Workshop for Y5 and 6/P6 and 7 – 1 hour

The workshop is delivered in each class.

Recap of assembly

- Recap of the Sack of Worries activity and trusted adults
- Recap of Childline key messages:
 - No problem is too big or too small.
 - What a child says to Childline stays with Childline - unless we are really worried or concerned about them.
 - It's free to call.
 - Open all day, every day.
 - The call won't show up on any bill.
- The children then do a short recap quiz with the following questions:
 - Is it ok, if a child is feeling sad, worried or unsafe, to tell a trusted adult?
 - Is it ok for a child to see or hear their parents or carers hurting each other?
 - Is it ok if a child does not have enough food to eat or clothes to keep us warm?
 - Is it ok for children to speak to Childline about anything, however big or small?
 - Is it ok for children to call other children names or do things that make them feel sad, worried or unsafe?
 - Is it ok for someone to make or ask a child to touch themselves or someone else on the private parts of their body?
- Children are reminded that they have the right to speak out and stay safe.
- Recap of children's rights.

Ok/Not Ok activity focussed on sexual abuse

- Children work in groups and are given 4 ambiguous statements. They must decide if the statements are ok, not ok, or in the middle. Once they have done this in groups the statements are discussed as a class. The statements are:
 - o Someone says that what is going on is a secret.
 - o Someone watches or touches a child, when the child doesn't want them to.
 - o A family member gives a child a kiss goodnight.
 - Someone shows or sends a child an inappropriate film or message. This could be face to face or online.
- The sexual abuse definition from the assembly is recapped. The voice over will read: Sexual Abuse: When a child is being made, asked, or rewarded for doing anything with their body that frightens or worries them - or being made to do this to somebody else. It can involve touching, kissing or being made to show private parts of the body, or being made to do this to another person. It can involve

being shown inappropriate films or pictures in books, magazines, on TV, mobiles phones or online. The private parts of the body are those covered by underwear.







Guy's Story activity focussed on neglect

- Children watch a short animation about a boy called Guy who is being neglected.
- They discuss how Guy might be feeling, what he might be thinking, how he might be behaving, and what he might be doing.
- Children watch the rest of the film in which Guy gets help.
- The neglect definition from the assembly is recapped. The voice over will read: Neglect: When a child is not looked after properly by their parent or carer. When a child doesn't get enough food, drink or the right kind of clothing. When a child is left on their own for too long.

*When a child is not looked after properly by their parent or carer. *When a child doesn't get enough food, drink or the right kind of clothing. *When a child is left on their own for too long.

Speak out. Stay safe. kit

- Each child is given a Speak out. Stay safe. kit in which they can record the people, places and things that make them feel happy and safe.
- The children can keep their kits somewhere safe and use them as a reminder of what they can do if they ever feel sad, worried or unsafe.
- The kit also includes a finger flexor and bookmark for the children to keep.
- The key messages are recapped.



