TUESDAY WEDNESDAY THURSDAY FRIDAY **MONDAY** 2023/2024 **WEEK ONE** Roast Gammon, Stuffing Fishfingers with Chips & A choice of Burger Spaghetti Bolognaise with Option one Tomato Pasta Roast Potatoes & Gravv Tomato Sauce (Beef & Bean or Garlic Bread () BUILD A BURGER Vegan) with Veg Wellington, Stuffing, Toppings and Cheesy Bean Pasty with Chef Mariam's Veggie Bolognaise with Option two Roast Potatoes & Gravy Potato Wedges Chips & Tomato Sauce Vegetable Couscous Garlic Bread 🥖 16/10/2023 13/11/2023 04/12/2023 Peas **Vegetables** Baked Beans Sweetcorn Carrots Broccoli Cauliflower Green Beans Peas Cabbage Mixed Vegetables Jam and Coconut Fruit Jelly A Freshly Chopped Fruit Oaty Cookie ____ Dessert Lemon Drizzle with Mandarins Medley A Sponge **WEEK TWO** CHICKEN Fishfingers with Chips & Chef Shilpa's Chicken Sausage Roll with Potato Option one Cheese and Tomato Pizza SHACK Tomato Sauce Korma with Rice Wedges with Pasta Salad A choice of BBQ or 11/09/2023 Cheese Omelette with Veggie Meatballs in Lemon & Herb Chicken Cheesy Swirl with New 02/10/2023 Mexican Bean Roll with Chips & Tomato Sauce Tomato Sauce with Rice Option two or Vegan Quorn, with **Potatoes** Potato Wedges 30/10/2023 Seasoned Potatoes and 20/11/2023 Green Beans Salads Baked Beans 11/12/2023 Peas Vegetables Sweetcorn Mixed Vegetables Carrots Peas Carrots **Baked Beans** Cauliflower Chocolate Drizzle Cake with Apple Crumble with Carrot Cake Vanilla Shortbread Chocolate Sauce Dessert Custard Fruit Medlev A Fishfingers or Salmon NEW WEEK THREE Sausages, Onions and Cowboy Casserole with Fishcake with Chips & Chicken and Bean Fajitas Option one A choice of Gravy with Roast Potatoes Mashed Potato (**) Tomato Sauce Tomato or Carbonara Veggie Sausages, Vegetable Fajitas BBQ Quorn Fillet with Pasta with Onions and Gravy with Option two Macaroni Cheese with Rice 🚕 Chips A Toppings Roast Potatoes Green Beans Vegetables Broccoli Sweetcorn Baked Beans Cabbage Sweetcorn Peas Mixed Vegetables Peas Carrots Chocolate Iced Sponge Melting Moment Fruit Platter Peach Upside Down Cake Dessert Orange Cookie **Biscuit** with Custard ALLERGY INFORMATION: MENU KEY Added Plant Power Wholemeal Vegan Chef's Special If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked Available Daily: - Freshly cooked jacket potatoes with a choice of fillings - tuna, baked beans, cheese-Bread freshly baked on site to complete a form to ensure we have the necessary information daily-Daily salad selection to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination

Autumn/Winter