

Events and Courses



April 2023 – Look what's new this month!

FREE! Easter Holiday Family Craft Sessions – Aimed at families with primary school aged children. Family Easter card making and Easter themed crafts including bunnies and Easter wreaths

Tuesday April 4th, 2023 – 2 bookable slots

1pm – 3pm

South Bretton Family & Community Centre, Tyesdale, Bretton, PE3 9XZ

Wednesday April 5th, 2023 – 2 bookable slots

1pm – 3pm

Westwood Community Hub, 31-35 Hampton Court, Westwood, PE3 7JB

To book your slot complete the booking form on our website -

<https://www.crosskeyshomes.co.uk/latest-news-and-updates/free-easter-themed-craft-sessions-for-children-1743> alternatively you can email community@crosskeyshomes.co.uk or call 01733 396404 to book your place.

For more information follow Cross Keys Homes on Facebook -

<https://www.facebook.com/crosskeyshomespeterborough/>

FREE! Careers Club – Application support session – Increase your knowledge and understanding of completing application forms especially personal specifications and supporting statements.

Thursday April 13th, 2023

10am – 11am

Westwood Community Hub, 31-35 Hampton Court, Westwood, PE3 7JB

Pre-booking is essential, please email community@crosskeyshomes.co.uk or call 01733 396404 to book your place or complete the booking form on our website to book your place - <https://www.crosskeyshomes.co.uk/employment>

For more information follow Cross Keys Homes on Facebook -

<https://www.facebook.com/crosskeyshomespeterborough/>



FREE! Step Up: To your Potential – You will look at all aspects of yourself and what motivates you, why you lose motivation, how to gain confidence and how to create positive habits. We will explore and develop the skills you currently hold and identify those you feel you need. This will form their own action plan to becoming the best versions of yourself.

Monday April 24th, 2023

9.30am – 2.30pm

Venue - TBC

Pre-booking is essential, please complete the booking form on our website -

<https://www.crosskeyshomes.co.uk/courses> or email

community@crosskeyshomes.co.uk or call 01733 396404 to book your place.

For more information follow Cross Keys Homes on Facebook -

<https://www.facebook.com/crosskeyshomespeterborough>

FREE! Careers Club – Working with McDonalds – A representative from McDonalds will be attending to promote current job vacancies, tips on how to apply for a job with McDonalds and the benefits of working for the company.

Thursday April 27th, 2023

10am – 11am

Westwood Community Hub, 31-35 Hampton Court, Westwood, PE3 7JB

Pre-booking is essential, please email community@crosskeyshomes.co.uk or call 01733 396404 to book your place or complete the booking form on our website to book your place - <https://www.crosskeyshomes.co.uk/employment>

For more information follow Cross Keys Homes on Facebook -

<https://www.facebook.com/crosskeyshomespeterborough/>



On-going sessions

FREE! Weight management for Mental Health - You'll join a programme of 12 weeks of face-to-face coaching, either online or in person to help you to make healthy food choices and increase your activity levels

Every Monday during April – except Easter Monday

10.30am – 1.30pm

South Bretton Family & Community Centre, Tyesdale, Bretton, PE3 9XZ

To register your interest, complete the online form -

<https://www.crosskeyshomes.co.uk/latest-news-and-updates/eat-well-lose-weight-feel-better-1238> or email community@crosskeyshomes.co.uk to call 01733 396404 for more details and to book your place.

For more information follow Cross Keys Homes on Facebook -

<https://www.facebook.com/crosskeyshomespeterborough/>

FREE! Careers Club – Weekly Employability support sessions with IT access and 121 support – Includes creating or updating your CV, job search, interview practice.

Every Monday during April – Except Easter Monday

12.30am – 2.30pm

Hampton Library, Clayburn Road, PE7 8GL

Every Tuesday during April

9.30am – 11am

Orton Library, Bushfield, Ortongate, PE2 5RQ

Every Thursday during April

10am – 12pm

Westwood Community Hub, 31-35 Hampton Court, Westwood, PE3 7JB

Pre-booking is essential, please email community@crosskeyshomes.co.uk or call 01733 396404 to book your place or complete the booking form on our website to book your place - <https://www.crosskeyshomes.co.uk/employment>

For more information follow Cross Keys Homes on Facebook -

<https://www.facebook.com/crosskeyshomespeterborough/>



FREE! Children's Sports Club – Delivered by Youth Dreams qualified coaches, providing sports-based activities for primary school children in years 4-6

Every Monday during April– Term time only

5pm – 6pm

WestRaven Community Café, Hampton Court, Westwood, PE3 7JA

Every Wednesday during April - term time only

5pm – 6pm

Charteris Centre, Normanton Road, Welland, PE1 4XE

Every Thursday during April – term time only

5pm – 6pm

Barnardo's Jigsaw Centre, Herlington PE2 5PW

Pre-booking is essential, please email community@crosskeyshomes.co.uk or call 01733 396404 to book your place

For more information follow Cross Keys Homes on Facebook - <https://www.facebook.com/crosskeyshomespeterborough/>

FREE! 1st Bretton Rainbows session at South Bretton – For girls aged 4-7 years, come along and join the fun at Rainbows.

