

# Events and Courses



## December 2024 – Look what's new this month!

Please note, all our activities are FREE, and are open to all (even if you are not a CKH resident) unless otherwise stated.

**Smart Money** - With Household budgets feeling the pinch this course is designed to give you the skills to budget and manage your finances.

**Tuesday 10th December 2024**

**1pm – 3pm**

**South Bretton Family & Community Centre, Tyesdale, Bretton, PE3 9XZ**

*To register your interest, email [community@crosskeyshomes.co.uk](mailto:community@crosskeyshomes.co.uk) or call 01733 396404 for more details and to book your place.*

*For more information follow Cross Keys Homes on Facebook - <https://www.facebook.com/crosskeyshomespeterborough/>*

**Stress Less** – The course will cover, understanding where stress and anxiety originate, learn about the physiological effects of anxiety, learn how to manage anxiety for interviews, learn how to improve confidence.

**Wednesday 11<sup>th</sup> December 2024**

**10am – 12pm**

**Westwood Community Hub, 31-35 Hampton Court, Westwood PE3 7JB.**

*To register your interest, email [community@crosskeyshomes.co.uk](mailto:community@crosskeyshomes.co.uk) or call 01733 396404 for more details and to book your place.*

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**Winter Wonderland** - Christmas at the Santas Grotto, garden to include DJ, food and entertainment.

**Friday 13<sup>th</sup> December 2024**

**3pm – 6pm**

**WestRaven Community Garden, Hartwell Way, Westwood PE3 7LX**

*For more details visit - <https://www.westraven.co.uk/events-eventbrite>*

*For more information follow Cross Keys Homes on Facebook - <https://www.facebook.com/crosskeyshomespeterborough/>*

**HAF Winter Holiday programme** – Christmas HAF Programme over 4 days, for children who are eligible for free school meals that are primary school aged 5-11 years.

**Monday 23<sup>rd</sup> & Thursday 27<sup>th</sup> December 2024**

**Thursday 2<sup>nd</sup> & Friday 3<sup>rd</sup> January 2025**

**9am – 1pm**

**WestRaven Community Café, Hampton Court, Westwood, PE3 7JA**

**A FREE winter disco ticket is included for Friday 20<sup>th</sup> December with every block booking.**

**HAF Winter Holiday programme** – Christmas HAF Programme over 4 days, for children who are eligible for free school meals that are aged 11-16 years.

**Monday 23<sup>rd</sup> & Thursday 27<sup>th</sup> December 2024**

**Thursday 2<sup>nd</sup> & Friday 3<sup>rd</sup> January 2025**

**12pm – 4pm**

**WestRaven Community Café, Hampton Court, Westwood, PE3 7JA**

**A FREE food hamper for every block booking.**

*To find out more contact – [danielle.parkin@crosskeyshomes.co.uk](mailto:danielle.parkin@crosskeyshomes.co.uk) or book via <https://eequ.org/experience/8615>*

*For more information follow Cross Keys Homes on Facebook - <https://www.facebook.com/crosskeyshomespeterborough/>*



**Christmas Event** – Come and meet Santa, get a free gift, cakes and drinks available.

**Monday 23<sup>rd</sup> December 2024**

**2pm – 4pm**

**Olive Road Wellbeing Garden, Dogsthorpe, PE1 4PT**

***No need to book, just come along on the day. For more details, email [community@crosskeyshomes.co.uk](mailto:community@crosskeyshomes.co.uk) or call 01733 396404***

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## On-going sessions

**Community Library** – Pop in and pick up a book to take home to read or sit in the hub and read it with company.

**Available Monday - Thursday until 19th December**

**9.30am – 4pm**

**Westwood Community Hub, 31-35 Hampton Court, Westwood PE3 7JB.**

***No need to book, just pop in and get reading!***

***For more information follow Cross Keys Homes on Facebook -***

***<https://www.facebook.com/crosskeyshomespeterborough/>***

**Stop Smoking Support** - Stop smoking clinic you can access a free vape with e liquid and ongoing support (12 weeks), face to face and telephone. Referral only.

