

# Events and Courses



## May 2023 – Look what's new this month!

**FREE! Careers Club – Job Searching -Tips and Tricks** – Do you only job search in one place, only online? There are many different and sometimes more effective ways to Job Search. During this hour we will look at them all.

**Thursday May 11th, 2023**

**10am – 11am**

**Westwood Community Hub, 31-35 Hampton Court, Westwood, PE3 7JB**

*Pre-booking is essential, please email [community@crosskeyshomes.co.uk](mailto:community@crosskeyshomes.co.uk) or call 01733 396404 to book your place or complete the booking form on our website to book your place - <https://www.crosskeyshomes.co.uk/employment>*

*For more information follow Cross Keys Homes on Facebook - <https://www.facebook.com/crosskeyshomespeterborough/>*

**FREE! Half term Family Craft Sessions** – Aimed at families with primary school aged children.

**Tuesday May 30<sup>th</sup>, 2023 – 2 bookable slots**

**12pm – 2pm**

**South Bretton Family & Community Centre, Tyesdale, Bretton, PE3 9XZ**

**Wednesday May 31<sup>st</sup>, 2023 – 2 bookable slots**

**12pm – 2pm**

**Westwood Community Hub, 31-35 Hampton Court, Westwood, PE3 7JB**

*To book your slot, email [community@crosskeyshomes.co.uk](mailto:community@crosskeyshomes.co.uk) or call 01733 396404 to book your place.*

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**FREE! Step Up: To be a Volunteer** – Provides the first step in becoming a volunteer with Cross Keys Homes, where multiple different activities are available such as, employment support, community litter pick and gardeners.

**Wednesday May 31<sup>st</sup>, 2023**

**9.30am – 3pm**

**Westwood Community Hub, 31-35 Hampton Court, Westwood, PE3 7JB**

*Pre-booking is essential, please complete the booking form on our website -*

*<https://www.crosskeyshomes.co.uk/courses> or email*

*[community@crosskeyshomes.co.uk](mailto:community@crosskeyshomes.co.uk) or call 01733 396404 to book your place.*

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## On-going sessions



**FREE! Careers Club** – Weekly Employability support sessions with IT access and 121 support – Includes creating or updating your CV, job search, interview practice.

**Monday May 15<sup>th</sup> & 22<sup>nd</sup> only**

**12.30am – 2.30pm**

**Hampton Library, Clayburn Road, PE7 8GL**

**Every Tuesday during May**

**9.30am – 11am**

**Orton Library, Bushfield, Ortongate, PE2 5RQ**

**Every Thursday during May**

**10am – 12pm**

**Westwood Community Hub, 31-35 Hampton Court, Westwood, PE3 7JB**

*Pre-booking is essential, please email [community@crosskeyshomes.co.uk](mailto:community@crosskeyshomes.co.uk) or call 01733 396404 to book your place or complete the booking form on our website to book your place - <https://www.crosskeyshomes.co.uk/employment>*

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**FREE! Children's Sports Club** – Delivered by Youth Dreams qualified coaches, providing sports-based activities for primary school children in years 4-6.

**Monday May 15<sup>th</sup> & 22<sup>nd</sup> only - Term time only**

**5pm – 6pm**

**WestRaven Community Café, Hampton Court, Westwood, PE3 7JA**

**Every Wednesday during May - term time only**

**5pm – 6pm**

**Charteris Centre, Normanton Road, Welland, PE1 4XE**

**Every Thursday during May – term time only**

**5pm – 6pm**

**Barnardo's Jigsaw Centre, Herlington PE2 5PW**

*Pre-booking is essential, please email [community@crosskeyshomes.co.uk](mailto:community@crosskeyshomes.co.uk) or call 01733 396404 to book your place.*

*For more information follow Cross Keys Homes on Facebook -*

*<https://www.facebook.com/crosskeyshomespeterborough/>*

**FREE! 1<sup>st</sup> Bretton Rainbows session at South Bretton** – For girls aged 4-7 years, come along and join the fun at Rainbows.

**Monday May 15<sup>th</sup> & 22<sup>nd</sup> only – Term time only**

**6pm – 7.15pm**

**South Bretton Family & Community Centre, Tyesdale, Bretton, PE3 9XZ**

*Register your interest by contacting [susanelkins1985@gmail.com](mailto:susanelkins1985@gmail.com)*

 [info@crosskeyshomes.co.uk](mailto:info@crosskeyshomes.co.uk)

 [www.crosskeyshomes.co.uk](http://www.crosskeyshomes.co.uk)

 [CrossKeysHomesPeterborough](https://www.facebook.com/CrossKeysHomesPeterborough)

 [@CrossKeysHomes](https://twitter.com/CrossKeysHomes)



**FREE! Stay & Play Group** – Run by Barnardo’s Song, rhyme & story Time, Early language & literacy for children aged 0-5 years.

