Events and Courses

Cross Keys Homes

April 2024 – Look what's new this month!

<u>Free! Easter Family Fun Day</u> – Come along and take part in the egg hunt & nature trail, gardening, eco activities and more.

Friday April 5th, 2024 11am – 3pm

Westraven Community Garden, Hartwell Way, Westwood, PE3 7LX

No need to book, just come along on the day!

For more information follow Cross Keys Homes on Facebook https://www.facebook.com/crosskeyshomespeterborough/

<u>FREE! Get Into Gardening</u> – A two day into the basics of gardening for those aged 19+. Develop your skills and knowledge in horticulture and gardening on this to course with certificate You will need to bring ID with you. **Wednesday April 17**th & **Thursday April 18**th, **2024** – you must be available to attend both days. **9.30am** – **2.30pm**

Westraven Community Garden, Hartwell Way, Westwood, PE3 7LX

Pre-booking is essential, please complete the booking form on our website to book your place - https://www.crosskeyshomes.co.uk/get-a-qualification or email community@crosskeyshomes.co.uk or call 01733 396404



On-going sessions



FREE! Community Library — Pop in and pick up a book to take home to read or sit in the hub and read it with company.

Available Monday - Thursday during April

9.30am - 4pm

Westwood Community Hub, 31-35 Hampton Court, Westwood PE3 7JB.

No need to book, just pop in and get reading!

For more information follow Cross Keys Homes on Facebook -

https://www.facebook.com/crosskeyshomespeterborough/

<u>FREE! Weight management for Mental Health</u> - You'll join a programme of 12 weeks of face-to-face coaching, either online or in person to help you to make healthy food choices and increase your activity levels.

Every Monday during April – except Easter Monday 11.30am – 1.30pm

South Bretton Family & Community Centre, Tyesdale, Bretton, PE3 9XZ

To register your interest, complete the online form - https://www.crosskeyshomes.co.uk/health-and-wellbeing or email community@crosskeyshomes.co.uk or call 01733 396404 for more details and to book your place.



<u>FREE! Employment Support for Parents</u> – CKH Careers Club event promoting the business and accounting course with Anglian Professional Training. It's a Level 1 Qualification for 19+.

Third Monday of this month – April 15th, 2024 12.30pm – 2pm Family Voice, Goldhay Centre, 105 Paynels, PE2 5QP

Last Monday of every Month – April 29th, 2024 11am – 1pm Westwood Community Hub, 31-35 Hampton Court, Westwood, PE3 7JB

Pre-booking is essential, please complete the booking form on our website to book your place - https://www.crosskeyshomes.co.uk/finding-work or email community@crosskeyshomes.co.uk or call 01733 396404.





FREE! Careers Club — Weekly Employability support sessions with IT access and 121 support — Includes creating or updating your CV, job search, interview practice.

Monday April 8th, 2024 2.30pm – 4.30pm Hampton Library, Clayburn Road, PE7 8GL

Every Tuesday during April
9.30am – 11.30am
Orton Library, Bushfield, Ortongate, PE2 5RQ

Every Thursday during April

10am – 12pm

Westwood Community Hub, 31-35 Hampton Court, Westwood, PE3 7JB

Employment support is also available throughout the week, either over the phone, via email or a booked face to face appointment.

Pre-booking is essential, please complete the booking form on our website to book your place - https://www.crosskeyshomes.co.uk/finding-work or email community@crosskeyshomes.co.uk or call 01733 396404 to book your place.

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FREE! 1st **Bretton Rainbows session at South Bretton** – For girls aged 4-7 years, come along and join the fun at Rainbows.

Every Monday during April – Term time only 6pm – 7.15pm

South Bretton Family & Community Centre, Tyesdale, Bretton, PE3 9XZ

Register your interest by contacting susanelkins1985@gmail.com





FREE! Stay & Play Group – Run by Barnardo's Song, rhyme & story Time, Early language & literacy for children aged 0-5 years.

Every Tuesday during April 9.30am – 10.15am

WestRaven Community Café, Hampton Court, Westwood, PE3 9JA

Every Tuesday during April

11am – 12pm

South Bretton Family & Community Centre, Tyesdale, Bretton, PE3 9XZ

For more details call 01733 574038 or just come along on the day, no need to book.

<u>FREE! Barnardo's Young Parent Group</u> — Weekly drop-in support and play group for young parents and their children under 5 years of age, come along make friends and meet other young parents.

Every Tuesday during April

10am – 11.30am

Honeyhill Child & Family Centre, 150 Chadburn, Paston, PE4 7DH

Call 01733 574038 for more information.

