## Norwood Primary

## School

## Sports Day 2023



NEWTON

Never Give Up

Reception and KS1: 9:00am -10:45am
KS2: 11:00am - 12:45pm

## Contents Page

## Page 2 - Contents page

Page 3 - Welcome to Norwood Primary School Sports Day 2023 / Layout of the event

Page 4 -Reception races overview

Page 5 - Year 1 races overview

Page 6 - Year 2 races overview

Page 7 - Reception and KS1 Relays

Page 8 - Year 3 races overview

Page 9 - Year 4 races overview

Page 10 - Year 5 races overview

Page 11 - Year 6 races overview

Page 12 - KS2 Relays

Page 12 - Final thank you



Norwood School welcomes you to our Sports Day. We want to take this opportunity to thank you for attending and hope you enjoy the event!

Taking on board the feedback given after last year's event, a range of changes have been made:

- In order to provide pupils with the opportunity to participate in more events, the morning has now been split into two sessions.
- The 'pod' activities have now taken place during National Sports Week and these totals will be added to the totals achieved on Sports Day.
- Where possible, sibling races have been staggered to enable those spectating to watch both children. In the majority of cases, parents / carers will be standing between the two tracks which their children will be on.
- Reception and KS1 will compete in more traditional events whereas KS2 will have a more Olympic style approach.
- All pupils who race will receive stickers for participation. Those achieving $1^{\text {st }}, 2^{\text {nd }}$ and $3^{\text {rd }}$ will be given corresponding stickers
- Medals will be awarded to all those involved in the Best of the Best Relay - this year including $4^{\text {th }}$ place.
- Special awards for Sportsmanship, Excellent Effort and the Supportive Stars are also up for grabs!
- The House Cup and Special awards will be awarded in assembly on Friday $14^{\text {th }}$ July 2023.

When you enter the field, please head to the designated area for each year group. This will be labelled and also can be seen on the diagram below. If you are supporting pupils in different year groups, if possible please stand in between. Please can I remind parents / carers that they are not to stand on the track or go over the pupils at any point during the event for Safeguarding reasons.


## Reception

After each race, the pupils will then walk back up the track before the next race is started. There may be a short pause between sets of races whilst the track is set up and the pupils are sorted for their next race. A whistle will signal the next set of races so all tracks coincide with each other.

Our Y6 pupils will be out to support their buddies for the duration of the event.

## Starting time: 9:15am approx.

Race 1 - Egg and Spoon - Clementine, Willow, Isabella, Sapphire, Lacey
Race 2 - Egg and Spoon - Freddie, Emaan, Jasper, Joshua, James, Ethan, Josiah, Jace
Race 3 - Egg and Spoon - Seher, Evelyn, Bronte, Maisie, Zuzanna,
Race 4 - Egg and Spoon - Axel, Lenny B, Alfie, Noah, Lenny L, Henry, Omer, Max

Race 5 - Sprint - Clementine, Seher, Evelyn, Bronte, Zuzanna, Lacey
Race 6 - Sprint - Omer, Ethan, Joshua, Emaan, Lenny L, Jace, Max, Alfie
Race 7 - Sprint- Isabella, Sapphire, Willow, Maisie
Race 8 - Sprint - Axel, Lenny B, James, Jasper, Henry, Josiah, Noah, Freddie

Race 9 - Hurdles - Seher, Isabella, Willow, Sapphire
Race 10 - Hurdles - Axel, Omer, Max, Josiah, Emaan, Noah, Jasper, Joshua
Race 11 - Hurdles - Lenny B, Ethan, James, Jace, Freddie, Lenny L, Alfie, Henry
Race 12 - Hurdles - Clementine, Bronte, Evelyn, Maisie, Zuzanna

Race 13 - Sack - Lenny B, Axel, Joshua, Jace, Max, Emaan, Freddie
Race 14 - Sack - Jasper, Ethan, Omer, James, Josiah, Noah, Alfie,
Race 15 - Sack - Zuzanna, Isabella, Maisie, Willow, Lacey
Race 16 - Sack - Clementine, Seher, Bronte, Evelyn, Sapphire,