**Every Tuesday during May – Term time only**

**9.30am – 10.15am**

**WestRaven Community Café, Hampton Court, Westwood, PE3 9JA**

**Every Tuesday during May – Term time only**

**11am – 12pm**

**South Bretton Family & Community Centre, Tyesdale, Bretton, PE3 9XZ**

*Spaces are limited, please book your space via Bookwhen:*

<https://bookwhen.com/Barnardo-sc-fcp-borough-cambridgeshire#focus=ev-su1x-20210409093000> or call 01733 574038

**FREE! Barnardo’s Young Parent Group** – Weekly drop-in support and play group for young parents and their children under 5 years of age, come along make friends and meet other young parents.

**Every Tuesday during May**

**10am – 11.30am**

**Honeyhill Child & Family Centre, 150 Chadburn, Paston, PE4 7DH**

*Call 01733 574038 for more information.*

**Every Wednesday during May**

**1pm – 2.15pm**

**First Steps Child & Family Centre, 20 Scalford Drive, Welland, PE1 4TR**

*Call 01733 295860 for more information.*

**Every Thursday during May**

**1pm – 2.30pm**

**Orton Children & Family Centre, 74 Herlington, Orton Malborne, PE2 5PW**

*Call 01733 391652 for more information.*

*More details about the sessions being delivered by Barnardo’s can be found here-*

<https://www.haypeterborough.co.uk/activities/barnardos-child-and-family-centres/>

info@crosskeyshomes.co.uk

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**FREE! Pottery Classes** – Improve mental health with Pottery. Pottery can help reduce intrusive thoughts and feelings by giving you something to focus on, reduce effects of isolation by helping you connect with others and lower blood pressure and the effects of stress.

**Every Tuesday during May**

**12.30pm – 2.30pm**

**Art & Soul Creative Hub, 7 New Street, St Neots, PE19 1AE**

*To book your place, please email [community@crosskeyshomes.co.uk](mailto:community@crosskeyshomes.co.uk) or call 01733 396404 or complete the booking form on our website to book your place - <https://www.crosskeyshomes.co.uk/mental-health>*

*For more information follow Cross Keys Homes on Facebook - <https://www.facebook.com/crosskeyshomespeterborough/>*

**FREE! Stop Smoking Clinic** – 12 week Stop Smoking programme where you will have access to replacement nicotine therapies and a personalised stop smoking plan.

**Every Tuesday during May**

**1pm – 5pm**

**Westwood Community Hub, 31-35 Hampton Court, Westwood, PE3 7JB**

*To find out more email [community@crosskeyshomes.co.uk](mailto:community@crosskeyshomes.co.uk) or call 01733 396404 or complete the booking form on our website to book your place - <https://www.crosskeyshomes.co.uk/health-and-wellbeing>*

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**FREE! Community Library** – Pop in and pick up a book to take home to read or sit in the hub and read it with company.

**Every Wednesday during May**

**10am – 12pm**

**Westwood Community Hub, 31-35 Hampton Court, Westwood PE3 7JB.**

**No need to book, just pop in and get reading!**

***For more information follow Cross Keys Homes on Facebook -***

***<https://www.facebook.com/crosskeyshomespeterborough/>***

**FREE! Learn My Way** – Basic IT introduction course for beginners – learn how to stay safe online and use the internet. Spaces are limited.

**Every Wednesday during May**

**10am – 12pm**

**Tenter Hill Community Hub, Wessex Close, Stanground, PE2 8HU.**

**Every Wednesday during May**

**2pm – 3.30pm**

**Hampton Library, Clayburn Road, Hampton, PE7 8GL**

**Every Thursday during May – except May 4<sup>th</sup>**

**10am – 12pm**

**South Bretton Family & Community Centre, Tyesdale, Bretton, PE3 9XZ**

**Every Friday during May**

**2pm – 3.30pm**

**Orton Library, Bushfield, Ortongate, PE2 5RQ**

***Pre-booking is essential, please email [community@crosskeyshomes.co.uk](mailto:community@crosskeyshomes.co.uk) or call 01733 396404 to book your place or complete the booking form on our website to book your place - <https://www.crosskeyshomes.co.uk/employment>***



**FREE! Women's Yoga** – This is an open level yoga class, with a strong focus on deeply grounding the body and mind so that you will feel revitalised by the end of the session.

