



Head Teacher: Mrs D Reynolds - BSc Hons QTS NPQH

*Aim High*

*Never Give Up*

*Follow Your Dream*

*Lead By Example*

Friday 5<sup>th</sup> May 2023

Dear Year 4 Parents/Carers,

As previously communicated, in class we have now spoken about growing up and how our body changes as we develop into an adult. After this lesson I enabled all pupils to write down and ask questions anonymously if they so wished. Having now looked through the questions, there are many girls who have mentioned periods, wondering what they are, if they will hurt, what they are for and so on. I am happy to do another session with only the girls to address these questions and to help put their mind at ease but as it is not in the Year 4 Curriculum, I need parental permission to do so.

I am willing to do this talk with them on **Thursday 18<sup>th</sup> May 2023**. If you would like for your **daughter to be part of this**, please return the reply slip by **Wednesday 17<sup>th</sup> May 2023**.

If I do not receive a reply, then your child will not take part in the session.

If you have any questions about this, then please come and speak to a member of the Year 4 team.

Kind regards

Miss M Hodgkins  
Year 4 Teacher

Mrs D Reynolds  
Head Teacher

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**Year 4 Girls Only-Period Talk Session-Thursday 18<sup>th</sup> May 2023**

Child's name: \_\_\_\_\_

I give permission for my daughter to be part of the talk on Thursday 18<sup>th</sup> May 2023.

Signed: \_\_\_\_\_ Parent/Carer      Date: \_\_\_\_\_