

Events and Courses



October 2024 –

Look what's new this month!

Please note, all our activities are FREE, and are open to all (even if you are not a CKH resident) unless otherwise stated.

First Aid at Work – Join us for a nationally recognised 1-day Emergency First Aid a Work course.

Tuesday 1st October 2024

9.30am – 4.30pm

Westwood Community Hub, 31-35 Hampton Court, Westwood, PE3 7JB

Pre-booking is essential, please complete the booking form on our website to book your place - <https://www.crosskeyshomes.co.uk/get-a-qualification> or email community@crosskeyshomes.co.uk or call 01733 396404.

For more information follow Cross Keys Homes on Facebook -

Apple Pressing – Make some delicious super-fresh apple juice using apples from the orchard!

Saturday 5th October 2024.

10am – 12pm or 1pm – 3pm

WestRaven Community Garden, Hartwell Way, PE3 7LX

Book your place via our website - <https://www.westraven.co.uk/events-eventbrite>

For more information follow Cross Keys Homes on Facebook - <https://www.facebook.com/crosskeyshomespeterborough/>

Stop Smoking Support - Stop smoking clinic you can access a free vape with e liquid and ongoing support (12 weeks), face to face and telephone. Referral only.

Every Monday during October 2024

9.30am – 12.30pm

Westwood Community Hub, 31-35 Hampton Court, Westwood, PE3 7JB

To register your interest to be referred, complete the online form - <https://www.crosskeyshomes.co.uk/health-and-wellbeing>

For more information follow Cross Keys Homes on Facebook - <https://www.facebook.com/crosskeyshomespeterborough/>

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Lip Reading Class – Delivered by Cambridgeshire Deaf Association. Come along and join us to learn how to lip read.

Started Tuesday 24th September - Tuesday 3rd December 2024 – term time only

12.30pm – 3pm

South Bretton Family & Community Centre, Tyesdale, Bretton, PE3 9XZ

To book your place email riley.astrup@camsdeaf.org or call 01223 416141

Smart Money - With Household budgets feeling the pinch this course is designed to give you the skills to budget and manage your finances.

Tuesday 8th October 2024

1pm – 3pm

Westwood Community Hub, 31-35 Hampton Court, Westwood, PE3 7JB

To register your interest, email community@crosskeyshomes.co.uk or call 01733 396404 for more details and to book your place.

For more information follow Cross Keys Homes on Facebook - <https://www.facebook.com/crosskeyshomespeterborough/>

Promote yourself to Ace the Job – Do you struggle to really sell yourself either in job applications or interviews, if so join us to explore what you're really good at, feel more confident about yourself and how to sell yourself to employers.

Thursday 10th October 2024

10am – 11am

Westwood Community Hub, 31-35 Hampton Court, Westwood, PE3 7JB

To register your interest, complete the online form for your preferred session - <https://www.crosskeyshomes.co.uk/finding-work> or email community@crosskeyshomes.co.uk or call 01733 396404 for more details and to book your place.

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Get Ready for Work – WEA supporting people to get ready for work. The course is FREE if you are on benefits or low wage.

Friday 11th, 18th & 25th October 2024

10am – 2pm

Westwood Community Hub, 31-35 Hampton Court, Westwood, PE3 7JB

To book your place and for more information contact asleight@wea.ac.uk or gmiller@wea.ac.uk

To find out more visit www.thewea.info/findmycourse or call 0113 002194

Making Space - A build-up of items in the home, difficulty parting with items and hoarding can affect health, wellbeing and lifestyle. It also poses a significant risk of fire and illness. Our support group is a non-judgmental, confidential and supportive, giving advice and practical solutions for anyone who has difficulty parting with possessions.

Starting Monday 14th October 2024

1pm – 3pm

Westwood Community Hub, 31-35 Hampton Court, Westwood, PE3 7JB

Pre-booking is essential, to book your place complete the booking form on our website <https://www.crosskeyshomes.co.uk/mental-health> or email community@crosskeyshomes.co.uk or call 01733 396404.

For more information follow Cross Keys Homes on Facebook - <https://www.facebook.com/crosskeyshomespeterborough/>

Pumpkin Seeds & Pumpkin Soup – Celebrate the mighty pumpkin and experience cooking outside with fruit and vegetables, picked fresh from the garden.

Thursday 17th October 2024.

11am – 1.30pm

WestRaven Community Garden, Hartwell Way, PE3 7LX

Book your place via our website - <https://www.westraven.co.uk/events-eventbrite>

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Stress Less – The course will cover, understanding where stress and anxiety originate, learn about the physiological effects of anxiety, learn how to manage anxiety for interviews, learn how to improve confidence.

