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Head Teacher: Mrs D Reynolds - BSc Hons QTS NPQH



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Aím Hígh Never Gíve Up Follow Your Dream Lead By Example

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Monday 30<sup>th</sup> January 2023

Dear Parents/Carers,

Firstly, I would like to say thank you to everyone who has ensured that full PE kit is in school each week, Monday to Friday. Norwood's PE kit is designed to keep all participants safe during their PE lessons and is kept plain in order to make it cheaper for parent/carers and also fairer for the pupils. Not allowing large logo's or the like removes any sense of competition between the pupils and also means that kit can be purchased from a wide range of suppliers.

Unfortunately, it has become increasingly apparent that not every pupil has their full in kit in school for the duration of the week and not every child has kit which adheres to our school policy. Outlined below are our PE kit expectations with some useful links and suggestions of where they can be purchased from for a very reasonable price.

## **PE Kit Expectations.**

Outdoor kit - plain white t-shirt, plain black or grey jumper (no hood or full zip), plain black shorts, plain black or grey tracksuit bottoms, white socks and trainers or plimsolls.

Indoor kit – plain white t-shirt, plain black shorts and trainers or plimsolls.

Here are some links to various places where these items can be purchased for a reasonable price.



https://www.tilehurstschoolwear.co.uk/plain-white-kids-pe-t-shirt-1022-p.asp https://www.amazon.co.uk/white-pe-t-shirt/s?k=white+pe+t+shirt https://tuclothing.sainsburys.co.uk/p/White-Crew-Neck-School-T-Shirt-3-Pack-%283-16-years%29/128755154



 $\frac{https://www.nationwideschooluniforms.co.uk/school-uniform/plain-black-pe-shadow-shorts.html}{https://www.amazon.co.uk/pe-shorts/s?k=pe+shorts}{https://tuclothing.sainsburys.co.uk/p/Black-Sweat-Shorts-2-Pack-%283---12-years%29/129093720-Black?searchTerm=:newArrivals&searchProduct=}$ 



https://www.amazon.co.uk/black-joggers-boys/s?k=black+joggers+boys
https://direct.asda.com/george/school/sports-swimwear/black-school-slim-leg-joggers-2pack/GEM835227,default,pd.html?cgid=D10M1G1C8
https://tuclothing.sainsburys.co.uk/p/Black-Joggers-2-Pack-%283-16-years%29/131704024Black?searchTerm=:newArrivals&searchProduct=



https://www.amazon.co.uk/Black-School-Jumpers/s?k=Black+School+Jumpershttps://tuclothing.sainsburys.co.uk/c/kids/boys-schooljumpers-and-sweatshirts?q=%3AnewArrivals%3Acolour%3ABlack&text=#&INITD=PLP-SchoolBoysJumpers-Black https://direct.asda.com/george/school/jumperssweatshirts/D10M1G1C14,default,sc.html









Red jumpers are not allowed to be worn. Staff will make a decision as to whether or not the child does PE in their t-shirt only. If it too cold, the pupil will not be allowed take part practically in the session.

Please note, outdoor PE will go ahead in all weathers unless it is deemed unsafe. If anyone struggles to find the correct items, please ask for support.

### **PE Kit donations**

If anyone has any old or spare PE kit at home that is no longer needed, we would be grateful if these could be donated to school in order to add to our spare kit box. This will help to ensure that all pupils are taking part in PE, in the correct kit, for all lessons.

# **Health and Safety**

As mentioned above, there must be no hoods or full length zips on the jumper as these pose a health and safety risk to the pupil wearing them. Sadly, there have been many injuries caused by hoods and zips across the country and so to eliminate this risk, they MUST not be worn.

All long hair must be tied up and out of the pupils' eyes.

All jewellery must be removed.

Earrings are not allowed to be worn so must be taken out prior to the lesson. If the child is unable to do this for themselves, plasters or tape MUST be provided by home to cover them up. Staff are not able to support in the removal or replacing of earrings.

Pupils are not allowed to wear long trousers for indoor PE as to avoid pupils tripping or slipping. If pupils do not have shorts available, trousers will be rolled up to the knees.

Pupils need to change into their PE shoes for each outdoor lessons as not all school shoes are suitable for PE. Therefore, to keep it consistent and fair for all pupils, school shoes are not to be worn.

### **Non participants:**

Pupils who do not have the correct kit or are excused from PE for medical reasons, will not be allowed to physically take part in the lesson, instead they will be given other roles which are appropriate for their attire or ability.

### When does PE kit need to be in school?

All pupils must bring their PE kit into school on a Monday morning and take them home to be washed on a Friday, regardless of their PE days. There are times when PE days are switched and therefore kit must be available each day.

Teachers will check that all pupils have their kit on a Monday morning and parents/carers will be contacted and asked to bring them in if they are not present. The PE lead will also carry out spot checks throughout the course of the year to ensure that the correct kit is adhered to and in school. Borrowing of spare kit will also be monitored closely.

If a pupil does not have their full kit for 3 lessons, a letter will be sent home to parents/carers.

If anyone has any queries, please speak to the class teacher who will be happy to help.

Kind regards

Miss M Hodgkins PE Lead Mrs D Reynolds Head Teacher







