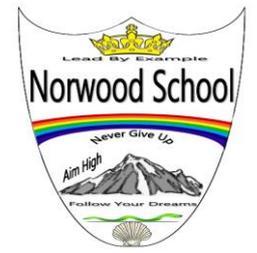


Norwood Primary School

SEND NEWSLETTER

Summer - 2024

SENCo — Mrs J Cockerill



Welcome to our Summer newsletter.

I can't believe another year has gone by so quickly!

Thank you for all of your support in helping us to meet your child's needs.

I am amazed at how far they have come in terms of their development across the curriculum.

I know that transition to a new year group can be challenging and settling into new routines difficult for some children.

All children are experiencing 3 sessions in their new classrooms with their current adults before the official 'move up' day on 12th July when children will meet their new teachers and teaching assistants. Parents/carers will be informed of these in a letter that accompanies the children's report.

If your child has any difficulties with transition to their new year group, please make contact so that we can solve problems quickly.

I hope you all have a lovely Summer with your families.

Jane Cockerill



Information Hub



Information Hub (which used to be called the Local Offer) is a rich source of information for parent carers and children and young people with SEND. It has information on a wide range of useful topics.

www.peterborough.gov.uk/localoffer

What is Dyspraxia

Developmental co-ordination disorder (DCD), also known as dyspraxia. Dyspraxia affects motor skills and physical coordination. Dyspraxia is more than just about being a little bit clumsy.

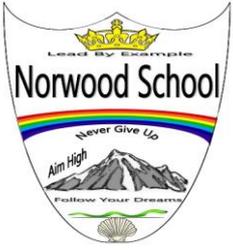
Poor coordination, reduced balance and timing, poor handwriting and fine motor are the more obvious signs. Individuals can also experience challenges with memory, focus, planning and completing tasks.



What doesn't work so well:

- ☹️ I struggle to get dressed.
- ☹️ I find it hard to work out how to do buttons.
- ☹️ I find it hard to tie my shoe laces.
- ☹️ I struggle to squeeze toothpaste onto the brush.
- ☹️ I find it hard to draw and colour.
- ☹️ I struggle to hold a pencil and write.
- ☹️ I find it hard to build blocks.
- ☹️ I struggle to use scissors.
- ☹️ I keep losing things.
- ☹️ I find it hard to get to places on time.
- ☹️ I am not sure of my left or right.
- ☹️ I find it hard to balance on a bike.
- ☹️ I find it hard to balance on my roller skates.
- ☹️ I like to watch others play as I know I will probably fall over or drop the ball.
- ☹️ I lack coordination.
- ☹️ I find it hard to run and play with my friends.
- ☹️ I struggle to hop and jump.
- ☹️ I get frustrated when I can't complete tasks.
- ☹️ I can get very anxious and nervous.
- ☹️ I find it difficult to follow directions that need two or three steps.

Please talk to your child's class teacher if you think your child has dyspraxia difficulties.

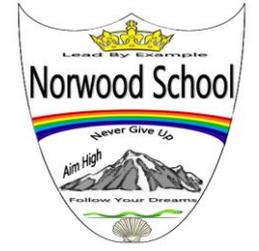


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Daniel Radcliffe is a very successful actor and has been diagnosed with Dyspraxia. He started playing Harry Potter at the age of 12 and was in all of the Harry Potter film series.



He always struggled with simple tasks like tying his shoelaces or writing notes, riding a bike and swimming. He said: "I was having a hard time at school, in terms of being rubbish at everything." To help him overcome his challenges, his Mum enrolled him in acting classes. Talking about his Dyspraxia he said "Do not let it stop you, The fact that some things are more of a struggle will only make you more determined, harder working, in finding solutions."

Dyspraxia - Links you may find useful



<https://www.brighthouse.co.uk/16-ways-to-help-my-child-with-dyspraxia/>



<https://www.griffinot.com/how-to-help-children-with-dyspraxia/>



<https://www.nhs.uk/conditions/developmental-coordination-disorder-dyspraxia/>

Dyspraxia – How I like to be helped.

-  I like to practise a task.
-  I like to be shown the task rather than be told.
-  I like short instructions.
-  I like tasks broken down into small sections.
-  I like Velcro fastenings.
-  I like to be reminded of what I need to do and when.
-  I need advance notice of changes to my routine.
-  I like to practise throw and catch with slow moving objects like balloons.
-  I need lots of reassurance.
-  I like praise of a job done well.

Mental Health - Links you may find useful

Cambridgeshire & Peterborough C&YP Mental Health

Keep Your Head

Keep Your Head – Keep your head signposts you to important online information and local services on mental health and wellbeing for children and young people.

<https://www.keep-your-head.com/cyp>

YOUNGMINDS

Young Mind - Young Minds website contains a wealth of support for a range of mental health conditions. <https://www.youngminds.org.uk/> Supporting your child with anxiety.

<https://www.youngminds.org.uk/parent/parents-a-z-mental-health-guide/anxiety/>

Contact details:

Mrs Jane Cockerill. SEND Co-ordinator (SENCo),
Email: senadmin@norwoodschool.co.uk
Phone: 01733 574717 to leave a message.

Last day of Summer Term – Friday 19th July



Autumn Term starts on Thursday 5th September