

# **School**

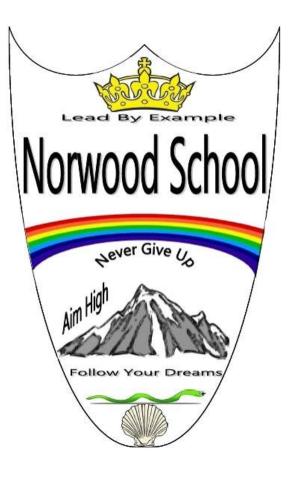


Reception and KS1: 9:00am -10:45am

KS2: 11:00am – 12:45pm

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- Pupils are written on their year group overview in their corresponding house colour. Red- Cavell Blue – Newton Green – Darwin Yellow - Hodgkin

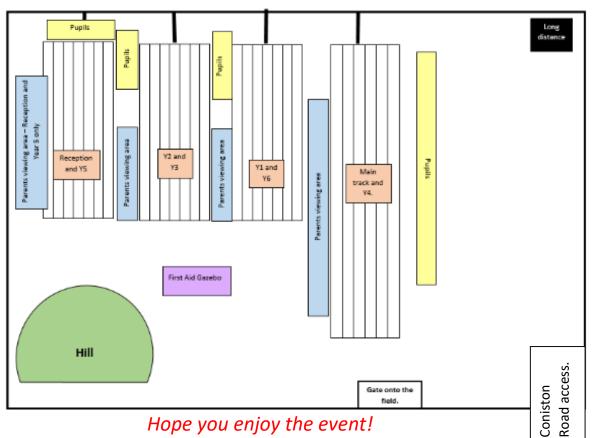


Norwood School welcomes you to our Sports Day. We want to take this opportunity to thank you for attending and hope you enjoy the event!

Taking on board the feedback given after last year's event, a range of changes have been made:

- In order to provide pupils with the opportunity to participate in more events, the morning has now been split into two sessions.
- The 'pod' activities have now taken place during National Sports Week and these totals will be added to the totals achieved on Sports Day.
- Where possible, sibling races have been staggered to enable those spectating to watch both children. In the majority of cases, parents / carers will be standing between the two tracks which their children will be on.
- Reception and KS1 will compete in more traditional events whereas KS2 will have a more Olympic style approach.
- All pupils who race will receive stickers for participation. Those achieving 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> will be given corresponding stickers
- Medals will be awarded to all those involved in the Best of the Best Relay this year including 4<sup>th</sup> place.
- Special awards for Sportsmanship, Excellent Effort and the Supportive Stars are also up for grabs!
- The House Cup and Special awards will be awarded in assembly on Friday 14<sup>th</sup> July 2023.

When you enter the field, please head to the designated area for each year group. This will be labelled and also can be seen on the diagram below. If you are supporting pupils in different year groups, if possible please stand in between. Please can I remind parents / carers that they are not to stand on the track or go over the pupils at any point during the event for Safeguarding reasons.



#### **Reception**

After each race, the pupils will then walk back up the track before the next race is started. There may be a short pause between sets of races whilst the track is set up and the pupils are sorted for their next race. A whistle will signal the next set of races so all tracks coincide with each other.

Our Y6 pupils will be out to support their buddies for the duration of the event.

