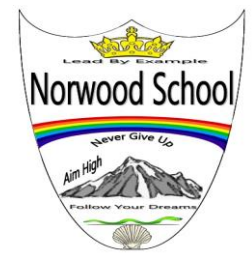


# Norwood Primary School

## SEND NEWSLETTER

Spring - 2023

SENCo — Mrs J Cockerill



### Welcome to the Spring Newsletter.

In this term's newsletter, I am promoting our new web page which can be found on our school website [www.norwood-school.co.uk/](http://www.norwood-school.co.uk/) > Norwood School>Family Support or direct by clicking the link [norwood-school.co.uk/Family+Support](http://norwood-school.co.uk/Family+Support)

This web page is featured on our website and contains self-help websites that aim to cover a variety of areas of need. It will be updated as and when I discover new charities and support groups within the community.

If anyone uses a group/website currently, and thinks it would be of use to members of our school community, please let me know via [senadmin@norwoodschool.co.uk](mailto:senadmin@norwoodschool.co.uk)

As always, please make contact if you would like to speak about any special needs concerns surrounding your child. Parents/Carers can contact me at [senadmin@norwoodschool.co.uk](mailto:senadmin@norwoodschool.co.uk) or make an appointment by phoning the school office on 01733 574717.

*Jane Cockerill*



Spectrum is a parent-led charity providing events and support for families of children with Autism, additional needs, learning difficulties and disabilities. <https://spectrum.org.uk/>

Telephone 01223 955404

Email [hello@spectrum.org.uk](mailto:hello@spectrum.org.uk)



The Local Offer tells you what support is available for children and young people with special educational needs and disabilities (SEND) and their families. It includes information about education, health and care provision.

You can find the Local Offer at

[www.peterborough.gov.uk/localoffer](http://www.peterborough.gov.uk/localoffer)

### Norwood School Family Support Page

link below

[Norwood School Family Support](http://norwood-school.co.uk/Family+Support)



### The Sleep Charity Helpline

The Sleep Charity has launched a brand new National Sleep Helpline to ensure that everyone has access to high quality, evidence-based advice.

Phone 03303 530 541 to speak to trained sleep advisors.

Available Sunday – Tuesday & Thursday 7pm–9pm

<https://thesleepcharity.org.uk/national-sleep-helpline/>



### The UK's Eating Disorder Charity

Our Helplines are open 365 days a year from 9am – midnight during the week, and 4pm–midnight on weekends and bank holidays.

Phone 0808 801 0677

Email [help@beateatingdisorders.org.uk](mailto:help@beateatingdisorders.org.uk)

<https://www.beateatingdisorders.org.uk/>

An information leaflet can be found at the bottom of the page on the link below

[Norwood School Family Support](http://norwood-school.co.uk/Family+Support)



### The Children's Bowel and Bladder Charity

For information, confidential advice and support.

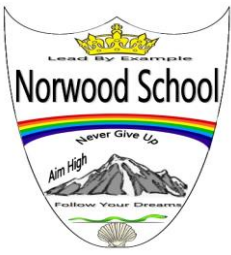
Phone 0808 1699 949

Monday to Thursday, 10am to 2pm

<https://eric.org.uk/>

For online support click on link

<https://eric.org.uk/information/>

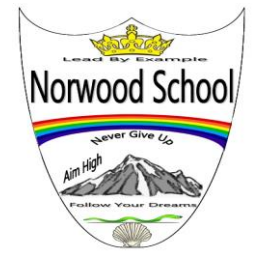


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### Norwood School Family Support Page

Link below

[Norwood School Family Support](#)



**Young Minds**

Young Minds website contains a wealth of support for a range of mental health conditions. <https://www.youngminds.org.uk/>

Cambridgeshire & Peterborough C&YP Mental Health

**KeepYourHead**

<https://www.keep-your-head.com/>

This site signposts you to important online information and local services on mental health and wellbeing for young people.

[Support for parents and carers](#)



**Shout**

Shout offers free, 24/7 text messaging support wherever you are in the UK. If you need someone to talk to, text YM to 85258.



Newlife have equipment readily available to help families. <https://newlifecharity.co.uk/>

To find out more about the Emergency Equipment loans and grants click link below [Newlife-Equipment-Grants.](#)



**Little Miracles**

Little Miracles is a charity that supports families that have children with additional needs, disabilities and life-limiting conditions.

<https://www.littlemiracles/familysupport>



**FamilyLine**  
- **Family Action**

FamilyLine is a free service available to support adult family members on all aspects of family life issues.

Opening times: Monday to Friday, 9am to 9pm

**Contact details:** Telephone: 0808 802 6666

Text message: 07537 404 282

Email: [familyline@family-action.org.uk](mailto:familyline@family-action.org.uk)

Website: <https://www.family-action.org.uk/>



Family Voice Peterborough is a local charity that works with parents/carers of children with special educational needs and or disabilities

<http://www.familyvoice.org/>

**Norwood Website** – click on links

[Click here](#) to open Norwood school website for copies of all letters and news updates. Click on Children's Zone to see your child's curriculum.

[Click here](#) for our Norwood school road safety tips.

[Click here](#) to open our Special Educational Needs page.

[Click here](#) to open our Family Support page.

**Contact details:**

**Mrs Jane Cockerill.** SEND Co-ordinator (SENCo),

Email: [senadmin@norwoodschool.co.uk](mailto:senadmin@norwoodschool.co.uk)

Spring Term finishes on Friday 31<sup>st</sup> March



We look forward to seeing you all at the start of the Summer Term on Tuesday 18<sup>th</sup> April.