and wellbeing for young people.



In order to help parents/carers, support their children's sensory needs, Variety has developed a great new guide to making your own sensory resources at home.

<https://www.variety.org.uk/free-kits-support-children-sensory-needs-home>



Little Miracles is a charity that supports families that have children with additional needs, disabilities and life limiting conditions.

Telephone 01733 262226

<http://www.littlemiraclescharity.org.uk>



Spectrum is a multi-award winning, parent-led charity providing events and support for families of children with Autism, additional needs, learning difficulties and disabilities.

Telephone 01223 955404 Email hello@spectrum.org.uk

<https://spectrum.org.uk/>



Newlife have equipment readily available to help families.

<https://newlifecharity.co.uk/>

To find out more about the Emergency Equipment loans and grants click link below

<https://newlifecharity.co.uk/docs/care-services/Newlife-Equipment-Grants.shtml>



Family Voice is for Parents and Carers of children and young people with a disability or additional needs.

Telephone 01733 685510

<http://www.familyvoice.org/>



In partnership with Furniture Village, The Sleep Charity has launched a brand new National Sleep Helpline to ensure that everyone has access to high quality, evidence-based advice

Helpline 03303 530 541

Open Sunday - Thursday 7pm - 9pm

ADHD Information <https://adhdfoundation.org.uk/>

National Autistic Society <https://www.autism.org.uk/>

British Dyslexia Association www.bdadyslexia.org.uk

Dyspraxia Foundation www.dyspraxiafoundation.org.uk

National SEN information www.nasen.org.uk

Kooth - The Kooth team provide free, safe and anonymous online support and counselling
<https://www.kooth.com/>

facebook

There are lots of Peterborough Parent/Carer Support groups to be found on Facebook. Just Search and Join



ADHD Peterborough parent and child support group



Peterborough support group
For parents and carers of children and young people with SEND



Norwood School virtual tours are available on our school website <https://www.norwood-school.co.uk/> Norwood School>Virtual Tour or to go straight to the page click [Virtual Tours](#)

Contact Details – Mrs Cockerill, SENCo

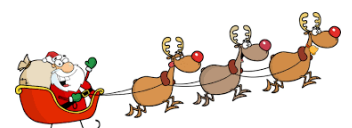
Telephone: 01733 574717 to leave a message

Email senadmin@norwoodschool.co.uk

Miss Stacey Chapman, SEND Governor

Correspondence must be in writing, addressed to the Clerk of the Governing Body and sent to school.

Wishing you all a Merry Christmas and Happy New Year



Spring Term starts on Wednesday 5th January 2022