

# Norwood Primary School SEND NEWSLETTER Spring - 2024

SENCo — Mrs J Cockerill



With the Easter break coming up, you may be interested in activities and clubs for children with Special Educational Needs.

Vivacity have sessions throughout the Easter break covering activities such as sport, games, art, crafts, reading and writing. To find out more, please click the link <u>Vivacity</u>, <u>SEND short breaks and holiday clubs</u>

Other venues across Peterborough with SEND friendly sessions include:

Click on the links:

- Inflatanation <u>Inflatanation SEND friendly</u>
- Showcase Cinema <u>Showcase Autism friendly</u>
- Inspired Play Town <u>Inspiredplaytown</u>
- PlayTown SEND friendly sessions -

https://fis.peterborough.gov.uk/kb5/peterborough/direct ory/service.page?id=XeTkXof5GMI&familychannel=0

If your child also qualifies for Free School Meals, you can access the Holiday Activities and Food programme (HAF) for free by choosing a local HAF provider. HAF provides a free meal plus a variety of exciting activities for your child during the holidays.

Please click the link to contact your chosen HAF provider: <u>https://fis.peterborough.gov.uk/kb5/peterboro</u> ugh/directory/family.page?familychannel=2-8

If you know of any other provision that other families might be interested in, please let me know and I will share the details with our SEND families.

Jane Cockeríll



## Peterborough Guide

for Parent Carers of Children and Young People with Special Educational Needs and Disabilities (SEND) from birth to 25 years

Input from Family Voice and My Family, Our Needs. Please click on the link to access the guide <u>https://www.myfamilyourneeds.co.uk/publications/</u> There are a few paper copies in the school office foyer. Please pop in and pick one up.



10am to 6pm Online support including

- Benefits
- Help with bills
- Families with disabled children

Saturday and Sunday

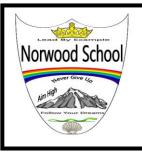
- Disability equipment
- Mental Health

https://www.scope.org.uk/advice-and-support/ Email: helpline@scope.org.uk.

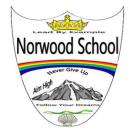
#### Information Hub



Information Hub (which used to be called the Local Offer) is a rich source of information for parent carers and children and young people with SEND. It has information on a wide range of useful topics. www.peterborough.gov.uk/localoffer



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Autism Central Peer Education Programme is a support programme for parents/carers and Personal Assistants of autistic children and people. Peer Educators have lived experience of autism, mostly with autistic children of their own. They undergo training to be able to support other parents/carers.

The Autism Central Peer Education Programme for East of England is accessed via the Essex County Council Hub.

This is an all age, free service - you do not need to have a diagnosis to access.

There are 3 elements:

**The Autism Central website**. <u>Click here</u> to find a broad range of information and guidance related to many topics.

**Online sessions** - drop-ins and themed sessions. The group sessions run weekly on Teams and can be booked directly from the website. <u>Click here</u>

**1:1** for more in-depth support. <u>Click here to</u> request support via a Teams or telephone call.

#### Resources

Read more about autism including topics such as diagnosis, sensory differences, stress and anxiety and its impact. https://www.autismcentral.org.uk/guidance/

understanding-autism

### Supporting health and wellbeing

https://www.autismcentral.org.uk/guidance/supp orting-health-and-wellbeing

#### Education

https://www.autismcentral.org.uk/guidance/navi gating-education

#### Contact details:

Mrs Jane Cockerill. SEND Co-ordinator (SENCo), Email: <u>senadmin@norwoodschool.co.uk</u> Phone: 01733 574717 to leave a message

### Norwood Primary School

Norwood Primary School website has a Family Support page which highlights a variety of services that families can access for support without requiring a referral from a professional. This can be found at <u>https://www.norwoodschool.co.uk/</u> Family Support or direct by clicking the link <u>Family Support</u>.

#### Links you may find useful

ADHD Information

https://adhdfoundation.org.uk/ National Autistic Society

https://www.autism.org.uk/

Autism - Behaviour Support https://www.autism.org.uk/advice-andguidance/topics/behaviour

**Autism** - In-depth advice and guidance about autism and the challenges autistic people and their families face.

https://www.autism.org.uk/advice-and-guidance

British Dyslexia Association

www.bdadyslexia.org.uk Dyspraxia Foundation

www.dyspraxiafoundation.org.uk

**Keep Your Head** – Keep your head signposts you to important online information and local services on mental health and wellbeing for children and young people.

https://www.keep-your-head.com/cyp

**Kooth** - The Kooth team provide free, safe and anonymous online support and counselling https://www.kooth.com/

**Young Mind** - Young Minds website contains a wealth of support for a range of mental health conditions <u>https://www.youngminds.org.uk/</u>

#### Last day of Spring Term – Thursday 28th March



Summer Term starts on Monday 15th April