



Head Teacher: Mrs D Reynolds - BSc Hons QTS NPQH

Aim High

Never Give Up

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Lead By Example

Wednesday 9th September 2026

Dear Parents and Carers,

We are writing to remind you of our expectations regarding PE kit at school. We want all pupils to be prepared for their PE lessons and to have the appropriate clothing and footwear to participate safely and comfortably.

Bringing PE Kit to School

All pupils should bring their full PE kit to school on a Monday and take it home on a Friday.

Pupils should come to school wearing their normal school uniform and will get changed into their PE kit before their PE lesson.

Pupils in Years 4–6 will be split into boys and girls when getting changed.

Outdoor PE Kit

For outdoor PE lessons, pupils should have:

- Plain white T-shirt
- Black or grey jumper (no hood or zips please)
- Black shorts
- Black or grey tracksuit bottoms
- White socks
- Trainers or plimsolls

Indoor PE Kit

For indoor PE lessons, pupils should have:

- Plain white T-shirt
- Black shorts
- Trainers or plimsolls

Please ensure that all items of clothing are clearly named.

Health and Safety

As mentioned above, there must be no hoods or zips on the jumper, as these pose a health and safety risk to the pupil wearing them.

All long hair must be tied up and out of pupils' eyes. **A suitable hair band must be provided from home** so that pupils can tie their hair up before participating in PE.

All jewellery (**unless agreed for religious reasons**) must be removed.

Earrings are not allowed to be worn during PE and must therefore be taken out prior to the lesson. If a child is unable to remove their earrings independently, plasters or tape **MUST be provided from home** to cover them. Staff are not able to support pupils with the removal of earrings.

Pupils are not allowed to wear long trousers for indoor PE, to avoid the risk of tripping or slipping.

Pupils need to change into their PE shoes for each lesson, as not all school shoes are suitable for PE. Therefore, to keep it consistent and fair for all pupils, school shoes must not be worn during PE lessons.

Sporting Events

If pupils are selected to represent the school at an elite sporting event or competition against another school, they will wear the Norwood Kit.

Pupils Unable to Participate

If a pupil is unable to take part in PE due to a medical reason, they will still be expected to attend the lesson as an observer rather than a participant, where appropriate.

Pupils may support the lesson by:

- Evaluating and giving feedback on other pupils' performances
- Officiating games and activities
- Leading small-group activities
- Supporting the teacher with other aspects of the lesson

This allows pupils to remain involved in their PE learning even when they are temporarily unable to participate physically.

Purchasing PE Kit

We understand that purchasing school and PE clothing can be expensive. We have included links to a range of retailers where suitable PE kit items can be purchased at reasonable prices.

Thank you for your continued support in ensuring that your child comes to school prepared for their PE lessons.



<https://www.argos.co.uk/product/tuc128755138>
<https://www.amazon.co.uk/white-pe-t-shirt/s?k=white+pe+t+shirt>
<https://tuclothing.sainsburys.co.uk/product/tuc128755154>



<https://www.argos.co.uk/browse/clothing/school-uniforms/boys-school-uniforms/pekits/c:691102/colour-group:blacks/type:shorts/>
<https://www.amazon.co.uk/kids-pe-shorts-black/s?k=kids+pe+shorts+black>
<https://www.schooluniformshop.co.uk/section.php/359/1/pe-shorts>



<https://www.amazon.co.uk/black-pe-joggers-boys/s?k=black+pe+joggers+boys>

<https://www.kandasales.co.uk/contents/en-uk/p6045-Headlands-School-Uniform-PE-Black-Joggers-Elasticated-Waist-Leg-Unisex.html>

https://www.loopwear.co.uk/index.php?route=product/product&product_id=1267



<https://www.amazon.co.uk/Plain-Black-Jumper/s?k=Plain+Black+Jumper>

https://www2.hm.com/en_gb/productpage.1173513012.html

https://www.marksandspencer.com/unisex-regular-fit-sweatshirt/p/clp60451602#intid=pid_pg1pip11g4r2c1

Kind regards,

Mrs M Richardson
PE Lead

Mrs D Reynolds
Head Teacher