



Aim High

Never Give Up

Follow Your Dream

Lead By Example

Dear Parent/Carer

NSPCC's *Speak out. Stay safe.* programme

I am pleased to inform you that we are participating in the **NSPCC's *Speak out. Stay safe. Programme*** this term. *Speak out. Stay safe.* is a programme for children aged 5-11 which aims to help children understand abuse in all its forms and to recognise the signs of abuse. Children are taught to speak out if they are worried, either to a safe adult or Childline.

This child friendly programme is aligned with the curriculum and consists of age appropriate virtual assemblies and supporting classroom based activities which we have reviewed, alongside NSPCC volunteer led face to face workshops for children aged 6-7 and 9-11. The content is delivered in an engaging and interactive way with the help of the NSPCC mascot Buddy. If you would like to know more about the *Speak out. Stay safe.* programme visit www.nspcc.org.uk/speakout.

From the week beginning 27th November, children will watch recorded NSPCC class assemblies with school adults who know them well to help them to understand and recognise signs of abuse.

Children in Reception and KS1 will watch this film in class assembly:
https://www.youtube.com/watch?v=gfY_xrSQNEk

Children in KS2 will watch this film in class assembly:
<https://www.youtube.com/watch?v=HRSJ0U3xWM4>

The children will then take part in NSPCC created lessons that will be delivered by school adults.

Following this on 12/12/2023, Year 2, 5 and 6 will receive a face to face workshop with an NSPCC volunteer.

The Year 2 workshop will cover:

- Introduction and recap (Buddy, recognising the different types of abuse)
- Recognising feelings (linking back to Sam's story which is part of the assembly)
- The readiness to tell (safe adults, Childline)
- Buddy Kit (includes safe adults, a puppet and a bookmark with Childline details.)

Parents/ Carers of Year 5 and 6 will receive a separate sheet summarising the workshop.



Feedback survey for pupils aged 7-11

The NSPCC would like to gather feedback from pupils aged between 7-11 about the *Speak out. Stay safe.* programme to gauge their learning. **This will be voluntary and children can still take part in the programme if they don't take part in the survey.**

- All survey questions are multiple choice and focussed on the programme.
- The survey is anonymous and confidential. However, if in the process of completing the survey, a teacher becomes concerned for a pupil's welfare (e.g., through something a pupil says) we will follow our school's safeguarding procedures.
- If you **do not** want your child to take part in the **survey**, sign the slip below and return it to your child's class teacher.
- If you have agreed that your child can take part in the survey but your child changes their mind on the day, that is also okay.

Additional NSPCC resources for families to help keep children safe

The NSPCC have shared some important information below on wider NSPCC resources and support to help keep children safe.

Parent/Carer support

Take a look at information, support, advice and activities from NSPCC for parent and carers.

www.nspcc.org.uk/parents

Activities to extend learning at home

Take part in games and activities at home to help children learn about speaking out and staying safe.

www.nspcc.org.uk/activities

Online Safety Hub

For information on a range of different online safety topics including gaming, social media, sharing images, parental controls and more.

www.nspcc.org.uk/onlinesafety

Childline – under 12's

Childline have an accessible website with advice, support, games and activities. Children can change the language, enlarge text and also listen to the content.

www.childline.org.uk/buddy (5-7)
www.childline.org.uk/kids (7-11)

Talk PANTS with your children

Talk PANTS is a simple conversation to help keep children safe from sexual abuse. From P through to S, each letter of PANTS provides simple but important messages. Download the free resources at www.nspcc.org.uk/pants.

I hope you find this information about the NSPCC and the *Speak out. Stay safe.* programme helpful. Please contact Mrs Cockerill via the School Office if you have any further questions.

Yours sincerely,

Mrs J. Cockerill
Deputy Headteacher

Mrs D. Reynolds
Headteacher

Parent/carer SURVEY withdrawal form for children aged 7-11 only

I do not consent to (*Name of pupil*) _____ participating in the completion of the NSPCC Pupil Survey following the delivery of the **Speak out. Stay safe.** Programme.

Signed (Parent/Carer) : _____ **Date:** _____

