

Safety and the changing body	
Lesson 1	The risks associated with alcohol
Lesson 2	Critical digital consumers
Lesson 3	Social media
Lesson 4	Physical and emotional changes of puberty <i>(vocabulary: cervix, ovary, fallopian tube, uterus, vagina, vulva, clitoris, labia, penis, bladder, testicle, scrotum, sperm duct, breasts, nipples)</i>
Lesson 5	Conception <i>(parents/carers have the right to withdraw their child from this lesson)</i> <i>(vocabulary: sperm, egg, erection, fertilise, conception, sexual intercourse)</i>
Lesson 6	Pregnancy and birth <i>(parents/carers have the right to withdraw their child from this lesson)</i> <i>(vocabulary: sperm, egg, erection, fertilise, conception, sexual intercourse, relationship, pregnancy, commitment, baby, love, care)</i>
Lesson 7	First Aid - choking
Lesson 8	Basic life support



Lesson 1: Alcohol

Learning about the risks associated with alcohol consumption

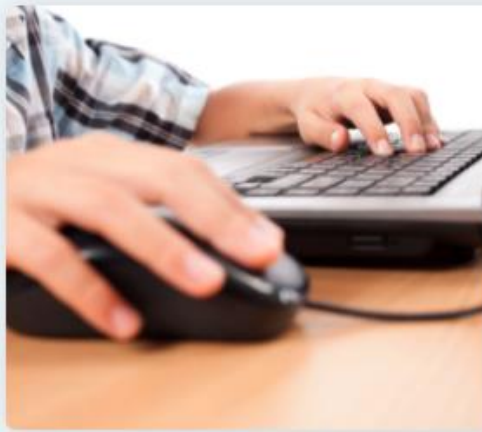
Week beginning 20/2/23



Lesson 2: Critical digital consumers

Learning to become a discerning consumer of information online, with links to the Education for a Connected World framework

Week beginning 20/2/23



Lesson 3: Social media

Learning that online relationships should be treated in the same way as face to face relationships

Week beginning 27/2/23



Lesson 4: Physical and emotional changes of puberty

Further developing their understanding of the physical and emotional changes that happen during puberty. Featuring a bespoke animated pupil video

Week beginning 6/3/23



Lesson 7: First Aid: Choking

Learning to recognise when someone is choking and understanding how to give first aid, including giving back blows and tummy thrusts, and getting medical help if needed

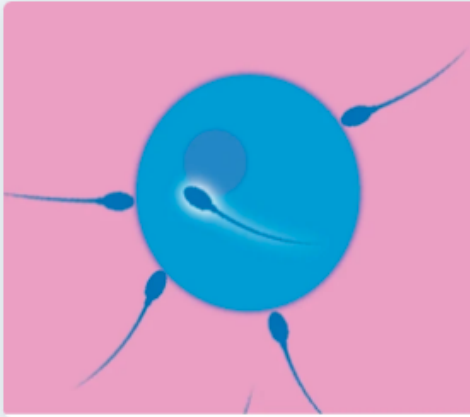
Week beginning 13/3/23



Lesson 8: First Aid: Basic life support

Learning what to do if a casualty is unresponsive and breathing normally, including putting the person into the recovery position and seeking medical help

Week beginning 13/3/23



Lesson 5: Conception (Parents have the right to withdraw their child from this lesson)

Children learn about the biology of conception. Featuring a bespoke animated pupil video.

Week beginning 20/3/23



Lesson 6: Pregnancy and birth (Parents have the right to withdraw their child from this lesson)

Children learn how a baby develops in the womb and is born. Features a bespoke animated pupil video!

Week beginning 27/3/23