Every Monday during April – Term time only

6pm – 7.15pm

South Bretton Family & Community Centre, Tyesdale, Bretton, PE3 9XZ

Register your interest by contacting susanelkins1985@gmail.com



FREE! Stay & Play Group – Run by Barnardo's Song, rhyme & story Time, Early language & literacy for children aged 0-5 years.

Every Tuesday during April – Term time only

9.30am – 10.15am

WestRaven Community Café, Hampton Court, Westwood, PE3 9JA

***New Session* Starting Tuesday April 18th – Term time only**

11am – 12pm

South Bretton Family & Community Centre, Tyesdale, Bretton, PE3 9XZ

Spaces are limited, please book your space via Bookwhen:

<https://bookwhen.com/Barnardo-sc-fcp-borough-cambridgeshire#focus=ev-su1x-20210409093000> or call 01733 574038

FREE! Housing Support Session – Do you need help to access housing and support, if so we can help with filling in forms, completing online applications.

Every Tuesday during April

10am – 12pm

Westwood Community Hub, 31-35 Hampton Court, Westwood PE3 7JB

To register your interest, complete the booking form on our website to book your place - <https://www.crosskeyshomes.co.uk/latest-news-and-updates/housing-support-sessions-1745> or email community@crosskeyshomes.co.uk or call 01733 396404

For more information follow Cross Keys Homes on Facebook -

<https://www.facebook.com/crosskeyshomespeterborough/>



FREE! Barnardo's Young Parent Group – Weekly drop-in support and play group for young parents and their children under 5 years of age, come along make friends and meet other young parents.

Every Tuesday during April

10am – 11.30am

Honeyhill Child & Family Centre, 150 Chadburn, Paston, PE4 7DH

Call 01733 574038 for more information

Every Wednesday during April

1pm – 2.15pm

First Steps Child & Family Centre, 20 Scaford Drive, Welland, PE1 4TR

Call 01733 295860 for more information

Every Thursday during April

1pm – 2.30pm

Orton Children & Family Centre, 74 Herlington, Orton Malborne, PE2 5PW

Call 01733 391652 for more information

More details about the sessions being delivered by Barnardo's can be found here-

<https://www.haypeterborough.co.uk/activities/barnardos-child-and-family-centres/>

FREE! Pottery Classes – Improve mental health with Pottery. Pottery can help reduce intrusive thoughts and feelings by giving you something to focus on, reduce effects of isolation by helping you connect with others and lower blood pressure and the effects of stress.

Every Tuesday during April

12.30pm – 2.30pm

Art & Soul Creative Hub, 7 New Street, St Neots, PE19 1AE

To book your place, please email community@crosskeyshomes.co.uk or call 01733

396404 or complete the booking form on our website to book your place -

<https://www.crosskeyshomes.co.uk/mental-health>

For more information follow Cross Keys Homes on Facebook -

<https://www.facebook.com/crosskeyshomespeterborough/>



FREE! New Perspectives online session – This group is for those who experience Mental Health issues, to come together and share coping strategies, provide support to boost confidence.

Every Tuesday during April

1pm – 2pm

Prospective participants must first register their interest and be triaged. Contact 01733 396404 or email community@crosskeyshomes.co.uk to join the group or complete the booking form on our website to book your place - <https://www.crosskeyshomes.co.uk/mental-health>

For more information follow Cross Keys Homes on Facebook.

<https://www.facebook.com/crosskeyshomespeterborough/>

FREE! Stop Smoking Clinic – 12 week Stop Smoking programme where you will have access to replacement nicotine therapies and a personalised stop smoking plan.

Every Tuesday during April

1pm – 5pm

Westwood Community Hub, 31-35 Hampton Court, Westwood, PE3 7JB

To find out more email community@crosskeyshomes.co.uk or call 01733 396404 or complete the booking form on our website to book your place -

<https://www.crosskeyshomes.co.uk/health-and-wellbeing>

For more information follow Cross Keys Homes on Facebook -

<https://www.facebook.com/crosskeyshomespeterborough/>

FREE! Community Library – Pop in and pick up a book to take home to read or sit in the hub and read it with company.

Every Wednesday during April

10am – 12pm

Westwood Community Hub, 31-35 Hampton Court, Westwood PE3 7JB.

No need to book, just pop in and get reading!

For more information follow Cross Keys Homes on Facebook -

<https://www.facebook.com/crosskeyshomespeterborough/>



FREE! Learn My Way – Basic IT introduction course for beginners – learn how to stay safe online and use the internet. Spaces are limited.

Every Wednesday during April

10am – 12pm

Tenter Hill Community Hub, Wessex Close, Stanground, PE2 8HU.