**Monday 2<sup>nd</sup>, 9<sup>th</sup> & 16<sup>th</sup> December 2024**

**9.30am – 12.30pm**

**Westwood Community Hub, 31-35 Hampton Court, Westwood, PE3 7JB**

***To register your interest to be referred, complete the online form -***

***<https://www.crosskeyshomes.co.uk/health-and-wellbeing>***

***For more information follow Cross Keys Homes on Facebook -***

***<https://www.facebook.com/crosskeyshomespeterborough/>***

**Stay & Play** – Weekly term time stay and play group for 0-5 year olds with toys, arts, crafts and singing.

Drink and snack included – Cost £1 per child

**Monday 2<sup>nd</sup>, 9<sup>th</sup> & 16<sup>th</sup> December 2024.**

**10am – 11.30am**

**WestRaven Community Café, Hampton Court, Westwood, PE3 7JA**

**No need to book, just come along on the day.**

***For more information follow Cross Keys Homes on Facebook -***

***<https://www.facebook.com/crosskeyshomespeterborough/>***



**Weight management for Mental Health** - You'll join a programme of 12 weeks of face-to-face coaching, either online or in person to help you to make healthy food choices and increase your activity levels.

**Monday 2<sup>nd</sup>, 9<sup>th</sup> & 16<sup>th</sup> December 2024.**

**11.30am – 1.30pm**

**South Bretton Family & Community Centre, Tyesdale, Bretton, PE3 9XZ**

*To register your interest, complete the online form -*

*<https://www.crosskeyshomes.co.uk/health-and-wellbeing> or email*

*[community@crosskeyshomes.co.uk](mailto:community@crosskeyshomes.co.uk) or call 01733 396404 for more details and to book your place.*

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**Making Space** - A build-up of items in the home, difficulty parting with items and hoarding can affect health, wellbeing and lifestyle. It also poses a significant risk of fire and illness. Our support group is a non-judgmental, confidential and supportive, giving advice and practical solutions for anyone who has difficulty parting with possessions.

**Monday 2<sup>nd</sup>, 9<sup>th</sup> & 16<sup>th</sup> December 2024.**

**1pm – 3pm**

**Westwood Community Hub, 31-35 Hampton Court, Westwood, PE3 7JB**

*Pre-booking is essential, to book your place complete the booking form on our website*

*<https://www.crosskeyshomes.co.uk/mental-health> or email*

*[community@crosskeyshomes.co.uk](mailto:community@crosskeyshomes.co.uk) or call 01733 396404.*

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 [info@crosskeyshomes.co.uk](mailto:info@crosskeyshomes.co.uk)

 [www.crosskeyshomes.co.uk](http://www.crosskeyshomes.co.uk)

 [CrossKeysHomesPeterborough](https://www.facebook.com/CrossKeysHomesPeterborough)

 [@CrossKeysHomes](https://twitter.com/CrossKeysHomes)



**1st Bretton Rainbows session at South Bretton** – For girls aged 4-7 years, come along and join the fun at Rainbows.

**Available every Monday during December– Term time only**

**6pm – 7.15pm**

**South Bretton Family & Community Centre, Tyesdale, Bretton, PE3 9XZ**

**Register your interest by contacting [susanelkins1985@gmail.com](mailto:susanelkins1985@gmail.com)**

**Careers Club** – Weekly Employability support sessions with IT access and 121 support – Includes creating or updating your CV, job search, interview practice.

**Monday 9<sup>th</sup> December 2024**

**2.30pm – 4.30pm**

**Hampton Library, Clayburn Road, PE7 8GL**

**Monday 16<sup>th</sup> December 2024**

**10.30am – 12.30pm**

**Bretton Library, The Cresset, PE3 8DS**

**Tuesday 3<sup>rd</sup>, 10<sup>th</sup> & 17<sup>th</sup> December 2024**

**9.30am – 11.30am**

**Orton Library, Bushfield, Ortongate, PE2 5RQ**

**Thursday 5<sup>th</sup> & 12<sup>th</sup> December 2024**

**10am – 12pm**

**Westwood Community Hub, 31-35 Hampton Court, Westwood, PE3 7JB**

**Employment support is also available throughout the week, either over the phone, via email or a booked face to face appointment.**

***Pre-booking is essential, please complete the booking form on our website to book your place - <https://www.crosskeyshomes.co.uk/finding-work> or email [community@crosskeyshomes.co.uk](mailto:community@crosskeyshomes.co.uk) or call 01733 396404 to book your place.***

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**Song, Rhyme & Story Time** – Run by Barnardo’s Song, rhyme & story Time, Early language & literacy for children aged 0-5 years.

**Tuesday 3<sup>rd</sup>, 10<sup>th</sup> & 17<sup>th</sup> December 2024**

**9.30am – 10.15am**

**WestRaven Community Café, Hampton Court, Westwood, PE3 9JA & WestRaven Community Garden, Hartwell Way, Westwood PE3 7LX**

**Tuesday 3<sup>rd</sup>, 10<sup>th</sup> & 17<sup>th</sup> December 2024**

**11am – 12pm**

**South Bretton Family & Community Centre, Tyesdale, Bretton, PE3 9XZ**

*For more details call 01733 574038 or just come along on the day, no need to book.*

**Barnardo’s Young Parent Group** – Weekly drop-in support and play group for young parents and their children under 5 years of age, come along make friends and meet other young parents.