#### Starting time: 9:15am approx.

- Race 1 Egg and Spoon Clementine, Willow, Isabella, Sapphire, Lacey
- Race 2 Egg and Spoon Freddie, Emaan, Jasper, Joshua, James, Ethan, Josiah, Jace
- Race 3 Egg and Spoon Seher, Evelyn, Bronte, Maisie, Zuzanna,
- Race 4 Egg and Spoon Axel, Lenny B, Alfie, Noah, Lenny L, Henry, Omer, Max
- .....
- Race 5 Sprint Clementine, Seher, Evelyn, Bronte, Zuzanna, Lacey
- Race 6 Sprint Omer, Ethan, Joshua, Emaan, Lenny L, Jace, Max, Alfie
- Race 7 Sprint- Isabella, Sapphire, Willow, Maisie
- Race 8 Sprint Axel, Lenny B, James, Jasper, Henry, Josiah, Noah, Freddie
- .....
- Race 9 Hurdles Seher, Isabella, Willow, Sapphire
- Race 10 Hurdles Axel, Omer, Max, Josiah, Emaan, Noah, Jasper, Joshua
- Race 11 Hurdles Lenny B, Ethan, James, Jace, Freddie, Lenny L, Alfie, Henry
- Race 12 Hurdles Clementine, Bronte, Evelyn, Maisie, Zuzanna
- .....
- Race 13 Sack Lenny B, Axel, Joshua, Jace, Max, Emaan, Freddie
- Race 14 Sack Jasper, Ethan, Omer, James, Josiah, Noah, Alfie,
- Race 15 Sack Zuzanna, Isabella, Maisie, Willow, Lacey
- Race 16 Sack Clementine, Seher, Bronte, Evelyn, Sapphire,
- .....
- Race 17 Space Hoppers Clementine, Zuzanna Isabella, Willow, Sapphire
- Race 18 Space Hoppers Jasper, Henry, Lenny B, Ethan, James, Emaan, Noah, Max
- Race 19 Space Hoppers Joshua, Axel, Omer, Lenny L, Alfie, Freddie, Jace, Josiah
- Race 20 Space Hoppers Seher, Bronte, Evelyn, Maisie, Lacey

That is the end of the Reception races. Please wait for the signal and then head over to the main track for the Key Stage and Best of the Best KS1 relay.

#### <u>Year 1</u>

Due to Year 1 comprising of significantly more boys than girls, the girls will be kept together whilst the boys will be split into groups.

After each race, the pupils will then walk back up the track before the next race is started. There may be a short pause between sets of races whilst the track is set up and the pupils are sorted for their next race. A whistle will signal the next set of races so all tracks coincide with each other.

#### Starting time: 9:15am approx.

| Race 1 – Sack Race – Billy, Adam, Nathaniel, Leon, Nathan, Alex H, Zubair, Lukas  |
|---|
| Race 2 – Sack Race – Oscar C, Noah, Ezra Hi, Ezra Hu, Matas, Ayomiposi, Reggie  |
| Race 3 – Sack Race – Lily, Lexie, Vitani-Rose, Faye, Jessica  |
| Race 4 – Space Hoppers – Billy, Ezra Hu, Adam, Jake C, Matas, Ayomiposi, Lukas, Ricco   |
| Race 5 – Space Hoppers – Oscar B, Nathaniel, Noah, Oscar C, Nathan, Alex H, Alex M  |
| Race 6 – Space Hoppers – Lexie, Eva, Vitani-Rose, Lilith, Faye, Jessica, Lily   |
| Race 7 – Space Hoppers – Reggie, Zubair, Jake S, Ezra Hi, Leon, Logan, Domas  |
| Race 8 – Sprint – Ricco, Zubair, Alex M, Domas, Adam, Jake S, Ayomiposi,  |
| Race 9 – Sprint – Lukas, Darius, Logan, Jake C, Ezra Hu, Ezra Hi, Nathan,   |
| Race 10 – Sprint – Faye, Eva, Lily, Lexie, Lilth, Jessica   |
| Race 11 – Sprint – Billy, Reggie, Leon, Oscar C, Noah, Nathaniel, Matas, Alex H   |
| Race 12 –Egg and Spoon – Adam, Ezra Hi, Ricco, Alex M, Jake S, Matas, Zubair, Darius  |
| Race 13 – Egg and Spoon – Lexie, Lily, Vitani- Rose, Eva, Lilith, Faye, Jessica   |
| Race 14 – Egg and Spoon – Domas, Nathaniel, Logan, Leon, Alex H, Nathan, Reggie, Lukas  |
| Race 15 – Egg and Spoon – Oscar C, Oscar B, Billy, Ezra Hu, Noah, Jake C, Ayomiposi   |
| Race 16 – Hurdles – Billy, Darius, Ayomoposi, Nathan, Domas, Adam, Logan, Ricco   |
|   |
| Race 17 – Hurdles – Faye, Lilith, Lexie, Lily, Eva, Vitani- Rose, Jessica   |
| Race 17 – Hurdles – Faye, Lilith, Lexie, Lily, Eva, Vitani- Rose, Jessica<br>Race 18 – Hurdles – Oscar C, Reggie, Lukas, Jake S, Noah, Nathaniel, |

That is the end of the Year 1 races. Please wait for the signal and then head over to the main track for the Key Stage and Best of the Best KS1 relay.

