













Monday	Tuesday	Wednesday	Thursday	Friday
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Week One 5/9/2022 26/9/2022 17/10/2022 14/11/2022 5/12/2022	Option 1	Potato, Courgette Layer Bake	Chicken and Broccoli Pasta  	Roast of the Day with Stuffing, Roast Potatoes and Gravy	Build a Burger Day A choice of Burger (meat, veggie or vegan)  Toppings and Potato Wedges 	Fishfingers/Salmon Fishfingers with Chips
	Option 2	Tomato Pasta 	Veggie Wrap Stack with Rice 	Crunchy Top Veg Bake with Roast Potatoes 		Cheese Omelette with Chips
	Vegetables	Cauliflower Green Beans	Peas Sweetcorn	Carrot & Swede Mash Cabbage	Sweetcorn Rainbow Slaw	Peas Baked Beans
	Dessert	Pear and Chocolate Crumble with Custard 	Yoghurt Cake	Eve's Pudding with Custard	Carrot & Sweet Potato Cake 	Vanilla Shortbread 
		Or a choice of Yoghurt & Fresh Fruit available daily				

Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings Tuna, Baked Beans, Cheese
- Bread freshly baked on site daily
- Daily salad selection

Week Two 12/9/2022 3/10/2022 31/10/2022 21/11/2022 12/12/2022	Option 1	Mac and Cheese Station 	Chicken Pie with Potato Wedges 	Sausage in Gravy with Roast Potatoes	Spaghetti Bolognese 	Breaded Fish with Chips
	Option 2	A choice of different Mac & Cheese flavours, with meat & vegetarian toppings	Veggie Shepherd's Pie with Gravy 	Cauliflower and Broccoli Cheese with Roast Potatoes	Vegetable Fajitas with Rice 	Mexican Roll with Chips 
	Vegetables	Peas Carrots	Broccoli Sweetcorn	Carrots Brussel Sprouts	Broccoli Vegetable Medley	Peas Baked Beans
	Dessert	Chocolate Drizzle Cake	Jelly with Mandarins 	Pineapple Upside Down Sponge with Custard	Apple & Blackberry Roll with Custard	Oaty Cookie  
		Or a choice of Yoghurt & Fresh Fruit available daily				

**ALLERGY
INFORMATION:**

If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.

Week Three 19/9/2022 10/10/2022 7/11/2022 28/11/2022 19/12/2022	Option 1	Cheese and Potato Pie	Sausage Roll with Potato Wedges	Quirky Bird A choice of flavoured chicken or vegan Quorn, with Potato Wedges and Salads	Sticky Chicken Noodles	Fishfingers with Chips
	Option 2	Veggie Chilli with Rice	Veggie Sausage with Potato Wedges		Sweet Potato and Chickpea Curry with Rice	Cheese Quiche with Chips
	Vegetables	Peas Carrots	Baked Beans Sweetcorn	Cauliflower Peas	Broccoli Carrots	Mushy Peas Baked Beans
	Dessert	Marble Cake	Chocolate Cookie	Orange and Ginger Cake	Banana Sponge with Custard	Apple, Cheese and Crackers
	Or a choice of Yoghurt & Fresh Fruit available daily					