Wednesday 23rd October 2024

10am – 12pm

Westwood Community Hub, 31-35 Hampton Court, Westwood PE3 7JB.

To register your interest, email community@crosskeyshomes.co.uk or call 01733 396404 for more details and to book your place.

For more information follow Cross Keys Homes on Facebook - <https://www.facebook.com/crosskeyshomespeterborough/>

Employment Support for Parents – If you are a parent and looking to return to work or upskill, we can help you. Our sessions will give you everything you need to find and apply for work and succeed in interviews

Last Monday of every Month – 28th October 2024

11am – 1pm

Westwood Community Hub, 31-35 Hampton Court, Westwood, PE3 7JB

To register your interest, complete the online form for your preferred session - <https://www.crosskeyshomes.co.uk/finding-work> or email community@crosskeyshomes.co.uk or call 01733 396404 for more details and to book your place.

For more information follow Cross Keys Homes on Facebook - <https://www.facebook.com/crosskeyshomespeterborough/>



Pick a Pumpkin – Pumpkin Carving and decorating, arts and crafts, homemade pumpkin soup, fancy dress competition and sweet treats, £2 per child

Wednesday 30th October 2024

10.30am – 12pm or 1pm - 2.30pm

WestRaven Community Garden, Hartwell Way, PE3 7LX

Book your place via our website - <https://www.westraven.co.uk/events-eventbrite>

For more information follow Cross Keys Homes on Facebook -

<https://www.facebook.com/crosskeyshomespeterborough/>

Halloween Event – Joins us for a Hauntingly fun time at our Wellbeing Garden, activities include paint a wooden pumpkin, make your own spooky lantern and more ghostly activities.

Thursday 31st October 2024

1pm – 4pm

Olive Road Wellbeing Garden, Dogsthorpe, PE1 4PT

To register your interest, email community@crosskeyshomes.co.uk or call 01733 396404 for more details and to book your place.

For more information follow Cross Keys Homes on Facebook -

<https://www.facebook.com/crosskeyshomespeterborough/>

Halloween Party – Cost £2 per child - Kids disco with food included. Fancy dress optional

Thursday 31st October 2024

4pm – 6pm

Westraven Community Café, 24-28 Hampton Court, Westwood PE3 7JA

Booking is essential, either pop into the Café to buy a ticket or give them a call to book your place on 01733 330040

 info@crosskeyshomes.co.uk

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On-going sessions

Community Library – Pop in and pick up a book to take home to read or sit in the hub and read it with company.

Available Monday - Thursday during October

9.30am – 4pm

Westwood Community Hub, 31-35 Hampton Court, Westwood PE3 7JB.

No need to book, just pop in and get reading!

For more information follow Cross Keys Homes on Facebook -

<https://www.facebook.com/crosskeyshomespeterborough/>

Weight management for Mental Health - You'll join a programme of 12 weeks of face-to-face coaching, either online or in person to help you to make healthy food choices and increase your activity levels.

Available every Monday during October

11.30am – 1.30pm

South Bretton Family & Community Centre, Tyesdale, Bretton, PE3 9XZ

To register your interest, complete the online form -

<https://www.crosskeyshomes.co.uk/health-and-wellbeing> or email

community@crosskeyshomes.co.uk or call 01733 396404 for more details and to book your place.

For more information follow Cross Keys Homes on Facebook -

https://www.facebook.com/crosskeyshomespeterborough

1st Bretton Rainbows session at South Bretton – For girls aged 4-7 years, come along and join the fun at Rainbows.

Available every Monday during October – Term time only

6pm – 7.15pm

South Bretton Family & Community Centre, Tyesdale, Bretton, PE3 9XZ

Register your interest by contacting susanelkins1985@gmail.com

 info@crosskeyshomes.co.uk

 www.crosskeyshomes.co.uk

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Careers Club – Weekly Employability support sessions with IT access and 121 support – Includes creating or updating your CV, job search, interview practice.

Monday 14th October 2024

2.30pm – 4.30pm

Hampton Library, Clayburn Road, PE7 8GL

****NEW SESSION****

Monday 21st October 2024

10.30am – 12.30pm

Bretton Library, The Cresset, PE3 8DS

Every Tuesday during October

9.30am – 11.30am

Orton Library, Bushfield, Ortongate, PE2 5RQ

Every Thursday during October

10am – 12pm

Westwood Community Hub, 31-35 Hampton Court, Westwood, PE3 7JB

Employment support is also available throughout the week, either over the phone, via email or a booked face to face appointment.