Race 17 - Space Hoppers - Clementine, Zuzanna Isabella, Willow, Sapphire
Race 18 - Space Hoppers - Jasper, Henry, Lenny B, Ethan, James, Emaan, Noah, Max
Race 19 - Space Hoppers - Joshua, Axel, Omer, Lenny L, Alfie, Freddie, Jace, Josiah
Race 20 - Space Hoppers - Seher, Bronte, Evelyn, Maisie, Lacey
That is the end of the Reception races. Please wait for the signal and then head over to the main track for the Key Stage and Best of the Best KS1 relay.

## Year 1

Due to Year 1 comprising of significantly more boys than girls, the girls will be kept together whilst the boys will be split into groups.

After each race, the pupils will then walk back up the track before the next race is started. There may be a short pause between sets of races whilst the track is set up and the pupils are sorted for their next race. A whistle will signal the next set of races so all tracks coincide with each other.

## Starting time: 9:15am approx.

Race 1 - Sack Race - Billy, Adam, Nathaniel, Leon, Nathan, Alex H, Zubair, Lukas
Race 2 - Sack Race - Oscar C, Noah, Ezra Hi, Ezra Hu, Matas, Ayomiposi, Reggie
Race 3 - Sack Race - Lily, Lexie, Vitani-Rose, Faye, Jessica

Race 4 - Space Hoppers - Billy, Ezra Hu, Adam, Jake C, Matas, Ayomiposi, Lukas, Ricco
Race 5 - Space Hoppers - Oscar B, Nathaniel, Noah, Oscar C, Nathan, Alex H, Alex M
Race 6 - Space Hoppers - Lexie, Eva, Vitani-Rose, Lilith, Faye, Jessica, Lily
Race 7 - Space Hoppers - Reggie, Zubair, Jake S, Ezra Hi, Leon, Logan, Domas

Race 8 - Sprint - Ricco, Zubair, Alex M, Domas, Adam, Jake S, Ayomiposi,
Race 9 - Sprint - Lukas, Darius, Logan, Jake C, Ezra Hu, Ezra Hi, Nathan,
Race 10 - Sprint -Faye, Eva, Lily, Lexie, Lilth, Jessica
Race 11 - Sprint - Billy, Reggie, Leon, Oscar C, Noah, Nathaniel, Matas, Alex H

Race 12 -Egg and Spoon - Adam, Ezra Hi, Ricco, Alex M, Jake S, Matas, Zubair, Darius
Race 13 - Egg and Spoon - Lexie, Lily, Vitani- Rose, Eva, Lilith, Faye, Jessica
Race 14 - Egg and Spoon - Domas, Nathaniel, Logan, Leon, Alex H, Nathan, Reggie, Lukas
Race 15 - Egg and Spoon - Oscar C, Oscar B, Billy, Ezra Hu, Noah, Jake C, Ayomiposi

Race 16 - Hurdles - Billy, Darius, Ayomoposi, Nathan, Domas, Adam, Logan, Ricco
Race 17 - Hurdles - Faye, Lilith, Lexie, Lily, Eva, Vitani- Rose, Jessica
Race 18 - Hurdles - Oscar C, Reggie, Lukas, Jake S, Noah, Nathaniel,
Race 19 - Hurdles - Oscar B, Zubair, Ezra Hi, Ezra Hu, Jake C, Alex H

That is the end of the Year 1 races. Please wait for the signal and then head over to the main track for the Key Stage and Best of the Best KS1 relay.

## Year 2

Pupils have had the choice as to which races they have entered. Those that have previously said no, are not included in the overview. Pupils are also allowed to pull out on the day and therefore, they may appear on the overview below but do not feature in the race.