#### <u>Year 2</u>

Pupils have had the choice as to which races they have entered. Those that have previously said no, are not included in the overview. Pupils are also allowed to pull out on the day and therefore, they may appear on the overview below but do not feature in the race.

After each race, the pupils will then walk back up the track before the next race is started. There may be a short pause between sets of races whilst the track is set up and the pupils are sorted for their next race. A whistle will signal the next set of races so all tracks coincide with each other.

#### Starting time: 9:15am approx.

| Race 1 – Sprint - Dua, Darcie, Zinnia, Sofija, Sophia, Lexie, Isla,                             |
|---|
| Race 2 – Sprint – Daniel, Harvey, Mohammed, Zach, Finley, Edvards, Erik                         |
| Race 3 – Sprint - Dexter, Tommy, James, Max, Clark, Rui, Samuel, Ioane                          |
| Race 4 – Hurdles – Darcie, April, Isla, Zinnia,   |
| Race 5 – Hurdles – Daniel, James, Max, Finley, Billy, Mohammed, Zach, Edvards                   |
| Race 6 – Hurdles – Dua, Lexie, Sofija, Sophia,  |
| Race 7 – Hurdles – Dexter, Tommy, Ioane, Harvey, Rui, Clark, Bryce, Samuel, Jack                |
| Race 8 – Sack – Luke, Harvey, Ioane, Zach, Edvards  |
| Race 9 – Sack – Finley, Max, Mohammed, Bryce, Alexander   |
| Race 10 – Sack – Dua, Darcie, Zinnia, Sofija, Lexie, Isla,                                      |
| Race 11 – Sack – Billy, James, Rui, Clark, Daniel   |
| Race 12 - Space Hoppers – Dexter, Luke, Tommy, James, Ioane, Harvey, Jack, Edvards,<br>Augustas |
| Race 13 - Space Hoppers – Dua, Isla, Sophia, April  |
| Race 14 – Space Hoppers – Daniel, Max, Clark, Mohammed, Zach, Finley, Alexander, Samuel         |
| Race 15 - Space Hoppers – Darcie, Lexie, Sofija, Zinnia   |
|   |

Race 16 – Egg and Spoon – Dua, Darcie, April, Lexie, Isla, Sophia, Sofija, Zinnia,

Race 17 – Egg and Spoon – Daniel, Max, Ioane, Clark, Finley, Samuel

Race 18 – Egg and Spoon – Dexter / Luke, Harvey, James, Mohammed, Bryce, Edvards

That is the end of the Year 2 races. Please wait for the signal and then head over to the main track for the Key Stage and Best of the Best KS1 relay.

# <u>Relay – Reception and KS1</u>

#### Key Stage Relay:

Each house represented is made up of one Reception child, one Year 1 child and two children from Year 2.

| Willow (YR)   | Bronte (YR)  | Zuzanna (YR) | Max (YR)     |
|---------------|--------------|--------------|--------------|
| Lexie (Y1)    | Oscar B (Y1) | Ricco (Y1)   | Faye (Y1)    |
| Ioane (Y2)    | Sofia (Y2)   | Dua (Y2)     | Zinnia (Y2)  |
| Daniel G (Y2) | Rui (Y2)     | Zach (Y2)    | Edvards (Y2) |

#### Best of the Best Key Stage 1 Relay:

| Ezra Hu (Y1) | Ethan (YR)  | Alex M (Y1)  | Lukas (Y1)    |
|--------------|-------------|--------------|---------------|
| Daniel (Y2)  | Ayomi (Y1)  | Mohamed (Y2) | Samuel (Y2)   |
| April (Y2)   | Jake S (Y1) | Billy (Y2)   | Tommy (Y2)    |
| Max (Y2)     | Finley (Y2) | Clark (Y2)   | Augustas (Y2) |

Heats for this relay were carried out during PE lessons with all pupils taking part. The top four for each house, within each year group, then competed against each other and the top four are taking part in the relay today.