**Tuesday 3<sup>rd</sup>, 10<sup>th</sup> & 17<sup>th</sup> December 2024**

**10am – 11.30am**

**Honeyhill Child & Family Centre, 150 Chadburn, Paston, PE4 7DH**

*Call 01733 574038 for more information.*

**Thursday 5<sup>th</sup>, 12<sup>th</sup> & 19<sup>th</sup> December 2024**

**1pm – 2.30pm**

**Orton Children & Family Centre, 74 Herlington, Orton Malborne, PE2 5PW**

*Call 01733 391652 for more information.*

*More details about the sessions being delivered by Barnardo’s can be found here-  
<https://www.happeterborough.co.uk/activities/barnardos-child-and-family-centres/>*



**Little Bears, Stay and Play** – Cambridgeshire child and family centre run all round stay and play session with messy play, construction and crafts, suitable for 0-5 year olds. Costs £2 per session, concessions available

**Tuesday 3<sup>rd</sup>, 10<sup>th</sup> & 17<sup>th</sup> December 2024**

**10am – 11.30am**

**Judiths Field Pavilion, London Road, Godmanchester, PE29 2WB**

**Call 01480 372700 or email [childandfamily.hunts@cambridgeshire.gov.uk](mailto:childandfamily.hunts@cambridgeshire.gov.uk) for more details.**

**Little Feet** – Parent and toddler dance class, £2 a session. Aimed at children 0-6 years

**Every Wednesday during December – Term time only**

**9.45am – 10.15am**

**Westraven Community Café, 24-28 Hampton Court, Westwood PE3 7JA**

**Book your place email – [danielle.parkin@crosskeyshomes.co.uk](mailto:danielle.parkin@crosskeyshomes.co.uk)**

**For more information follow Cross Keys Homes on Facebook - <https://www.facebook.com/crosskeyshomespeterborough/>**

**Chair Yoga** – Yoga classes for all abilities. Cost £2.50, no need to book, walk in's welcome.

**Every Wednesday during December – Term time only**

**10.30am – 11.15am**

**Westraven Community Café, 24-28 Hampton Court, Westwood PE3 7JA**

**To find out more contact – [danielle.parkin@crosskeyshomes.co.uk](mailto:danielle.parkin@crosskeyshomes.co.uk)**

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**Learn My Way** – Basic IT introduction course for beginners – learn how to stay safe online and use the internet.

**\*\*NEW SESSSION\*\*** – starting Tuesday 3<sup>rd</sup>, 10<sup>th</sup> & 17<sup>th</sup> December  
10am – 12pm

Wednesday 4<sup>th</sup> & 11<sup>th</sup> December  
10am – 12pm or 1pm – 3pm

Westwood Community Hub, 31-35 Hampton Court, Westwood PE3 7JB.

*Pre-booking is essential, please complete the booking form on our website to book your place - <https://www.crosskeyshomes.co.uk/learn-computer-skills> or email [community@crosskeyshomes.co.uk](mailto:community@crosskeyshomes.co.uk) or call 01733 396404 to book your place*

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**Food Hygiene** – Gain a Level 1 Food Hygiene Qualification for anyone wanting to work in catering or a kitchen. Can progress to the Level 2

Wednesday 4<sup>th</sup> & 11<sup>th</sup> December  
10am – 12pm or 1pm – 3pm

Westwood Community Hub, 31-35 Hampton Court, Westwood PE3 7JB.

*Pre-booking is essential, please complete the booking form on our website to book your place - <https://www.crosskeyshomes.co.uk/get-a-qualification> or email [community@crosskeyshomes.co.uk](mailto:community@crosskeyshomes.co.uk) or call 01733 396404 to book your place*

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**Functional Skills** – Having a good level of English and Maths skills are important in all areas of your life. Improving them will help you gain employment, gain access to further education, and support other family members with their own learning. We are offering FREE access to the BKS B portal so that you can learn, improve and gain a national recognised qualification in Functional Skills English and Maths

**Wednesday 4<sup>th</sup> & 11<sup>th</sup> December**

**10am – 12pm or 1pm – 3pm**

**Westwood Community Hub, 31-35 Hampton Court, Westwood, PE3 7JB**

*Pre-booking is essential, please complete the booking form on our website to book your place - <https://www.crosskeyshomes.co.uk/get-a-qualification> or email [community@crosskeyshomes.co.uk](mailto:community@crosskeyshomes.co.uk) or call 01733 396404.*

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**Gardening for your Mental Health** - Get involved with building a community garden. There are always various jobs to do from watering plants to digging over ground. Meet new people, share experiences, learn new skills in a safe environment.

