

Community Library



Pop in and pick up a book to take home to read or sit in the hub and read it with company.

Once you have read it, bring it back to share with someone else and borrow another one.

We have books for all ages.

**At our Westwood
Community Hub**

**Anytime, Monday -
Thursday**

9.30am - 4pm



No need to book, just pop in and get reading!
Don't forget to follow us on Facebook for all our latest
news and events

CKH Careers Club



**Unsure about your career future?
Need some free advice, info, and guidance?**

The clubs provide a great opportunity for you to discuss and ask questions on employment options, job opportunities and get support you need to be job ready.

Hampton Library, Every second Monday
of the month 2:30pm - 4:30pm

CKH Skills Hub - New England, Last
Monday of every Month, 10am - 12noon

Orton Library, Every Tuesday, 9:30am -
12:30pm

Customer Central, Every Tuesday,
9:30am - 12:30pm

Westwood Community Hub, Every
Thursday, 10am - 12pm

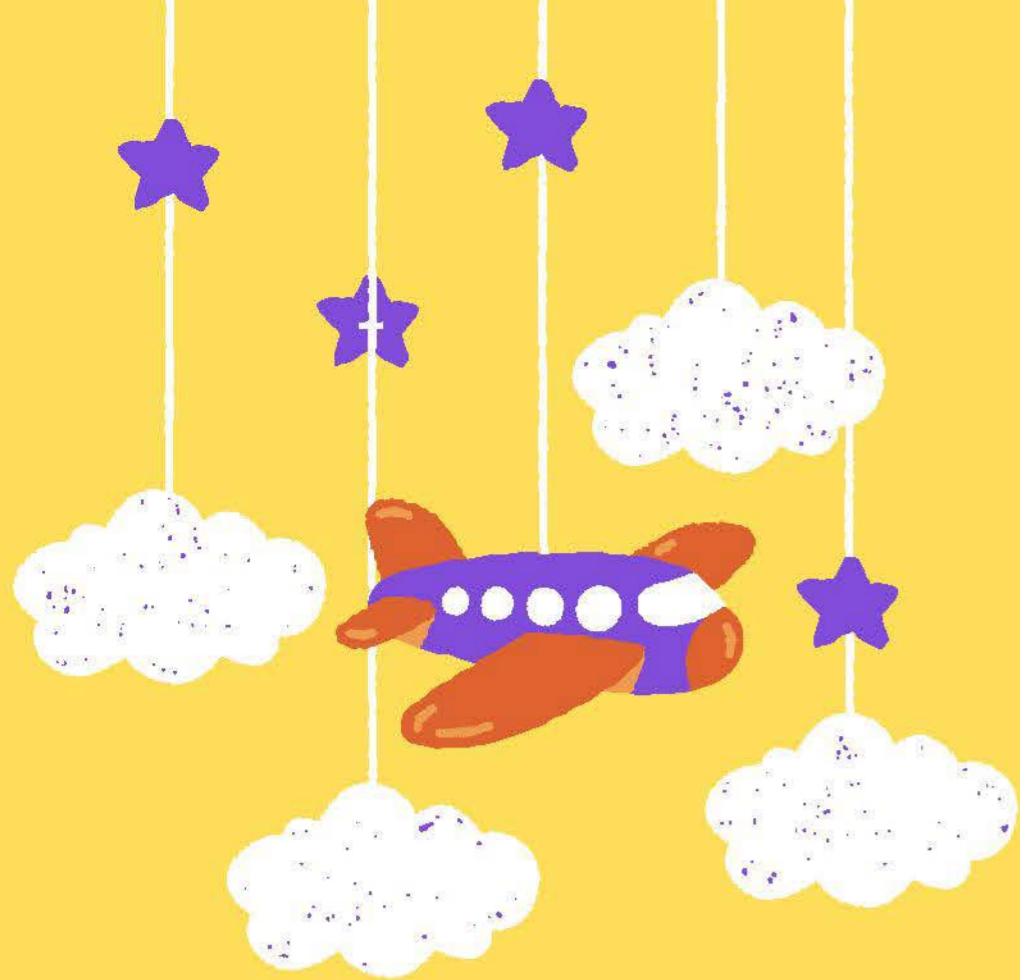
- Tailored support to your needs
- Building and updating effective CVs and Cover letters.
- Improving self-confidence when applying and going to interviews.
- Access to courses. training and upskilling