After this relay, please allow the pupils to exit the field before either then leaving the school site or moving back over to the individual tracks for KS2 to join you. Please do not call over your child(ren) or try to approach your child as this will cause the next section of the event to be late and will disrupt the routine which the children have practiced.

Once again, I want to thank you for your continued support and for your understanding.

#### Year 3

After each race, the pupils will then walk back up the track before the next race is started. There may be a short pause between sets of races whilst the track is set up and the pupils are sorted for their next race. A whistle will signal the next set of races so all tracks coincide with each other.

#### Starting time: 11:00am approx.

Race 1 – Sprint – Lincoln, Zachary, Adrian, Benjamin, Deo, Lucas, Charlie

Race 2 – Sprint – Sybil, Angel, Katie, Evie, Caydence, Ella,

Race 3 – Sprint – Phoebe, Lily, Poppy, Scarlett, Pixie, Ariana

Race 4 – Sprint – Jacob, Andrea, Reuben, Ocean, Finley, Sidney

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Race 5 – Shuttle Runs – Lincoln, Adrian, Benjamin, Finley, Lucas, Sidney

Race 6 – Shuttle Runs – Jacob, Andrea, Ocean, Deo, Charlie

Race 7 – Shuttle Runs – Sybil, Katie, Ariana, Phoebe, Evie, Lily, Scarlett, Caydence

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Race 8 - Hurdles – Marlowe, Jacob, Andrea, Adrian, Deo, Sidney, Reuben, Joshua, Alessio

Race 9 – Hurdles – Caydence, Evie, Lily, Scarlett, Ella,

Race 10 – Hurdles – Sybil, Katie, Poppy, Angel, Ariana, Phoebe

Race 11 – Hurdles – Lincoln, Zachary, Ocean, Benjamin, Finley, Lucas, Charlie, Brandon

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Race 12 – Long (boys) – Lincoln, Zachary, Andrea, Brandon, Reuben, Oliver, Adrian, Ocean, Benjamin, Finley, Lucas, Charlie, Jacob

Race 13 – Long (girls) – Ariana, Caydence, Phoebe, Evie, Sybil, Angel, Lily, Poppy, Scarlett, Pixie, Katie, Ella

The total distance for this race is 615m which is 585m shorter than the maximum distance of 1200m as set by England Athletics for this age group.

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Race 14 – Sack – Lincoln, Jacob, Marlowe, Brandon, Deo, Alessio, Sidney

Race 15 – Sack – Zachary, Andrea, Adrian, Joshua, Finley, Lucas

Race 16 – Sack – Katie, Phoebe, Ariana, Caydence, Lily, Poppy, Ella, Pixie

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That is the end of the Year 3 races. Please wait for the signal and then head over to the main track for the Key Stage and Best of the Best KS2 relay.

#### Year 4

After each race, the pupils will then walk back up the track before the next race is started. There may be a short pause between sets of races whilst the track is set up and the pupils are sorted for their next race. A whistle will signal the next set of races so all tracks coincide with each other.

#### Starting time: 11:00am approx.

Race 1 – Sack – Sofia, Miley, Dayna, Casey,

Race 2 – Sack – William B, Thomas, Jaxson, Alex, Josh, Jayden, Lukas, Leighton

Race 3 – Sack – Eden, Izzy, Amelia, Luize, Fola

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Race 4 – Hurdles – Jackson, William W, Oscar, Jayden, Jaxson, Filip, Archie, Alex

Race 5 – Hurdles – Miley, Julia, Izzy, Aizah, Amelia, Luize, Fola

Race 6 – Hurdles – Sienna, Dayna, Eden, Casey, Sofia

Race 7 – Hurdles – William B, Thomas, Josh, Maxwell, Kaelan, Saul, Marcel, Lukas, Leighton

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Race 8 – Long (girls) – Miley, Sienna, Dayna, Julia, Eden, Izzy, Casey, Luize

Race 9 – Long (boys) – Thomas, Jayden, Oscar, Josh, William B, Jaxson, Filip, Jackson, Lukas, Marcel, Leighton

The total distance for this race is 615m which is 985m shorter than the maximum distance of 1600m as set by England Athletics for this age group.