After each race, the pupils will then walk back up the track before the next race is started. There may be a short pause between sets of races whilst the track is set up and the pupils are sorted for their next race. A whistle will signal the next set of races so all tracks coincide with each other.

## Starting time: 9:15am approx.

Race 1 - Sprint - Dua, Darcie, Zinnia, Sofija, Sophia, Lexie, Isla,
Race 2 - Sprint - Daniel, Harvey, Mohammed, Zach, Finley, Edvards, Erik
Race 3 - Sprint - Dexter, Tommy, James, Max, Clark, Rui, Samuel, Ioane

Race 4 - Hurdles - Darcie, April, Isla, Zinnia,
Race 5 - Hurdles - Daniel, James, Max, Finley, Billy, Mohammed, Zach, Edvards
Race 6 - Hurdles - Dua, Lexie, Sofija, Sophia,
Race 7 - Hurdles - Dexter, Tommy, Ioane, Harvey, Rui, Clark, Bryce, Samuel, Jack
Race 8 - Sack - Luke, Harvey, Ioane, Zach, Edvards
Race 9 - Sack -Finley, Max, Mohammed, Bryce, Alexander
Race 10 - Sack - Dua, Darcie, Zinnia, Sofija, Lexie, Isla,
Race 11 - Sack - Billy, James, Rui, Clark, Daniel

Race 12 - Space Hoppers - Dexter, Luke, Tommy, James, Ioane, Harvey, Jack, Edvards, Augustas

Race 13 - Space Hoppers - Dua, Isla, Sophia, April
Race 14 -Space Hoppers - Daniel, Max, Clark, Mohammed, Zach, Finley, Alexander, Samuel
Race 15 - Space Hoppers - Darcie, Lexie, Sofija, Zinnia

Race 16 - Egg and Spoon - Dua, Darcie, April, Lexie, Isla, Sophia, Sofija, Zinnia,
Race 17 - Egg and Spoon - Daniel, Max, Ioane, Clark, Finley, Samuel
Race 18 - Egg and Spoon - Dexter / Luke, Harvey, James, Mohammed, Bryce, Edvards

That is the end of the Year 2 races. Please wait for the signal and then head over to the main track for the Key Stage and Best of the Best KS1 relay.

## Relay - Reception and KS1

## Key Stage Relay:

Each house represented is made up of one Reception child, one Year 1 child and two children from Year 2.

| Willow (YR) | Bronte (YR) | Zuzanna (YR) | Max (YR) |
| :--- | :--- | :--- | :--- |
| Lexie (Y1) | Oscar B (Y1) | Ricco (Y1) | Faye (Y1) |
| Ioane (Y2) | Sofia (Y2) | Dua (Y2) | Zinnia (Y2) |
| Daniel G (Y2) | Rui (Y2) | Zach (Y2) | Edvards (Y2) |

## Best of the Best Key Stage 1 Relay:

| Ezra Hu (Y1) | Ethan (YR) | Alex M (Y1) | Lukas (Y1) |
| :--- | :--- | :--- | :--- |
| Daniel (Y2) | Ayomi (Y1) | Mohamed (Y2) | Samuel (Y2) |
| April (Y2) | Jake S (Y1) | Billy (Y2) | Tommy (Y2) |
| Max (Y2) | Finley (Y2) | Clark (Y2) | Augustas (Y2) |

Heats for this relay were carried out during PE lessons with all pupils taking part. The top four for each house, within each year group, then competed against each other and the top four are taking part in the relay today.

After this relay, please allow the pupils to exit the field before either then leaving the school site or moving back over to the individual tracks for KS2 to join you. Please do not call over your child(ren) or try to approach your child as this will cause the next section of the event to be late and will disrupt the routine which the children have practiced.

Once again, I want to thank you for your continued support and for your understanding.

## Year 3

After each race, the pupils will then walk back up the track before the next race is started. There may be a short pause between sets of races whilst the track is set up and the pupils are sorted for their next race. A whistle will signal the next set of races so all tracks coincide with each other.

