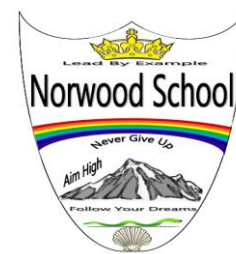


Norwood Primary School

SEND NEWSLETTER

Summer - 2022

SENCo — Mrs J Cockerill



Welcome to the Summer Newsletter.

I can't believe we are nearing the end of another academic year already. We are so grateful that we have managed a full year and managed to get children back into a routine.

For many SEN children, routine is everything. It helps children to feel safe and secure, and maintain a level of calm. I know that for many of you, your children will have some anxiety building about their next year group and the adults that will be working with them. Whilst this change has to happen, it can be helpful to remind your child of all of the things that stay the same.

To support with the inevitable change, you could have a photo of their friends or class to remind them that they will still be together next academic year. The building stays the same, so looking at the video tours on the website can help to remind your child about the building itself and have a look at the classroom they will be moving into. Whilst you will want your child to enjoy some downtime from school, talking about school and walking past school occasionally can help with managing anxiety.

It may also be useful to meet up with class-mates the week before returning to school to catch up and remember the bonds that they have.

Despite all of the planning and discussions that we have in school, the first half term of a school year can be challenging for some as they get to know the adults and routines of their new classroom. If your child has any difficulties in the first few weeks, please talk to the class teacher or myself to help us to identify and resolve any problems as quickly as possible.

I hope you all have a wonderful Summer and manage to enjoy some time together with your families.

Thank you, as always, for all of your support.

Jane Cockerill



A national, award-winning charity empowering the nation to sleep better.

If you'd like to talk about your sleep
SPEAK TO TRAINED SLEEP ADVISORS

**Available Sunday – Thursday
7pm – 9pm**

*excluding Bank Holidays

03303 530 541

Click on the link for more information

<https://thesleepcharity.org.uk/national-sleep-helpline/>

Trained sleep advisors can help with lots of queries and concerns about sleep including:

- Struggling to fall asleep, staying asleep or waking too early
- Anxiety and stress at bedtime
- Children's sleep issues

Click on the link below for more information on:

- Bedtime routines
- Night terrors and nightmares
- Children with SEND
- Relaxation Tips

<https://thesleepcharity.org.uk/information-support/children/>



Family Voice Peterborough is a local charity that works with parents/carers of children with special educational needs and or disabilities

<http://www.familyvoice.org/>



Tips advice and where to get support for you and your child
<https://www.youngminds.org.uk/parents/find-help/>

Parents Helpline 0808 802 5544
9:30am - 4pm, Monday – Friday

Cambridgeshire & Peterborough C&YP Mental Health

KeepYourHead

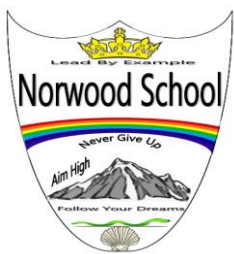
This site signposts you to important online information and local services on mental health and wellbeing for young people.

<https://www.keep-your-head.com/cyp/CP-MHS/parents/local-support-for-parents-and-carers>



Spectrum is a parent-led charity providing events and support for families of children with Autism, additional needs, learning difficulties and disabilities.
<https://spectrum.org.uk/>

Telephone 01223 955404 Email hello@spectrum.org.uk

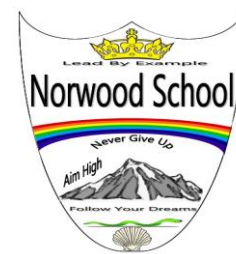


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Transition to Year 7

Thomas Deacon Academy

Click on the link below for more information on Special Educational Needs and Disabilities.

[SEND information](#)

Manor Drive Secondary School

As part of transition into Year 7 students will spend some time at the Academy during the summer term. Year 6 Transition Day has been confirmed as Wednesday 6th July.

Click link for [Manor Drive Transition Information](#)

Queen Katherine Academy

Click on the link below for more information on Transition to Year 7 including the Offer pack which is available for download sharing all important information needed prior to start date. Click the link for [QKA Transition Information](#)

Arthur Mellows Village College

Year 7 move up day will be on Wednesday 6th July

Click link for [Arthur Mellows SEND](#)

Ken Stimpson Community School

Transition day will take place on Wednesday 6th July and information will be sent direct to students and parents/carers. Click link below for general transition information

<https://www.kscs.org.uk/new-students>

There is an offering of specially tailored transition sessions for our new SEN students on Monday afternoons to support those that need additional support from 2:15pm until 3:30pm. At 3:30pm, parents can meet with the team if they wish to go over any concerns. These can be booked on the Eventbrite link below

[SEN Transition Afternoon Tickets, Multiple Dates | Eventbrite](#)

Norwood Website – click on links

Please check our website www.norwood-school.co.uk for copies of all letters and news updates. Click on [Children's Zone](#) and then class to see your child's curriculum. Please also see our [Special Educational Needs page](#)

Contact details:

Mrs Jane Cockerill. SEND Co-ordinator (SENCo),
Contact details for SEND at Norwood School
Email: senadmin@norwoodschool.co.uk
Tel: 01733 574717 to leave a message



<https://www.autism.org.uk/>

The National Autistic Society offers support, guidance and advice for SEND families. Click on the links below for more information

Plan visits. Move up day for a new school or new class. Click link for [Starting a new school](#)

Use social stories. These are short descriptions of a particular event which includes information about what to expect in that situation and why.
[Social stories and comic-strip conversations](#)

Use Visual Supports. Types of visual support include suitable, objects, photographs, drawings.
[Visual Supports](#)

Managing Anxiety. It is ok to feel anxious when dealing with change, and a challenging situation.
[Mental Health - Anxiety](#)

Virtual Tours



Norwood School virtual tours are available on our school website <https://www.norwood-school.co.uk/> in Norwood School>Virtual Tour or to go straight to the page click [Norwood Virtual Tour](#)

Here you can find tours from the entrance at Elter Walk and Mid Elter Walk as well as areas around the school playground.

Summer Term finishes at the end of Thursday 21st July



Autumn Term starts on Monday 5th September