**Every Wednesday during May**

**1pm – 2pm**

**Christ the Carpenter Church, 93A Chestnut Avenue, Dogsthorpe, PE1 4PE**

*Places are limited, to book your place call 01733 396404 or complete the following form - <https://www.crosskeyshomes.co.uk/latest-news-and-updates/womens-only-free-yoga-classes-1223>*

*For more information follow Cross Keys Homes on Facebook - <https://www.facebook.com/crosskeyshomespeterborough/>*

**FREE! Gardening for your Mental Health** - Get involved with building a community garden. There are always various jobs to do from watering plants to digging over ground. Meet new people, share experiences, learn new skills in a safe environment.

**Every Wednesday during May**

**1pm – 3pm**

**Every Thursday during May**

**1.30pm – 3.30pm**

**Olive Road Wellbeing Garden, Dogsthorpe, PE1 4PT**

*To register your interest, complete the booking form on our website to book your place - <https://www.crosskeyshomes.co.uk/mental-health> or call 01733 396404*

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**FREE! South Bretton Youth Club** – Provided by Families First. Aimed at those aged 12-19 years old, with activities including cooking, crafts, games, table tennis and much more!

**Every Wednesday in May - term time only**

**6pm – 7.30pm**

**South Bretton Family & Community Centre, Tyesdale, Bretton, PE3 9XZ**

*Please contact Cherry Lester on 07851 424925 for further information or visit [www.facebook.com/familiesfirstpeterborough](https://www.facebook.com/familiesfirstpeterborough)*

*For more information follow Cross Keys Homes on Facebook.  
<https://www.facebook.com/crosskeyshomespeterborough/>*

**FREE! Falls Prevention Sessions** – Delivered by Healthy You, running a Falls prevention 121 and group advise sessions, aimed at those over 65 years of age.

**Every Thursday during May – except May 4<sup>th</sup>**

**9.30am – 3pm**

**South Bretton Family & Community Centre, Tyesdale, Bretton, PE3 9XZ**

*To get referred email [community@crosskeyshomes.co.uk](mailto:community@crosskeyshomes.co.uk) or call 01733 396404 or complete the booking form on our website to book your place -  
<https://www.crosskeyshomes.co.uk/health-and-wellbeing>*

*For more information follow Cross Keys Homes on Facebook -  
<https://www.facebook.com/crosskeyshomespeterborough/>*

**FREE! Friendship & Games Club** – Friendly club for conversation, games, and friendship. Meet new people. There will be free tea, coffee, and cakes, plus loads of board games.

**Every Thursday during May**

**10am – 12pm**

**WestRaven Community Café, Hampton Court, Westwood, PE3 7JA**

**No need to book, just come along and join in!**

*For more information follow Cross Keys Homes on Facebook -  
<https://www.facebook.com/crosskeyshomespeterborough/>*



**FREE! Step Up: To your Wellbeing** – A safe space and a programme of activities that are designed to improve your mental health and wellbeing.

**Every Thursday during May**

**12pm – 2.30pm**

**Tenter Hill Community Hub, Wessex Close, Stanground, PE2 8HU.**

For more information and to book your place complete the online booking form -

<https://www.crosskeyshomes.co.uk/courses/> or email [community@crosskeyshomes.co.uk](mailto:community@crosskeyshomes.co.uk) or call 01733 396404

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**FREE! Community Litter Pick** – Led by CKH Staff, come along, and help us make your neighbourhood a better place to live. Litter picks, gloves and Hi-Vis vests will be provided.

**Every Thursday during May**

**12.30pm – 1.30pm**

**Westwood Community Hub, 31-35 Hampton Court, Westwood, PE3 7JB**

**Meet at the hub, same time, same place, every week!**

To find out more email [community@crosskeyshomes.co.uk](mailto:community@crosskeyshomes.co.uk) or call 01733 396404. No need to book, just come along and join in! For more information follow Cross Keys Homes on Facebook -

<https://www.facebook.com/crosskeyshomespeterborough/>

**FREE! Brownies session at South Bretton** – For girls aged 7-10 years, come along and join Brownies. You can be creative, active, learn new skills make new friends, have adventures and have lots of fun.

**Every Thursday during May – Term time only – except May 4<sup>th</sup>**

**6pm – 7.30pm**

**South Bretton Family & Community Centre, Tyesdale, Bretton, PE3 9XZ**

*Register your interest by visiting [www.girlguiding.org.uk/joinus](http://www.girlguiding.org.uk/joinus) or call 0800 169 5901*

 [info@crosskeyshomes.co.uk](mailto:info@crosskeyshomes.co.uk)

 [www.crosskeyshomes.co.uk](http://www.crosskeyshomes.co.uk)

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