## Starting time: 11:00am approx.

Race 1 - Sprint - Lincoln, Zachary, Adrian, Benjamin, Deo, Lucas, Charlie
Race 2 - Sprint - Sybil, Angel, Katie, Evie, Caydence, Ella,
Race 3 - Sprint - Phoebe, Lily, Poppy, Scarlett, Pixie, Ariana
Race 4 - Sprint - Jacob, Andrea, Reuben, Ocean, Finley, Sidney

Race 5 - Shuttle Runs - Lincoln, Adrian, Benjamin, Finley, Lucas, Sidney
Race 6 - Shuttle Runs - Jacob, Andrea, Ocean, Deo, Charlie
Race 7 - Shuttle Runs - Sybil, Katie, Ariana, Phoebe, Evie, Lily, Scarlett, Caydence

Race 8 - Hurdles - Marlowe, Jacob, Andrea, Adrian, Deo, Sidney, Reuben, Joshua, Alessio
Race 9 - Hurdles - Caydence, Evie, Lily, Scarlett, Ella,
Race 10 - Hurdles - Sybil, Katie, Poppy, Angel, Ariana, Phoebe
Race 11 - Hurdles - Lincoln, Zachary, Ocean, Benjamin, Finley, Lucas, Charlie, Brandon

Race 12 - Long (boys) - Lincoln, Zachary, Andrea, Brandon, Reuben, Oliver, Adrian, Ocean, Benjamin, Finley, Lucas, Charlie, Jacob

Race 13 - Long (girls) - Ariana, Caydence, Phoebe, Evie, Sybil, Angel, Lily, Poppy, Scarlett, Pixie, Katie, Ella

The total distance for this race is 615 m which is 585 m shorter than the maximum distance of 1200 m as set by England Athletics for this age group.

Race 14 - Sack - Lincoln, Jacob, Marlowe, Brandon, Deo, Alessio, Sidney
Race 15 - Sack - Zachary, Andrea, Adrian, Joshua, Finley, Lucas
Race 16 - Sack - Katie, Phoebe, Ariana, Caydence, Lily, Poppy, Ella, Pixie

That is the end of the Year 3 races. Please wait for the signal and then head over to the main track for the Key Stage and Best of the Best KS2 relay.

## Year 4

After each race, the pupils will then walk back up the track before the next race is started. There may be a short pause between sets of races whilst the track is set up and the pupils are sorted for their next race. A whistle will signal the next set of races so all tracks coincide with each other.

## Starting time: 11:00am approx.

Race 1 - Sack - Sofia, Miley, Dayna, Casey,
Race 2 - Sack - William B, Thomas, Jaxson, Alex, Josh, Jayden, Lukas, Leighton
Race 3 - Sack - Eden, Izzy, Amelia, Luize, Fola

Race 4 - Hurdles - Jackson, William W, Oscar, Jayden, Jaxson, Filip, Archie, Alex
Race 5 - Hurdles - Miley, Julia, Izzy, Aizah, Amelia, Luize, Fola
Race 6 - Hurdles - Sienna, Dayna, Eden, Casey, Sofia
Race 7 - Hurdles - William B, Thomas, Josh, Maxwell, Kaelan, Saul, Marcel, Lukas, Leighton

Race 8 - Long (girls) - Miley, Sienna, Dayna, Julia, Eden, Izzy, Casey, Luize
Race 9 - Long (boys) - Thomas, Jayden, Oscar, Josh, William B, Jaxson, Filip, Jackson, Lukas, Marcel, Leighton

The total distance for this race is 615 m which is 985 m shorter than the maximum distance of 1600 m as set by England Athletics for this age group.