Careers Club are open to everyone regardless if you are a CKH resident or not



Booking is essential. To book your place scan the QR code, call 01733 385000





WestRaven

Stay & Play



**Mondays Term Time
10am - 11.30am**

**WestRaven Community Cafe
£1 per Child
From Birth to 5 years**

**Toys, Arts &
Crafts, Singing,
Drink and snack
included**



No Booking Required



WestRaven
Cross Keys Homes
Community Café and Garden



FREE EXERCISE
CLASSES FOR
OVER 55'S



CHAIR EXERCISES

Monday's Term Time

1.00pm - 1.45pm

CHAIR YOGA

Wednesday's Term Time

10.30am - 11.15am

WestRaven Community Cafe, Hampton Court,
Westwood, PE3 7JA

All Abilities Welcome

To find out more contact
danielle.parkin@crosskeyshomes.co.uk



WestRaven
Cross Keys Homes
Community Café and Garden



Making Space



A build up of items in the home, difficulty parting with items and hoarding can affect health, wellbeing and lifestyle. It also poses a significant risk of fire and illness.

Our support group is a non-judgmental, confidential and supportive, giving advice and practical solutions for anyone who has difficulty parting with possessions.

Running weekly between 1pm and 3pm at our Westwood Community Hub, 31-35 Hampton Court, Westwood, Peterborough PE3 7JB



Booking is essential. To book your place please call 01733 396404 or email community@crosskeyshomes.co.uk.

Don't forget to follow us on Facebook to keep up to date with all our news and events.



Come and join the fun at

**For girls
aged 4-7
years**

1st Bretton Rainbows

Every Monday

6pm - 7.15pm

South Bretton Family &

Community Centre, Tysedale

susanelkins1985@gmail.com



Song, Rhyme & Story Time



FREE

Come along to Song, Rhyme & Story Time.

Supporting early language and literacy for children aged 0-5 years, through songs, rhymes, books and story sacks.



Every Tuesday

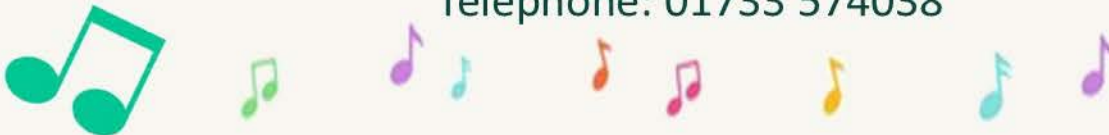
9:30am - 10:15am

at

West Raven Community Café

Hampton Court, Westwood. PE3 7JA

Telephone: 01733 574038



Or visit our Facebook page at:
[@BarnardosChildFamilyCentres](#)

BARNARDOS

Changing childhoods.
Changing lives.

Young Parent Group

Free

Drop-In

Free



A **FREE** drop-in group for parents aged up to 25 years old and their children aged 5 years and under.

Come and join us in a safe environment, have fun and a chat whilst learning together. It's a great chance to make friends and meet other young parents.



Every Tuesday

10am - 11:30am



at

**Honeyhill Child & Family Centre
& Family Hub**

150 Chadburn, Paston. PE4 7DH

(Sat Nav: PE4 7DR)

Tel: 01733 574038



Visit our Facebook page at:
@HoneyhillCFC

BARNARD'S

Changing childhoods.
Changing lives.



LITTLE BEARS



Stay and Play

Tuesdays

10am to 11.30am

Judith's Field Pavilion

London Road,

Godmanchester, PE29 2WB

Cambridgeshire
**Child and Family
Centres**

- An all round Stay and Play session with messy play, small world, construction and crafts
- Suitable for ages 0 to 5 years

£2 per session, concessions available



01480 372700

CHILDANDFAMILYCENTRE.HUNTS@CAMBRIDGESHIRE.GOV.UK



Job Seekers Toolkit

Free Courses



Improve your knowledge and add to your CV by completing a range of FREE job related courses

We offer the following free to all:

- Learn My Way
- Food Hygiene Level 1 and Level 2
- Health and Safety Level 2
- Manual Handling

Westwood Community Hub, 31-35 Hampton Court, Westwood, PE37JB

Tuesday 10am - 12noon

Wednesday 10am - 12noon or 1pm - 3pm

Courses are available to **everyone** regardless if you are a CKH resident or not - priority is given to those seeking employment



Booking is essential. To book your place scan the QR code, call 01733 385000





Are you looking for help to get online?

We offer a fully supported 'get started online' course, where we will help you to take your first steps into the world wide web, with confidence.

Westwood Community Hub - 31-35 Hampton Court, Westwood, PE3 7JB

Every Tuesday 10am - 12noon

Every Wednesday 10am - 12noon and 1pm - 3pm

We have tutors to assist you right the way through the programme.



Booking is essential. Scan the QR code to go to our website. You can also call 01733 385000 or email community@crosskeyshomes.co.uk.



