

|                  |            | MONDAY                                                                                                                                                                                                                                | TUESDAY                                                                                                                                                                                                                | WEDNESDAY                                                                                                                                  | THURSDAY                                                                                                                                                                                                          | FRIDAY                                                                                                               | MENU KEY:                                                                                                                                                                                                                                                                                                                                                                                                             |
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| WEEK ONE         | Option One | Macaroni Cheese                                                                                                                                                                                                                       |  Phat Pasty Pork Sausage Roll with Potato Wedges                                                                                      | Roast Chicken, Stuffing, Roast Potatoes & Gravy                                                                                            |  Spaghetti Bolognaise                                                                                                          | Fishfingers or Salmon Fishfingers with Chips & Tomato Sauce                                                          |  Whole grain<br> Plant based<br> Added plant protein<br> Chef's Special |
|                  | Option Two | Wholemeal French Bread Cheese and Tomato Pizza with Potato Wedges   |  Mild Mexican Chilli with Rice                      |  Roasted Quorn, Roast Potatoes, & Gravy                 |  Smokey Bean Burger with Wedges & Tomato Sauce                                                                                 | Cheese & Bean Pasty with Chips & Tomato Sauce                                                                        |                                                                                                                                                                                                                                                                                                                                                                                                                       |
|                  | Sides      | Sweetcorn and Baked Beans                                                                                                                                                                                                             | Peas and Mixed Vegetables                                                                                                                                                                                              | Carrots and Cabbage                                                                                                                        | Green Beans and Sweetcorn                                                                                                                                                                                         | Peas and Baked Beans                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                                                       |
|                  | Dessert    | <b>NEW</b> Banana Mousse                                                                                                                                                                                                              | Orange Drizzle Cake                                                                                                                                                                                                    |  Fruit Platter                                          |  Apple Flapjack                             | Rocket Lolly                                                                                                         |                                                                                                                                                                                                                                                                                                                                                                                                                       |
| WEEK TWO         | Option One | Cheese & Tomato Pizza with Summer Mixed Salad                                                                                                        |  Beef Chilli with Rice & Sweetcorn & Cucumber Salsa  | Roasted Pork Sausage, Roast Potatoes & Gravy                                                                                               | Greek Chicken Pitta with Herby Rice, Tzatziki & Salad                                                                                                                                                             | Battered Fish with Chips & Tomato Sauce                                                                              |  Whole grain<br> Plant based<br> Added plant protein<br> Chef's Special |
|                  | Option Two |  Lentil & Sweet Potato Curry with Rice                              |  Spaghetti & Vegan Meatballs in a Tomato Sauce                                                                                        |  Veg Wellington, Roast Potatoes & Gravy                 | Greek Spinach & Cheese Whirl with Herby Rice, Tzatziki & Salad                                                                                                                                                    | <b>NEW</b> Cheesy Broccoli Frittata with Chips                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                                       |
|                  | Sides      | Peas and Carrots                                                                                                                                                                                                                      | Broccoli and Mixed Vegetables                                                                                                                                                                                          | Cabbage and Carrots                                                                                                                        | Green Beans and Sweetcorn                                                                                                                                                                                         | Peas and Baked Beans                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                                                       |
|                  | Dessert    | Iced Vanilla Sponge                                                                                                                                                                                                                   | Peaches & Ice Cream                                                                                                                                                                                                    |  Freshly Chopped Fruit Salad                            | Jam & Coconut Sponge with Custard                                                                                                                                                                                 | Rocket Lolly                                                                                                         |                                                                                                                                                                                                                                                                                                                                                                                                                       |
| WEEK THREE       | Option One |  Tomato Pasta                                                                                                                                      |  Beef Burger with Potato Wedges & Rainbow Slaw                                                                                      | Roast Gammon, Roast Potatoes & Gravy                                                                                                       |  Chef Shilpa's Chicken Korma with Rice  | Fishfingers with Chips & Tomato Sauce                                                                                |  Whole grain<br> Plant based<br> Added plant protein<br> Chef's Special |
|                  | Option Two | <b>NEW</b> Chinese Vegetable Noodles                                                                                                                                                                                                  |  Mexican Bean Roll with New Potatoes & Rainbow Slaw                                                                                 |  Vegetable Loaf with Stuffing, Roast Potatoes & Gravy | All Day Vegetarian Breakfast                                                                                                                                                                                      | Cowboy Sausage and  Bean Hotpot |                                                                                                                                                                                                                                                                                                                                                                                                                       |
|                  | Sides      | Peas and Mixed Vegetables                                                                                                                                                                                                             | Sweetcorn and Baked Beans                                                                                                                                                                                              | Carrots and Cabbage                                                                                                                        | Green Beans and Broccoli                                                                                                                                                                                          | Peas and Baked Beans                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                                                       |
|                  | Dessert    | Peach Upside Down Cake                                                                                                                                                                                                                | Cheese & Crackers                                                                                                                                                                                                      |  Fruit Medley                                         | Strawberry and Apple Crumble with Custard                                                                                    | Rocket Lolly                                                                                                         |                                                                                                                                                                                                                                                                                                                                                                                                                       |
| AVAILABLE DAILY: |            | Jacket Potatoes with a choice of fillings-tuna, baked beans, cheese, Salad Bar, Freshly Baked Bread, Fresh Fruit, Yoghurt                                                                                                             |                                                                                                                                                                                                                        |                                                                                                                                            |                                                                                                                                                                                                                   |                                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                       |