Race 10 -Shuttle runs - Sofia, Sienna, Julia, Izzy, Casey, Aizah
Race 11 - Shuttle runs - Thomas, Oscar, Filip, Lukas, Leighton, William W
Race 12 - Shuttle runs - Miley, Dayna, Eden, Amelia, Fola
Race 13 - Shuttle runs - William B, Jackson, Jayden, Josh, Jaxson, Alex, Marcel

Race 14 - Sprint - Marcel, William B, Leighton, Thomas, Lukas, Alex, Filip, Jackson
Race 15 - Sprint - Aizah, Fola, Luize, Amelia, Sofia
Race 16 - Sprint - William W, Maxwell, Jaxson, Archie, Jayden, Josh, Kaelan
Race 17 - Sprint - Miley, Sienna, Dayna, Casey, Izzy, Julia

That is the end of the Year 4 races. Please wait for the signal and then head over to the main track for the Key Stage and Best of the Best KS2 relay.

## Year 5

After each race, the pupils will then walk back up the track before the next race is started. There may be a short pause between sets of races whilst the track is set up and the pupils are sorted for their next race. A whistle will signal the next set of races so all tracks coincide with each other.

Due to the number of girls compared to boys in Y5, there are some races where the girls will be split into three groups and the boys will remain together as one.

## Starting time - 11:00am

Race 1 - Long (boys and Girls)
Due to the number of boys wanting to compete in this event, boys and girls will both run at the same time. The top three boys and the top three girls will be awarded with $1^{\text {st }}, 2^{\text {nd }}$ and $3^{\text {rd }}$ place.

Lauren, Siena, Harriett, Holly, Megan F, Isabella, Iris, Sophie, Florence, Lily
Gabrielius, Clayton, Joseph
The total distance for this race is 615 m which is 1385 m shorter than the maximum distance of 2000 m as set by England Athletics for this age group.

Race 2 - Sprint - Lily, Ezmie, Eliza-May, Harriett, Holly, Evie
Race 3 - Sprint - Lauren, Lucy, Sophia, Florence, Isabella, Lacey
Race 4 - Sprint - Megan F, Siena, Hanna, Megan P, Iris, Sophie
Race 5 - Sprint - Clayton, Joseph, Jan, Freddie, Harry, George, Jaiden, Daniel, Gabrielius

Race 6 - Sack - Lily, Ezmie, Megan F, Siena, Holly, Isabella,
Race 7 - Sack - Eliza-May, Lucy, Harriett, Sophia, Elsie,
Race 8 - Sack -Lauren, Hanna, Evie, Sophie, Iris
Race 9 - Sack - Clayton, Joseph, Freddie, Harry, Daniel, Gabrielius,

Race 10 - Shuttle runs - Megan F, Ezmie, Lily, Lauren, Megan P, Isabella, Sophie
Race 11 - Shuttle runs - Eliza-May, Siena, Harriett, Florence, Iris, Lacey,
Race 12 - Shuttle runs - Joseph, Freddie, Clayton, Jago, Harry, George, Jaiden, Daniel, Gabrielius

Race 13-Hurdles - Joseph, Clayton, Freddie, Harry, Gabrielius, Daniel
Race 14 - Hurdles - Megan F, Siena, Holly, Evie, Isabella, Iris, Megan P
Race 15 - Hurdles - Jan, Jaiden, George, Jago,
Race 16 - Hurdles - Lauren, Harriett, Florence, Sophie, Lacey, Sophia
Race 17 - Hurdles - Lily, Ezmie, Lucy, Eliza-may, Hanna, Elsie

That is the end of the Year 5 races. Please wait for the signal and then head over to the main track for the Key Stage and Best of the Best KS2 relay.

## Year 6

All races within each discipline will run and then all pupils will return to the top of the track for the next set of races. This means there will be a slight break between sets of races whilst the track is set up and the pupils are sorted for their next race.