Pre-booking is essential, please complete the booking form on our website to book your place - <https://www.crosskeyshomes.co.uk/finding-work> or email community@crosskeyshomes.co.uk or call 01733 396404 to book your place.

For more information follow Cross Keys Homes on Facebook -



Song, Rhyme & Story Time – Run by Barnardo’s Song, rhyme & story Time, Early language & literacy for children aged 0-5 years.

Every Tuesday during October

9.30am – 10.15am

WestRaven Community Café, Hampton Court, Westwood, PE3 9JA & WestRaven Community Garden, Hartwell Way, Westwood PE3 7LX

Every Tuesday during October

11am – 12pm

South Bretton Family & Community Centre, Tyesdale, Bretton, PE3 9XZ

For more details call 01733 574038 or just come along on the day, no need to book.

Barnardo’s Young Parent Group – Weekly drop-in support and play group for young parents and their children under 5 years of age, come along make friends and meet other young parents.

Every Tuesday during October

10am – 11.30am

Honeyhill Child & Family Centre, 150 Chadburn, Paston, PE4 7DH

Call 01733 574038 for more information.

Every Thursday during October

1pm – 2.30pm

Orton Children & Family Centre, 74 Herlington, Orton Malborne, PE2 5PW

Call 01733 391652 for more information.

More details about the sessions being delivered by Barnardo’s can be found here- <https://www.haypeterborough.co.uk/activities/barnardos-child-and-family-centres/>

Little Bears, Stay and Play – Cambridgeshire child and family centre run all round stay and play session with messy play, construction and crafts, suitable for 0-5 year olds. Costs £2 per session, concessions available

Every Tuesday during October

10am – 11.30am

Judiths Field Pavilion, London Road, Godmanchester, PE29 2WB

Call 01480 372700 or email childandfamily.hunts@cambridgeshire.gov.uk for more details.

 info@crosskeyshomes.co.uk

 www.crosskeyshomes.co.uk

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Learn My Way – Basic IT introduction course for beginners – learn how to stay safe online and use the internet.

Every Wednesday during October
10am – 12pm or 1pm – 3pm

Westwood Community Hub, 31-35 Hampton Court, Westwood PE3 7JB.

Pre-booking is essential, please complete the booking form on our website to book your place - <https://www.crosskeyshomes.co.uk/learn-computer-skills> or email community@crosskeyshomes.co.uk or call 01733 396404 to book your place

For more information follow Cross Keys Homes on Facebook - <https://www.facebook.com/crosskeyshomespeterborough/>

Food Hygiene – Gain a Level 1 Food Hygiene Qualification for anyone wanting to work in catering or a kitchen. Can progress to the Level 2

Every Wednesday during October
10am – 12pm

Westwood Community Hub, 31-35 Hampton Court, Westwood PE3 7JB.

Pre-booking is essential, please complete the booking form on our website to book your place - <https://www.crosskeyshomes.co.uk/get-a-qualification> or email community@crosskeyshomes.co.uk or call 01733 396404 to book your place

For more information follow Cross Keys Homes on Facebook - <https://www.facebook.com/crosskeyshomespeterborough/>



Functional Skills – Having a good level of English and Maths skills are important in all areas of your life. Improving them will help you gain employment, gain access to further education, and support other family members with their own learning. We are offering FREE access to the BKS portal so that you can learn, improve and gain a national recognised qualification in Functional Skills English and Maths

Every Wednesday during October

10am – 12pm

Westwood Community Hub, 31-35 Hampton Court, Westwood, PE3 7JB

Pre-booking is essential, please complete the booking form on our website to book your place - <https://www.crosskeyshomes.co.uk/get-a-qualification> or email community@crosskeyshomes.co.uk or call 01733 396404.

For more information follow Cross Keys Homes on Facebook - <https://www.facebook.com/crosskeyshomespeterborough/>

Gardening for your Mental Health - Get involved with building a community garden. There are always various jobs to do from watering plants to digging over ground. Meet new people, share experiences, learn new skills in a safe environment.

Every Wednesday during October - subject to change.

10am – 3pm

Olive Road Wellbeing Garden, Dogsthorpe, PE1 4PT

To register your interest, complete the booking form on our website to book your place - <https://www.crosskeyshomes.co.uk/garden> or email community@crosskeyshomes.co.uk call 01733 396404 for more details

For more information follow Cross Keys Homes on Facebook - <https://www.facebook.com/crosskeyshomespeterborough/>



South Bretton Youth Club – Provided by Families First. Aimed at those aged 12-19 years old, with activities including cooking, crafts, games, table tennis and much more!

