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Head Teacher: Mrs D Reynolds - BSc Hons QTS NPQH

Aim High

Never Give Up

Follow Your Dream

Lead By Example



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Dear Parent/Guardian

FREE BIKEABILITY LEARN TO RIDE CYCLE TRAINING COURSE FOR NON-RIDERS

Bikeability is a government accredited programme, designed to give the next generation the skills and confidence to ride their bikes.

I am writing to tell you about Bikeability Primer, a new initiative to help children learn how to ride a bike. The free training is designed for children who are unable to cycle, including those children who are ready to make the move to riding with pedals and older children who are struggling to master the skill.

Bikeability Primer is delivered by qualified cycling instructors in a constructive, low pressure environment ideal for beginners. It is a learner-focused training course with an emphasis on working with trainees at their own pace to learn how to ride. The sessions run with smaller group sizes or as one-to-one sessions, offering more individual training time. Each child will have up to two sessions in total. To participate, children will need to bring their own roadworthy bike (without stabilizers), a helmet and suitable clothing for the weather conditions. This training may be suitable for your child if they are:

- Riding a bike **with** stabilisers.
- Riding **without** stabilizers but find it difficult to ride in a straight line.
- Riding **without** stabilizers but find it hard to ride around corners.
- Riding **without** stabilizers but fall off their bike.

To register your interest in the training please fill in the slip below and return to your child's class teacher by Wednesday 6th May. You will be informed of which days your child will need to bring their bike and cycle helmet to school.

Yours faithfully,

Head Teacher

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Full Name of Child (in capitals): _____

School: _____ School Year: _____

Medical Conditions or Educational Needs (eg asthma, allergies, learning needs, etc):

If you would prefer your child not to be photographed, please tick here:

I confirm that I have read all the information within and consent to my child (or the above child for whom I take responsibility) to take lessons in safe, effective cycling and related activities, which may include cycle maintenance.

Signed: _____ (parent/guardian)

Date: _____

