

COURSES FOR PARENTS

Webster-Stratton

For parents of 5-11s, focusing on bonding with your child(ren)

Once a week for 10 weeks, starting:

-  **Thursday 19 September**
-  9.30-11.30am
-  Gladstone Child & Family Zone

Stepping Stones

For parents of 2-11s with SEND, focusing on effective parenting skills and problem-solving

Once a week for 10 weeks, starting:

-  **Tuesday 24 September**
-  9.30-11.30am
-  Westwood Community Hub

Triple P Teen

For parents of 11-16s, helping you support your teenager effectively

Once a week for 6 weeks, starting:

-  **Thursday 7 November**
-  10-11.30am
-  Westwood Community Hub

Free

Book your place now

Email parenting@peterborough.gov.uk to sign up to a course.

Peterborough
Family Hubs 