## Starting time - 11:00am

Race 1 - Hurdles - Leiland, Charlie, Jim, Ethan, Mykyle, Jay
Race 2 - Hurdles - Kamila, Leah F, Kate, Paris, Alina, Emily, Lily
Race 3 - Hurdles - Temperance, Isabelle, Bethany, Nia, Lexi, Leah E
Race 4 - Hurdles - Jack F, Enoch, Corey, Jack S, Jonah, Aleksander

Race 5 - Sack - Jack F, Charlie, Stanley, Oliver
Race 6 - Sack -Kamila, Nia, Lily, Bethany, Paris
Race 7 - Sack - Leiland, Enoch, Jim, Corey,
Race 8 - Sack - Temperance, Isabelle, Alina, Leah F, Kate

Race 9 - Shuttle runs - Lily, Paris, Bethany, Nia
Race 10 - Shuttle runs -Temperance, Isabelle, Leah F, Alina,
Race 11 - Shuttle runs - Leiland, Jack F, Corey, Aleksander

Race 12 - Sprint - Lily, Emily, Lexi, Tallulah, Leah F, Alina, Bethany
Race 13 -Sprint - Ethan, Enoch, Corey, Stanley, Jim, Mykyle, Jay
Race 14 - Sprint - Jack F, Aleksander, Leiland, Oliver, Jonah, Jack S,
Race 15 - Sprint - Temperance, Isabelle, Kate, Leah E, Paris, Nia

Race 16 - Long (girls) - Leah E, Lily, Paris, Leah F, Isabelle, Temperance, Lexie, Emily, Alina, Nia, Kate, Bethany, Tallulah, Kamila

Race 17 - Long (boys) - Jay, Charlie, Aleksander, Leiland, Corey
The total distance for this race is 615 m which is 1885 m shorter than the maximum distance of 2500 m as set by England Athletics for this age group.

That is the end of the Year 6 races. Please wait for the signal and then head over to the main track for the Key Stage and Best of the Best KS2 relay.

## Relay-KS2

## Key Stage Relay:

Each house is represented by one pupil from each year group. These relays can be made up of any combination of girls and boys.

| Phoebe (Y3) | Sybil (Y3) | Ocean (Y3) | Charlie (Y3) |
| :--- | :--- | :--- | :--- |
| Miley (Y4) | Jackson (Y4) | Izzy (Y4) | Leighton (Y4) |
| Lauren (Y5) | Jaiden (Y5) | Holly (Y5) | Iris (Y5) |
| Charlie C (Y6) | Leiland (Y5) | Leah F(Y6) | Isabelle (Y6) |

## Best of the Best Relay

| Andrea (Y3) | Gabrielius (Y5) | Harriett (Y5) | Lucas (Y3) |
| :--- | :--- | :--- | :--- |
| William B (Y4) | Megan F (Y5) | Sophia (Y5) | Joseph (Y5) |
| Freddie (Y5) | Mykyle (Y6) | Jack S (Y6) | Sophie (Y6 |
| Clayton (Y5) | Lily (Y6) | Corey (Y6) | Alina (Y6) |

Heats for this relay were carried out during PE lessons with all pupils taking part. The top four for each house, within each year group, then competed against each other and the top four are taking part in the relay today.

Reserves will be used if a pupil is absent or decides not to run.
After this relay, please allow the pupils to exit the field before leaving the school site via the Coniston Road gate. Please do not call over your child(ren) or try to approach your child as this will cause lunches to start late and will also disrupt the routine that the pupils have gotten used to and practiced.

I would like to thank everyone who has made today happen. Without the efforts of all the staff across school, today would not have been possible. Many have given up their own time or gone above and beyond. Thank you to Mr Johnson for ensuring the field was cut and for organising/marking out the field.

Thank you to those pupils who took on a leadership role, helping to transfer equipment, organising races and the like. A special mention to our Sports Ambassadors - Lily and Charlie (Y6) and our Deputy Sport Ambassadors - Lauren, Flo and Megan (Y5) who have supported various elements in the build up to today.

Finally, I want to thank everyone who came and supported the event today. It means a lot to many of the pupils and I know this is something that they have all been looking forward to.

Miss M Hodgkins
PE Lead