**Every Wednesday during December - subject to change.**

**10am – 3pm**

**Olive Road Wellbeing Garden, Dogsthorpe, PE1 4PT**

*To register your interest, complete the booking form on our website to book your place - <https://www.crosskeyshomes.co.uk/garden> or email [community@crosskeyshomes.co.uk](mailto:community@crosskeyshomes.co.uk) call 01733 396404 for more details*

*For more information follow Cross Keys Homes on Facebook - <https://www.facebook.com/crosskeyshomespeterborough/>*



**South Bretton Youth Club** – Provided by Families First. Aimed at those aged 12-19 years old, with activities including cooking, crafts, games, table tennis and much more!

**Every Wednesday during December - Term time only**

**6pm – 7.30pm**

**South Bretton Family & Community Centre, Tyesdale, Bretton, PE3 9XZ**

*Please contact Cherry Lester on 07851 424925 for further information or visit [www.facebook.com/familiesfirstpeterborough](http://www.facebook.com/familiesfirstpeterborough)*

*For more information follow Cross Keys Homes on Facebook.  
<https://www.facebook.com/crosskeyshomespeterborough/>*

**Falls Prevention Sessions** – Delivered by Healthy You, running a Falls prevention 121 and group advise sessions, aimed at those over 65 years of age.

**Thursday 5<sup>th</sup> & 19<sup>th</sup> December**

**9.30am – 3pm**

**South Bretton Family & Community Centre, Tyesdale, Bretton, PE3 9XZ**

*To register your interest, complete the online form - <https://www.crosskeyshomes.co.uk/health-and-wellbeing> or email [community@crosskeyshomes.co.uk](mailto:community@crosskeyshomes.co.uk) or call 01733 396404 for more details and to book your place.*

*For more information follow Cross Keys Homes on Facebook - <https://www.facebook.com/crosskeyshomespeterborough/>*

**Friendship & Games Club** – Friendly club for conversation, games, and friendship. Meet new people. There will be free tea, coffee, and cakes, plus loads of board games.

**Thursday 5<sup>th</sup>, 12<sup>th</sup> & 19<sup>th</sup> December**

**10am – 12pm**

**WestRaven Community Café, Hampton Court, Westwood, PE3 7JA**

**No need to book, just come along and join in!**

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**Brownies session at South Bretton** – For girls aged 7-10 years, come along and join Brownies. You can be creative, active, learn new skills make new friends, have adventures and have lots of fun.

**Every Thursday during December– Term time only**

**6pm – 7.30pm**

**South Bretton Family & Community Centre, Tyesdale, Bretton, PE3 9XZ**

**Register your interest by visiting [www.girlguiding.org.uk/joinus](http://www.girlguiding.org.uk/joinus) or call 0800 169 5901**

**Chill & Chat session** – Delivered by National Childbirth Trust and hosted by NCT Peer Supporters – Bumps & babies group for young children aged 0-5 years and parents. No need to book just come along to the session.

**Friday 6<sup>th</sup>, 13<sup>th</sup> & 20<sup>th</sup> December**

**10am – 11.30am**

**South Bretton Family & Community Centre, Tyesdale, Bretton, PE3 9XZ**

**For more information visit - <https://www.crosskeyshomes.co.uk/mental-health>**

**Men Together Group** – If you enjoy fixing and making things in the company of others, come along and join us. Many come just for the tea and banter, and men of any skill/experience over the age of 18 are welcome.

**Friday 6<sup>th</sup> & 13<sup>th</sup> December**

**12.30pm – 2.30pm**

**South Bretton Family & Community Centre, Tyesdale, Bretton, PE3 9XZ**

***Pre-booking is essential, to book your place complete the booking form on our website***

***<https://www.crosskeyshomes.co.uk/mental-health> or email [community@crosskeyshomes.co.uk](mailto:community@crosskeyshomes.co.uk) or call 01733 396404.***

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**Community Cooking Club** – Community cooking club with coffee and cake to share recipes and cooking tips.

**Friday 6<sup>th</sup>, 13<sup>th</sup> & 20<sup>th</sup> December**

**2pm – 3pm**

**Free Cooking class**

**There will be no cooking class in December**

**Westraven Community Café, 24-28 Hampton Court, Westwood PE3 7JA**

***Booking is essential, either pop into the Café or give them a call to book your place on 01733 330040***