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Race 10 – Shuttle runs – Sofia, Sienna, Julia, Izzy, Casey, Aizah

Race 11 – Shuttle runs – Thomas, Oscar, Filip, Lukas, Leighton, William W

Race 12 – Shuttle runs – Miley, Dayna, Eden, Amelia, Fola

Race 13 – Shuttle runs - William B, Jackson, Jayden, Josh, Jaxson, Alex, Marcel

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Race 14 – Sprint – Marcel, William B, Leighton, Thomas, Lukas, Alex, Filip, Jackson

Race 15 – Sprint – Aizah, Fola, Luize, Amelia, Sofia

Race 16 – Sprint – William W, Maxwell, Jaxson, Archie, Jayden, Josh, Kaelan

Race 17 – Sprint – Miley, Sienna, Dayna, Casey, Izzy, Julia

That is the end of the Year 4 races. Please wait for the signal and then head over to the main track for the Key Stage and Best of the Best KS2 relay.

Year 5

After each race, the pupils will then walk back up the track before the next race is started. There may be a short pause between sets of races whilst the track is set up and the pupils are sorted for their next race. A whistle will signal the next set of races so all tracks coincide with each other.

Due to the number of girls compared to boys in Y5, there are some races where the girls will be split into three groups and the boys will remain together as one.

#### Starting time – 11:00am

Race 1 – Long (boys and Girls)

Due to the number of boys wanting to compete in this event, boys and girls will both run at the same time. The top three boys and the top three girls will be awarded with  $1^{st}$ ,  $2^{nd}$  and  $3^{rd}$  place.

Lauren, Siena, Harriett, Holly, Megan F, Isabella, Iris, Sophie, Florence, Lily

Gabrielius, Clayton, Joseph

The total distance for this race is 615m which is 1385m shorter than the maximum distance of 2000m as set by England Athletics for this age group.

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Race 2 – Sprint – Lily, Ezmie, Eliza-May, Harriett, Holly, Evie

Race 3 – Sprint – Lauren, Lucy, Sophia, Florence, Isabella, Lacey

Race 4 – Sprint – Megan F, Siena, Hanna, Megan P, Iris, Sophie

Race 5 – Sprint – Clayton, Joseph, Jan, Freddie, Harry, George, Jaiden, Daniel, Gabrielius

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Race 6 – Sack – Lily, Ezmie, Megan F, Siena, Holly, Isabella,

Race 7 – Sack – Eliza-May, Lucy, Harriett, Sophia, Elsie,

Race 8 – Sack – Lauren, Hanna, Evie, Sophie, Iris

Race 9 – Sack – Clayton, Joseph, Freddie, Harry, Daniel, Gabrielius,

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Race 10 – Shuttle runs – Megan F, Ezmie, Lily, Lauren, Megan P, Isabella, Sophie

Race 11 – Shuttle runs – Eliza-May, Siena, Harriett, Florence, Iris, Lacey,

Race 12 – Shuttle runs – Joseph, Freddie, Clayton, Jago, Harry, George, Jaiden, Daniel, Gabrielius

Race 13– Hurdles – Joseph, Clayton, Freddie, Harry, Gabrielius, Daniel

Race 14 – Hurdles – Megan F, Siena, Holly, Evie, Isabella, Iris, Megan P

Race 15 – Hurdles – Jan, Jaiden, George, Jago,

Race 16 – Hurdles – Lauren, Harriett, Florence, Sophie, Lacey, Sophia

Race 17 – Hurdles – Lily, Ezmie, Lucy, Eliza-may, Hanna, Elsie

That is the end of the Year 5 races. Please wait for the signal and then head over to the main track for the Key Stage and Best of the Best KS2 relay.

#### <u>Year 6</u>

All races within each discipline will run and then all pupils will return to the top of the track for the next set of races. This means there will be a slight break between sets of races whilst the track is set up and the pupils are sorted for their next race.

