

Successful Me!

Transform your life and achieve your goals



This course will help you to outline your life, training and work goals, identify any barriers and put in place a clear plan to achieve your aims.

You'll explore your your mindset and motivation, and identify past and present road blocks to your life journey.

We'll help you create a bucket list of everything you want to achieve, then help you to break down the barriers to achieve them. You'll also write your own inspirational quote based on your personal experiences.

You'll learn what SMART targets are and you'll write you own targets for training, work and life. We'll equip you with everything you need to reach those goals and write your life story!

**Available to complete online in your own time
or in person Thursday 20 January,
9.30am – 2.30pm.**

**Honeyhill Child and Family
Centre, 150 Chadburn, Paston,
Peterborough PE4 7DH**



To find out more call 01733 396404, email community@crosskeyshomes.co.uk or scan the QR code and complete the form on our website and we'll be in touch.



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