Don't forget to follow us on Facebook to keep up to date with all our news and events.

Song, Rhyme & Story Time



FREE

Come along to Song, Rhyme & Story Time.

Supporting early language and literacy for children aged 0-5 years, through songs, rhymes, books and story sacks.



Every Tuesday

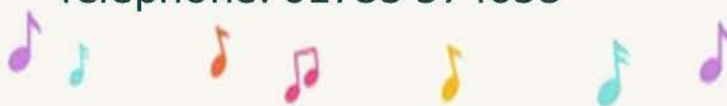
11am - 12pm

at

South Bretton Family & Community Centre

Redpoll Place, Bretton. PE3 9XZ

Telephone: 01733 574038



Or visit our Facebook page at:
[@BarnardosChildFamilyCentres](#)

BARNARDOS

Changing childhoods.
Changing lives.

Job Seekers Toolkit

Free Courses



Improve your knowledge and add to your CV
by completing a range of FREE job related
courses

We offer the following free to all:

- Learn My Way
- Food Hygiene Level 1 and 2
- Health and Safety Level 2
- Manual Handling

CKH Skills Hub,
Shakespeare Avenue,
Peterborough,
PE1 3JW

Tuesday 1pm - 3pm
Starting 9 September

Courses are available to **everyone** regardless if you are a CKH resident or not - priority is given to those seeking employment



Booking is essential. To book your place scan the QR
code, call 01733 385000





Little Feet Parent & Toddler Dance Class

A fun and interactive dance class covering all styles of dance with action songs, props, disco lights and much more

Just £2 per session

Wednesdays Term Time
9.45am - 10.15am
WestRaven Community Cafe
Hampton Court, Westwood
PE3 7JA

To find out more contact
danielle.parkin@crosskeyshomes.co.uk

Booking Essential



WestRaven
Cross Keys Homes
Community Café and Garden



FREE Functional Skills Sessions



English and Maths

Want to improve your English and Maths skills and confidence?

Need to improve your English and Maths skills to gain a job or access a course at college or university?

**Sessions run every Wednesday either 10am - 12noon or 1pm - 3pm
Westwood Community Hub, 31-35 Hampton Court, Westwood, PE3 7JB**

Having a good level of English and Maths skills are important in all areas of your life. By improving them you are more likely to:

- Gain employment.
- Be promoted.
- Gain access to further education and personal development.
- Improve your overall confidence and motivation
- Support family members with their learning.



Please note that this opportunity is open to everyone regardless if you are a CKH resident or not

Contact Community@crosskeyshomes.co.uk, scan the QR code or call 01733 385000 to register your interest.



Dive into the magical world of gardening in our peaceful Wellbeing Garden!

Please contact to book on . Sessions usually run on
a Wednesday but are subject to change .



OPEN TO ALL

Olive Road , Dogsthorpe , Peterborough
to find out more and get involved call 01733 396404

The garden is a safe environment for you to
come together with others, get some
exercise ,fresh air and build your confidence.



HM Government

In partnership with

THE NATIONAL LOTTERY
COMMUNITY FUND



FAMILIES FIRST PETERBOROUGH CIC

December & New Year Projects Update

Open Access Play: final 2025 session is on Saturday 13th December and returns on 10th January, 10 – 1pm

Monday Night Youth Club: 5.30 – 7pm, final 2025 session is on 15th December and returns on 19th January

Wednesday Night Youth club from 6 – 7.30pm, at the South Bretton Family & Community Centre, PE3 9XZ: last session is 17th December and returns on 14th January 2026

Winter HAF Projects:

Children in year one up to year six, who are eligible for benefit related free school meals, are invited to attend the following sessions in December –

Monday 22nd & Tuesday 23rd
Monday 29th & Tuesday 30th
from 10 – 2pm

Young people of secondary school age, who are eligible for benefit related free school meals, are invited to attend the following sessions in December –

Monday 22nd & Tuesday 23rd, from 2.30 – 6.30pm
Monday 29th, 4 – 8pm
& Tuesday 30th, from 2.30 – 6.30pm

For any further information, please call Crofts Corner on 01733 262297 or email cherry@familiesfirstpeterboroughcic.org
www.facebook.com/familiesfirstpeterborough



WestRaven
Cross Keys Homes
Community Café and Garden



ZUMBA IS BACK

EVERY
WEDNESDAY

6.30PM TO 7.15PM



FREE

- Dance fitness aimed at those 55 and over, no experience needed
- No experience needed and two left feet welcome
- All moves can be modified and are perfect for everyone
- Just wear comfortable clothes and shoes and bring drinking water
- Boosts confidence, coordination & concentration
- Big on results and so much fun you'll forget you're working out

Please book at the Café
or
phone 01733 330040

Westraven Community Cafe
24-28 Hampton Court,
Peterborough, PE3 7JA

westraven.co.uk



Falls Management Exercise Programme

What is the FaME programme?

