



Head Teacher: Mrs D Reynolds - BSc Hons QTS NPQH

Aim High

Never Give Up

Follow Your Dream

Lead By Example

Tuesday 5th November 2024

Dear Parents/Carers,

With the age of girls starting puberty and their periods getting earlier and earlier, Years 4, 5 and 6 have been given a purple bag which includes sanitary products for the girls to access when needed. This will hang in the girls' bathroom.

In Year 4, the curriculum does not delve into periods however every year I seek parental permission to talk to the girls about this as it is often a topic which comes up later in the year as part of our Safety and the Changing Body unit, when we talk about puberty and how our bodies change. Every time this talk has been delivered, the girls have come away feeling a lot more confident and at ease. They are given the chance to ask questions anonymously and these will be answered if it is appropriate for me to do so.

We do not delve into sexual intercourse, just about the facts regarding periods, why they happen, what to expect, what do to in this situation and this year, I will also introduce the girls to the purple bag. Usually, I would not carry out this talk this early in the year however with the introduction of the purple bag, I feel that now is the most appropriate time.

As previously mentioned, in order for your child to take part in this talk, parental consent is needed. The talk will be carried out on **Thursday 14th November 2024**. This talk will be with the girls only.

Please complete the reply slip below to either give permission or withdraw your child from this session by Wednesday 13th November 2024. If your child is not involved in the discussion, they will leave the room with the boys but the purple bag will still be available to them after this point.

If you have any questions, please speak to a member of the Year 4 Team.

Kind regards

Miss M Hodgkins
Year 4 Teacher

Mrs D Reynolds
Head Teacher

Year 4 Girls Only-Period Talk Session-Thursday 14th November 2024

Child's name: _____

I give / do not give my child permission to be part of the period talk on Thursday 14th November 2024. I understand that even if I do not allow my child to take part, she will still have access to the purple bag after this point.

Signed: _____ Parent/Carer Date: _____