Every Wednesday during April

2pm – 3.30pm

Hampton Library, Clayburn Road, Hampton, PE7 8GL

Every Thursday during April

10am – 12pm

South Bretton Family & Community Centre, Tyesdale, Bretton, PE3 9XZ

Every Friday during April

2pm – 3.30pm

Orton Library, Bushfield, Ortongate, PE2 5RQ

Pre-booking is essential, please email community@crosskeyshomes.co.uk or call 01733 396404 to book your place or complete the booking form on our website to book your place - <https://www.crosskeyshomes.co.uk/employment>

FREE! Women's Yoga – This is an open level yoga class, with a strong focus on deeply grounding the body and mind so that you will feel revitalised by the end of the session.

Every Wednesday during April

1pm – 2pm

Christ the Carpenter Church, 93A Chestnut Avenue, Dogsthorpe, PE1 4PE

Places are limited, to book your place call 01733 396404 or complete the following form - <https://www.crosskeyshomes.co.uk/latest-news-and-updates/womens-only-free-yoga-classes-1223>

For more information follow Cross Keys Homes on Facebook - <https://www.facebook.com/crosskeyshomespeterborough/>



FREE! Growing our Community – Join CKH & PECT to build a sustainable community. Improve green spaces, learn to share food growing skills, improve your mental & physical health by being outdoors.

Every Wednesday during April

1pm – 3pm

Olive Road Wellbeing Garden, Dogsthorpe, PE1 4PT

To register your interest, complete the booking form on our website to book your place -

<https://www.crosskeyshomes.co.uk/latest-news-and-updates/growing-our-community-1630> or email community@crosskeyshomes.co.uk or call 01733 396404

For more information follow Cross Keys Homes on Facebook -

<https://www.facebook.com/crosskeyshomespeterborough/>

FREE! South Bretton Youth Club – Provided by Families First. Aimed at those aged 12-19 years old, with activities including cooking, crafts, games, table tennis and much more!

Every Wednesday in April - term time only

6pm – 7.30pm

South Bretton Family & Community Centre, Tyesdale, Bretton, PE3 9XZ

Please contact Cherry Lester on 07851 424925 for further information or visit

www.facebook.com/familiesfirstpeterborough

For more information follow Cross Keys Homes on Facebook.

<https://www.facebook.com/crosskeyshomespeterborough/>

FREE! Falls Prevention Sessions – Delivered by Healthy You, running a Falls prevention 121 and group advise sessions, aimed at those over 65 years of age.

Every Thursday during April

9.30am – 3pm

South Bretton Family & Community Centre, Tyesdale, Bretton, PE3 9XZ

To get referred email community@crosskeyshomes.co.uk or call 01733 396404 or complete the booking form on our website to book your place -

<https://www.crosskeyshomes.co.uk/health-and-wellbeing>

For more information follow Cross Keys Homes on Facebook -

<https://www.facebook.com/crosskeyshomespeterborough/>



FREE! Friendship & Games Club – Friendly club for conversation, games, and friendship. Meet new people. There will be free tea, coffee, and cakes, plus loads of board games.

Every Thursday during April

10am – 12pm

WestRaven Community Café, Hampton Court, Westwood, PE3 7JA

No need to book, just come along and join in!

For more information follow Cross Keys Homes on Facebook -

<https://www.facebook.com/crosskeyshomespeterborough/>

FREE! Step Up: To your Wellbeing – A safe space and a programme of activities that are designed to improve your mental health and wellbeing

Every Thursday during April

12pm – 2.30pm

Tenter Hill Community Hub, Wessex Close, Stanground, PE2 8HU.

For more information and to book your place complete the online booking form -

<https://www.crosskeyshomes.co.uk/courses/> or email community@crosskeyshomes.co.uk or call 01733 396404

For more information follow Cross Keys Homes on Facebook -

<https://www.facebook.com/crosskeyshomespeterborough/>

FREE! Make food, Make Friends – Bringing the community together to make friends and learn how to cook low cost food.

Every Thursday during April

12.30pm – 2.30pm

WestRaven Community Café, Hampton Court, Westwood, PE3 7JA

For more information and to book your place complete the online booking form –

<https://www.crosskeyshomes.co.uk/latest-news-and-updates/make-food-make-friends-1681> or email community@crosskeyshomes.co.uk or call 01733 396404

For more information follow Cross Keys Homes on Facebook -

<https://www.facebook.com/crosskeyshomespeterborough/>



FREE! Brownies session at South Bretton – For girls aged 7-10 years, come along and join Brownies. You can be creative, active, learn new skills make new friends, have adventures and have lots of fun.

Every Thursday during April – Term time only

6pm – 7.30pm

South Bretton Family & Community Centre, Tyesdale, Bretton, PE3 9XZ

Register your interest by visiting www.girlguiding.org.uk/joinus or call 0800 169 5901

FREE! Gardening for your Mental Health - Get involved with building a community garden.

There are always various jobs to do from watering plants to digging over ground. Meet new people, share experiences, learn new skills in a safe environment.

Every Friday during April – except Good Friday

9.30am – 11.30am

Olive Road Wellbeing Garden, Dogsthorpe, PE1 4PT

To register your interest, complete the booking form on our website to book your place - <https://www.crosskeyshomes.co.uk/mental-health> or call 01733 396404

For more information follow Cross Keys Homes on Facebook -

<https://www.facebook.com/crosskeyshomespeterborough/>