FaME is a national exercise programme that has been proven to improve strength, stability and confidence in balance. Vivacity deliver the programme locally through specialist exercise instructors who understand a wide range of medical conditions and age-related changes that happen to the body.

How will it help me?

The small group exercise classes are specifically designed to improve your physical fitness, helping to keep you strong, steadier on your feet and doing the things you enjoy for longer. We know that everyone's health is different, so the instructors will get to know you and tailor the exercises as necessary. The classes are also a great way to meet other people, receive support and build motivation.

How is it tailored to me?

Prior to attending, you will be invited to a 1-2-1 session with the instructor to carry out some functional and mobility tests and to assess your suitability for the programme.

How long is the programme?

The FaME programme covers a period of 24 weeks (6 months).





FaME class timetable

Day	Time	Venue
Tuesday	1.30pm - 2.30pm	Bluebell Community Centre, Dogsthorpe
Tuesday	1.00pm - 2.00pm	Austin Hall, Yaxley
Tuesday	10.30am - 11.30am	South Bretton Family and Community Centre

What should I expect when I attend a class?

- Classes will have a maximum of 15 people
- Wear comfortable clothes and flat shoes, it doesn't need to be sports clothing
- You will use some equipment, such as resistance bands or weights
- Some exercises will be seated, progressing to more standing exercise
- The instructor will work with you through the stages of confidently getting up from the floor
- Some people stay for a social chat at the end, but this is not compulsory
- After the first couple of sessions you will also be given exercises to do at home to help you feel the benefits more quickly

How can I be referred?

Referral is via a health professional or for self-referral please email healthservices@vivacity.org

Visit vivacity.org/fame for more information.

Friendship and Games Club



Come along and join our friendly club for great conversation, games and friendship.

Get out of the house and meet new people. There will be free tea, coffee and cakes, plus loads of board games. Or just enjoy a chat in great surroundings.

The club is run by CKH volunteers. If you would like to volunteer, pop along to the club and let us know.

**Every Thursday
10am to 12pm**



No need to book, just come along and join in the free, family fun!

**WestRaven Community Café, Hampton Court, Westwood,
Peterborough, PE3 7JA**

Young Parent Group

Free

Drop-In

Free



A **FREE** drop-in group for parents aged up to 25 years old and their children aged 5 years and under.

Come and join us in a safe environment, have fun and a chat whilst learning together. It's a great chance to make friends and meet other young parents.



Every Thursday

1pm - 2:30pm

at



**Orton Child & Family Centre
& Family Hub**

74 Herlington, Orton Malborne.

PE2 5PW

Tel: 01733 391652



Visit our Facebook page at:
@Orton CFC

BARNARD'S

Changing childhoods.
Changing lives.

CRAFTS IN THE COMMUNITY

Join us every Thursday
Every week 1pm-3pm

Starting 20 November 2025
WestRaven Community Cafe

Please book at the Café or by phone
01733 330040

24-28 Hampton Court, Peterborough
PE3 7JA

westraven.co.uk



WestRaven
Cross Keys Homes
Community Café and Garden



Westraven Community Garden

men's fire, wood, food and general tinkering around club

every Thursday
1pm to 4pm

A new social club for men to
cook food on an open fire,
chat and get involved with
carpentry and woodworking
projects around the garden.

Westraven Community Garden
Hartwell Way, Peterborough, PE3 7LX
westraven.co.uk

FREE!



WestRaven
Cross Keys Homes
Community Garden



Supported using public funding by
**ARTS COUNCIL
ENGLAND**



Come and join Brownies

Girls age 7-10

Your nearest Brownie unit is

1 South Bretton
Family and
Community Centre

Register your interest by visiting

www.girlguiding.org.uk/joinus

or you can ring

Girlguiding on 0800 169 5901



Men Together, making stuff



- Upcycle furniture
- Share skills
- Learn new skills
- Meet new people

Open to all men (18+) with any - or no - practical skills!

**Every Friday,
12pm - 3pm
at the South Bretton
Family and
Community Centre**



Men Together is completely free to attend and open to everyone, not just CKH residents

To book your place call 01733 385000 or email community@crosskeyshomes.co.uk or scan the QR code and fill in the online form.

Don't forget to follow us on Facebook to keep up to date with all our news and events.