Every Thursday during March 1pm – 2.30pm

Orton Children & Family Centre, 74 Herlington, Orton Malborne, PE2 5PW

Call 01733 391652 for more information.

More details about the sessions being delivered by Barnardo's can be found herehttps://www.haypeterborough.co.uk/activities/barnardos-child-and-family-centres/



<u>Little Bears, Stay and Play</u> – Cambridgeshire child and family centre run all round stay and play session with messy play, construction and crafts, suitable for 0-5 year olds. Costs £2 per session, concessions available

Every Tuesday during April

10am - 11.30am

Judiths Field Pavilion, London Road, Godmanchester, PE29 2WB

Call 01480 372700 or email <u>childandfamily.hunts@cambridgsehire.gov.uk</u> for more details.

FREE! Learn My Way — Basic IT introduction course for beginners — learn how to stay safe online and use the internet.

Every Wednesday during April

10am - 12pm

Westwood Community Hub, 31-35 Hampton Court, Westwood PE3 7JB.

Pre-booking is essential, please complete the booking form on our website to book your place - https://www.crosskeyshomes.co.uk/learn-computer-skills or email community@crosskeyshomes.co.uk or call 01733 396404 to book your place

For more information follow Cross Keys Homes on Facebook -

https://www.facebook.com/crosskeyshomespeterborough/

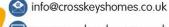
<u>FREE! Functional Skills</u> — Having a good level of English and Maths skills are important in all areas of your life. Improving them will help you gain employment, gain access to further education, and support other family members with their own learning. We are offering FREE access to the BKSB portal so that you can learn, improve and gain a national recognised qualification in Functional Skills English and Maths

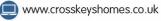
Every Wednesday during April

10am - 12pm

Westwood Community Hub, 31-35 Hampton Court, Westwood, PE3 7JB

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FREE! Gardening for your Mental Health - Get involved in gardening in our peaceful wellbeing garden. Improve green spaces, learn to share food growing skills, improve mental and physical health by being outdoors, learn new gardening skills.

Every Wednesday during April 10am – 3pm

Olive Road Wellbeing Garden, Dogsthorpe, PE1 4PT

To register your interest, complete the booking form on our website to book your place - https://www.crosskeyshomes.co.uk/garden or email community@crosskeyshomes.co.uk call 01733 396404 for more details

For more information follow Cross Keys Homes on Facebook https://www.facebook.com/crosskeyshomespeterborough/

FREE! South Bretton Youth Club – Provided by Families First. Aimed at those aged 12-19 years old, with activities including cooking, crafts, games, table tennis and much more!

Every Wednesday during April - term time only 6pm - 7.30pm

South Bretton Family & Community Centre, Tyesdale, Bretton, PE3 9XZ

Please contact Cherry Lester on 07851 424925 for further information or visit www.facebook.com/familiesfirstpeterborough





FREE! Falls Prevention Sessions – Delivered by Healthy You, running a Falls prevention 121 and group advise sessions, aimed at those over 65 years of age.

Every Thursday during April 9.30am – 3pm

South Bretton Family & Community Centre, Tyesdale, Bretton, PE3 9XZ

To register your interest, complete the online form - https://www.crosskeyshomes.co.uk/health-and-wellbeing or email community@crosskeyshomes.co.uk or call 01733 396404 for more details and to book your place.

For more information follow Cross Keys Homes on Facebook https://www.facebook.com/crosskeyshomespeterborough/

FREE! Friendship & Games Club – Friendly club for conversation, games, and friendship. Meet new people. There will be free tea, coffee, and cakes, plus loads of board games.

Every Thursday during April

10am - 12pm

WestRaven Community Café, Hampton Court, Westwood, PE3 7JA

No need to book, just come along and join in!



FREE! Brownies session at South Bretton – For girls aged 7-10 years, come along and join Brownies. You can be creative, active, learn new skills make new friends, have adventures and have lots of fun.

Every Thursday during April – Term time only 6pm – 7.30pm

South Bretton Family & Community Centre, Tyesdale, Bretton, PE3 9XZ

Register your interest by visiting www.girlguiding.org.uk/joinus or call 0800 169 5901

FREE! Men Together Group – If you enjoy fixing and making things in the company of others, come along and join us. Many come just for the tea and banter, and men of any skill/experience over the age of 18 are welcome.

Every Friday during April 12.30pm – 2.30pm

South Bretton Family & Community Centre, Tyesdale, Bretton, PE3 9XZ

Pre-booking is essential, to book your place complete the booking form on our website https://www.crosskeyshomes.co.uk/mental-health or email community@crosskeyshomes.co.uk or call 01733 396404.