Every Wednesday during October - Term time only

6pm – 7.30pm

South Bretton Family & Community Centre, Tyesdale, Bretton, PE3 9XZ

Please contact Cherry Lester on 07851 424925 for further information or visit www.facebook.com/familiesfirstpeterborough

*For more information follow Cross Keys Homes on Facebook.
<https://www.facebook.com/crosskeyshomespeterborough/>*

WestRaven Little Wanderers – Outdoor play session where children can explore, grow, play and learn new skills, £3.50 per session per child. Aimed at children from crawling to 5 years.

Every Thursday during October – Term time only

9.30am – 11am

WestRaven Community Garden, Hartwell Way, PE3 7LX

Book your place email – danielle.parkin@crosskeyshomes.co.uk

*For more information follow Cross Keys Homes on Facebook -
<https://www.facebook.com/crosskeyshomespeterborough/>*

Little Feet – Parent and toddler dance class, £2 a session. Aimed at children 0-6 years

Every Thursday during October – Term time only

9.45am – 10.15am

Westraven Community Café, 24-28 Hampton Court, Westwood PE3 7JA

Book your place email – danielle.parkin@crosskeyshomes.co.uk

*For more information follow Cross Keys Homes on Facebook -
<https://www.facebook.com/crosskeyshomespeterborough/>*



Falls Prevention Sessions – Delivered by Healthy You, running a Falls prevention 121 and group advise sessions, aimed at those over 65 years of age.

Every Thursday during October

9.30am – 3pm

South Bretton Family & Community Centre, Tyesdale, Bretton, PE3 9XZ

To register your interest, complete the online form -

<https://www.crosskeyshomes.co.uk/health-and-wellbeing> or email

community@crosskeyshomes.co.uk or call 01733 396404 for more details and to book your place.

For more information follow Cross Keys Homes on Facebook -

<https://www.facebook.com/crosskeyshomespeterborough/>

Friendship & Games Club – Friendly club for conversation, games, and friendship. Meet new people. There will be free tea, coffee, and cakes, plus loads of board games.

Every Thursday during October

10am – 12pm

WestRaven Community Café, Hampton Court, Westwood, PE3 7JA

No need to book, just come along and join in!

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Young Persons Drop-in Session – Are you a young adult who has recently left the care System? If so, you can access courses around employment, get help with budgeting, access housing support. Free meal and drink.

Every Thursday during October

12pm – 4pm

Westwood Community Hub, 31-35 Hampton Court, Westwood, PE3 7JB

To register your interest, complete the online form for your preferred session -

<https://www.crosskeyshomes.co.uk/young-people> or email

community@crosskeyshomes.co.uk or call 01733 396404 for more details and to book your place.

For more information follow Cross Keys Homes on Facebook -

<https://www.facebook.com/crosskeyshomespeterborough/>

Brownies session at South Bretton – For girls aged 7-10 years, come along and join Brownies. You can be creative, active, learn new skills make new friends, have adventures and have lots of fun.

Every Thursday during October – Term time only

6pm – 7.30pm

South Bretton Family & Community Centre, Tyesdale, Bretton, PE3 9XZ

Register your interest by visiting www.girlguiding.org.uk/joinus or call 0800 169 5901

 info@crosskeyshomes.co.uk

 www.crosskeyshomes.co.uk

 [CrossKeysHomesPeterborough](https://www.facebook.com/CrossKeysHomesPeterborough)

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Men Together Group – If you enjoy fixing and making things in the company of others, come along and join us. Many come just for the tea and banter, and men of any skill/experience over the age of 18 are welcome.

Every Friday during October

12.30pm – 2.30pm

South Bretton Family & Community Centre, Tyesdale, Bretton, PE3 9XZ

Pre-booking is essential, to book your place complete the booking form on our website

<https://www.crosskeyshomes.co.uk/mental-health> or email community@crosskeyshomes.co.uk or call 01733 396404.

For more information follow Cross Keys Homes on Facebook -

<https://www.facebook.com/crosskeyshomespeterborough/>

Community Cooking Club – Community cooking club with coffee and cake to share recipes and cooking tips.

Every Friday during October

2pm – 3pm

Free Cooking class on the first Friday of every month

Friday 4th October 2024

10am – 3pm

Westraven Community Café, 24-28 Hampton Court, Westwood PE3 7JA

Booking is essential, either pop into the Café or give them a call to book your place on 01733 330040