



Head Teacher: Mrs D Reynolds - BSc Hons QTS NPQH

Aim High

Never Give Up

Follow Your Dream

Lead By Example

Tuesday 9th July 2024

Dear Year 4 Parents/Carers

As part of our PSHE learning, in class we have spoken about growing up and how our body changes as we develop into an adult. After this lesson I enabled all pupils to write down and ask questions anonymously if they so wished. Having now looked through the questions, there are many girls who have mentioned periods, wondering what they are, if they will hurt, what they are for and so on.

In previous years I have done an additional lesson with the girls only to address these questions. When I shared that this has previously been the case, many of the girls asked for the same to happen this year. I am happy to do another session with only the girls to address these questions and to help put their mind at ease but as it is not in the Year 4 Curriculum, I need parental permission to do so.

I am willing to do this talk with them on Tuesday 16th July 2024 in the afternoon. If you would like for your daughter to be part of this, please return the reply slip by **9.00am on Tuesday 16th July 2024**. If I do not receive a reply, then your child will not take part in the session.

If you have any questions about this, then please come and speak to a member of the Year 4 team.

Kind regards

Miss M Hodgkins
Year 4 Teacher

Mrs D Reynolds
Head Teacher

Year 4 Girls Only-Period Talk Session-Tuesday 16th July 2024

Child's name: _____

I give permission for my daughter to be part of the talk on Tuesday 16th July 2024.

Signed: _____ Parent/Carer Date: _____