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## Developing Resilience Group Programme

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Would you like to understand more about and receive support with....



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12:30pm - 3:00pm

Paston Farm Community Centre, Freston, Paston,  
Peterborough, PE4 7XB (May swap to online,  
dependent upon uptake)

**\*\*FREE OF CHARGE\*\***

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Please e-mail:

**[admin@evolvecounselling.org.uk](mailto:admin@evolvecounselling.org.uk)**

to book a place or find out more information

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