#### Starting time – 11:00am

Race 1 – Hurdles – Leiland, Charlie, Jim, Ethan, Mykyle, Jay Race 2 – Hurdles – Kamila, Leah F, Kate, Paris, Alina, Emily, Lily Race 3 – Hurdles – Temperance, Isabelle, Bethany, Nia, Lexi, Leah E Race 4 – Hurdles – Jack F, Enoch, Corey, Jack S, Jonah, Aleksander ..... Race 5 - Sack – Jack F, Charlie, Stanley, Oliver Race 6 – Sack – Kamila, Nia, Lily, Bethany, Paris Race 7 – Sack – Leiland, Enoch, Jim, Corey, Race 8 – Sack – Temperance, Isabelle, Alina, Leah F, Kate ..... Race 9 – Shuttle runs – Lily, Paris, Bethany, Nia Race 10 – Shuttle runs – Temperance, Isabelle, Leah F, Alina, Race 11 – Shuttle runs - Leiland, Jack F, Corey, Aleksander ..... Race 12 – Sprint – Lily, Emily, Lexi, Tallulah, Leah F, Alina, Bethany Race 13 – Sprint – Ethan, Enoch, Corey, Stanley, Jim, Mykyle, Jay Race 14 – Sprint – Jack F, Aleksander, Leiland, Oliver, Jonah, Jack S, Race 15 – Sprint – Temperance, Isabelle, Kate, Leah E, Paris, Nia ..... Race 16 – Long (girls) – Leah E, Lily, Paris, Leah F, Isabelle, Temperance, Lexie, Emily, Alina, Nia, Kate, Bethany, Tallulah, Kamila

Race 17 – Long (boys) – Jay, Charlie, Aleksander, Leiland, Corey

The total distance for this race is 615m which is 1885m shorter than the maximum distance of 2500m as set by England Athletics for this age group.

That is the end of the Year 6 races. Please wait for the signal and then head over to the main track for the Key Stage and Best of the Best KS2 relay.

# <u>Relay-KS2</u>

## Key Stage Relay:

Each house is represented by one pupil from each year group. These relays can be made up of any combination of girls and boys.

| Phoebe (Y3)    | Sybil (Y3)   | Ocean (Y3) | Charlie (Y3)  |
|----------------|--------------|------------|---------------|
| Miley (Y4)     | Jackson (Y4) | Izzy (Y4)  | Leighton (Y4) |
| Lauren (Y5)    | Jaiden (Y5)  | Holly (Y5) | Iris (Y5)     |
| Charlie C (Y6) | Leiland (Y5) | Leah F(Y6) | Isabelle (Y6) |

## Best of the Best Relay

| Andrea (Y3)    | Gabrielius (Y5) | Harriett (Y5) | Lucas (Y3)  |
|----------------|-----------------|---------------|-------------|
| William B (Y4) | Megan F (Y5)    | Sophia (Y5)   | Joseph (Y5) |
| Freddie (Y5)   | Mykyle (Y6)     | Jack S (Y6)   | Sophie (Y6  |
| Clayton (Y5)   | Lily (Y6)       | Corey (Y6)    | Alina (Y6)  |

Heats for this relay were carried out during PE lessons with all pupils taking part. The top four for each house, within each year group, then competed against each other and the top four are taking part in the relay today.

Reserves will be used if a pupil is absent or decides not to run.

After this relay, please allow the pupils to exit the field before leaving the school site via the Coniston Road gate. Please do not call over your child(ren) or try to approach your child as this will cause lunches to start late and will also disrupt the routine that the pupils have gotten used to and practiced.

I would like to thank everyone who has made today happen. Without the efforts of all the staff across school, today would not have been possible. Many have given up their own time or gone above and beyond. Thank you to Mr Johnson for ensuring the field was cut and for organising/marking out the field.

Thank you to those pupils who took on a leadership role, helping to transfer equipment, organising races and the like. A special mention to our Sports Ambassadors – Lily and Charlie (Y6) and our Deputy Sport Ambassadors – Lauren, Flo and Megan (Y5) who have supported various elements in the build up to today.

Finally, I want to thank everyone who came and supported the event today. It means a lot to many of the pupils and I know this is something that they have all been looking forward to.

Miss M Hodgkins

PE Lead